## Welcome to Your EmblemHealth Dental Benefits

We're happy to offer you quality dental care through EmblemHealth's Essential Plan. Our goal is to give you access to high-quality, low-cost care.

As a member of EmblemHealth's Essential Plan, you will:

- Be covered for preventive services like cleanings, X-rays, and exams.
- Be covered for basic services through our network for fillings, root canals, extractions, and periodontal care based on your dental benefits.

## **IN-NETWORK COVERAGE**

You will be able to choose from our in-network dentists and specialists in New York State. Simply show your member ID card at your dental visit. You do not have out-of-network coverage. If you choose to visit an out-of-network dentist, you will be responsible for the cost.



Here are some important things to know about your benefits:

- Your out-of-pocket maximum, the maximum amount you will have to pay each year for in-network dental care, is listed in the table below.
- You do not have out-of-network coverage. This means that you must see an in-network dentist or specialist or you will be responsible for the cost.



	ESSENTIAL PLAN PLUS 1	ESSENTIAL PLAN PLUS 2	ESSENTIAL PLAN 3	ESSENTIAL PLAN 4
Fee per visit	\$15	\$0	\$0	\$0
Deductible	\$0	\$0	\$0	\$0
Out-of-pocket maximum	\$2,000	\$200	\$200	\$0

(Continued)



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## **EMBLEMHEALTH INDIVIDUAL DIRECT PAY DENTAL BENEFITS**

EMBLEMHEALTH INDIVIDUAL DIRECT PAY DENTAL BENEFITS  CATEGORY/PROCEDURE	BENEFIT LIMITATIONS			
In-network Only				
DIAGNOSTIC — Helps to determine your treatment needs.				
Periodic oral exam	Once every 6 months			
Comprehensive oral exam	Once per location			
Full mouth x-rays	Once every 36 months			
Bitewing x-rays	Once every 6 months			
Single tooth x-rays	Once every 6 months			
PREVENTIVE — Procedures to help prevent oral disease from occurring.				
Routine cleaning	Once every 6 months			
Fluoride varnish application	Four times in 12 months			
Topical fluoride treatment	Once every 6 months			
BASIC RESTORATIVE — Routine dental procedures to stabilize oral health.				
Silver fillings	Twice per 24 months per tooth			
White fillings	Twice per 24 months per tooth			
Porcelain crowns	Once per 60 months per tooth			
Stainless steel crowns	Once per 24 months per tooth			
Re-cement or re-bond crown	Once per 24 months per tooth			
MAJOR RESTORATIVE — Complex dental procedures to stabilize oral health.				
ENDODONTICS* — Treatment involving the pulp of your tooth.				
Root canal treatment	Once per tooth per lifetime			
Pulpotomy (removing a portion of the pulp of your tooth)	Once per tooth per lifetime on primary teeth only			
PERIODONTICS* — Prevention and treatment of gum disease.				
Periodontal maintenance (for gum disease)	Twice per 12 months			
Scaling and root planing (removing dental plaque and tartar)	Once per 24 months per quadrant			
DENTURES*				
Complete or partial dentures	Services are covered			
Repair of dentures or fixed bridges	Services are covered			
Rebase/Reline of dentures	Once per 12 months			
ORAL SURGERY* — Surgical treatment or repair of various problematic or extreme conditions of the mouth or jaws.				
Simple tooth extraction	Once per tooth per lifetime			
Surgical tooth extraction	Once per tooth per lifetime			
EMERGENCY DENTAL CARE				
Palliative treatment for dental pain — minor procedure	Twice per 12 months			
ANESTHESIA — A drug used by a dentist to numb your mouth or put	you to sleep so no pain is experienced during dental procedures.			
General anesthesia	Deep sedation/general anesthesia — each 15-minute increment. Anesthesia time begins when the doctor gives you the anesthetic and ends when you can be safely left alone. For billing purposes, it is measured in 15-minute increments.			
Intravenous anesthesia	Intravenous moderate (conscious) sedation/analgesia — each 15-minute increment. Anesthesia time begins when the doctor gives you the anesthetic through an IV and ends when you can be safely left alone. For billing purposes, it is measured in 15-minute increments.			

<sup>\*</sup>Service requires preauthorization and is covered as long as clinical criteria is met.

The information on this coverage summary should be used only as a guideline for your dental benefits. For detailed information on your plan's terms and conditions, or limitations and exclusions, refer to your Certificate of Coverage. If you receive a treatment from an out-of-network dentist you will not have benefits and you will be billed at the dentist's normal rate.

This summary provides only benefit highlights. Coverage is subject to all terms, conditions, limits and exclusions set forth in the Certificate of Coverage. Refer to policy forms: 155-23-IONHIXPSchedule (04/20), 155-23-IONHIXSChedule (04/20), 155-2