

# NEWS & NOTES

The Newsletter for EmblemHealth, GHI and HIP Providers

LATE SUMMER 2012  
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## Assisting Patients Living With HIV

Through our Complex Case Management department, we offer an HIV Case Management program to help patients with HIV identify and obtain care, learn about disease process and management, adhere to complex medication schedules and link up with community resources.

Our specially trained HIV case managers provide confidential disease-focused assessments, interventions and monitoring to help patients with HIV maximize their health and wellness outcomes. They work with patients to break through barriers to effective care and navigate and access health services. In a HIPAA-compliant manner, our case managers also advocate for and liaise between our members and their families, caregivers and clinicians.

### HIV Care Guidelines: The Basics

Members living with HIV should have a minimum of two outpatient care visits per year (one in each half of the year), two viral load tests per year (again, one in each half of the year) and be screened yearly for syphilis. In addition, antiretroviral medication adherence is paramount to successful management of HIV and AIDS. In the context of a trusting, confidential relationship, HIV case managers help members overcome financial, psychosocial and functional barriers to achieving care standards and adherence.

For more information, please consult our clinical practice guidelines for [HIV/AIDS](#) management, adopted from recognized sources. To refer a patient to the EmblemHealth HIV Case Management program, please call or have the member call **1-800-447-0768**.

