



# Welcome to Primary360

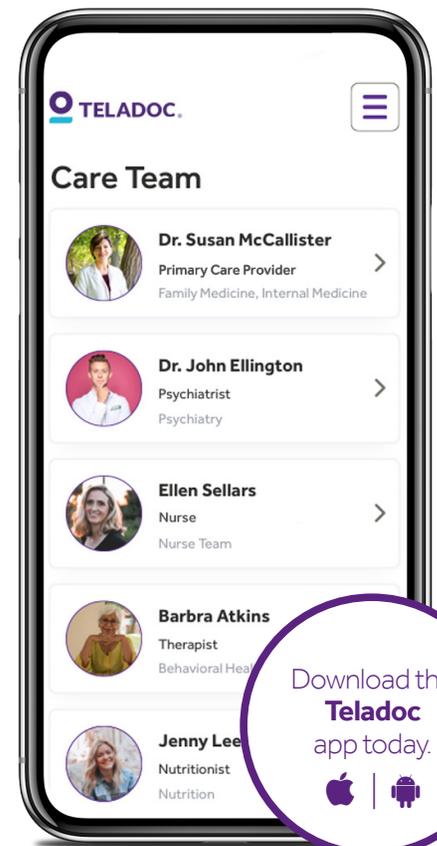


Primary care that fits your lifestyle by phone or video from wherever you are

With Primary360, your Care Team takes the time to really get to know you, your health needs and your goals. Together, we'll create a custom care plan that's easy to follow.

## What to expect with Primary360

-  **Choose your primary care provider** and schedule a phone or video visit at your convenience
-  **Discuss your medical history,** health challenges and goals
-  **Get a personalized care plan** to meet all of your unique needs
-  **Message your dedicated Care Team 24/7** with follow-up questions



## Get started, it's already part of your benefits

Visit [Teladoc.com/Emblemhealth](https://Teladoc.com/Emblemhealth)