EmblemHealth®

A Quality Network for New York and Beyond

EmblemHealth Prime Network

The EmblemHealth **Prime Network** includes the Prime Network in New York, and the Cigna Healthcare® PPO Network* in New Jersey and Connecticut.

The Prime Network includes**:

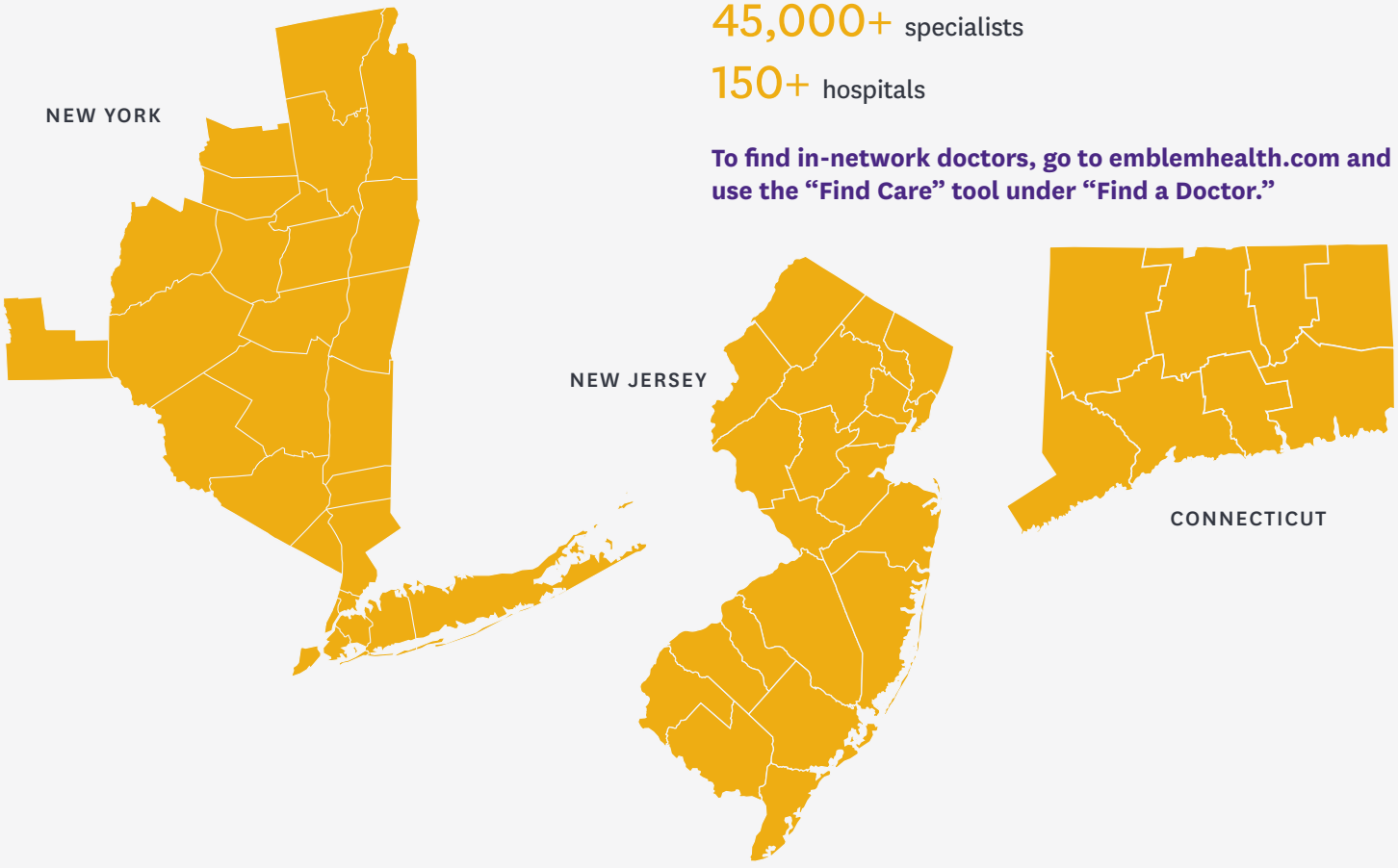
56,000+ health care professionals

12,000+ primary care providers (PCPs)

45,000+ specialists

150+ hospitals

To find in-network doctors, go to emblemhealth.com and use the "Find Care" tool under "Find a Doctor."



*The Cigna Healthcare® PPO Network refers to the health care providers (doctors, hospitals, specialists) contracted as part of the Cigna Healthcare PPO for Shared Administration.

**This information is as of August 2026. The counts listed for the Prime Network are unique health care providers and locations. Hospitals and providers who have multiple locations are counted once. Some providers may be double boarded and counted twice. Please use Find a Doctor on emblemhealth.com for a full list of providers and locations.

National network access dependent upon group eligibility. Reach out to your designated EmblemHealth account manager for details.

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