



On the go and at your fingertips – once you're a member, download our mobile app at **myEmblemHealth**. You can check claims, review benefits, change your PCP, and access your electronic ID card – all from your phone.

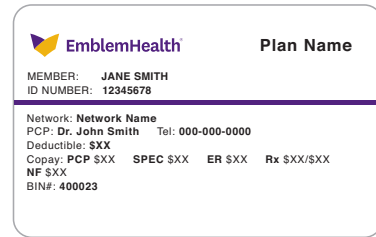
After You Join

Once you become an EmblemHealth member, you'll get everything you need to make the most of your health and wellness benefits.

The Key to Your Health Care: Your Member ID Card

Your personalized ID card will have your:

- EmblemHealth member ID number.
- Primary care doctor (PCP) name.*
- Cost-sharing amounts (what you pay for services).
- Important phone numbers.



Your Member Portal at myEmblemHealth

Register on our website, emblemhealth.com, or download the myEmblemHealth app to view plan benefits, find doctors and hospitals, choose or change a primary care doctor, request a new member ID card, and much more.

Go Paperless

Keep important health information online in one secure place at the Documents Center at myEmblemHealth. Here, you'll have quick and easy access to:

- Explanations of Benefits (EOBs).
- Alerts on claims processing.
- Updated information about coverage and benefits.

Know Your Health: Health Assessment (HA) Tool

Get a "snapshot" of your current health based on answers to key questions. Receive a personalized report with tips for improving and maintaining your health, and preventing serious illness.

We look forward to welcoming you as a new member and supporting your health and wellness goals.

*Not all plans require or include a PCP. See the Summary of Benefits for details.