



*Share The Care*

# SEVEN PRINCIPLES<sup>®</sup> FOR TEAM BUILDING

1

Sharing responsibility is key to not burning out.

2

Know your limits and stick to them.

3

It won't work unless everyone gains something personally.

4

There's no one right way to do it.

5

Anyone who wants to help should be encouraged.

6

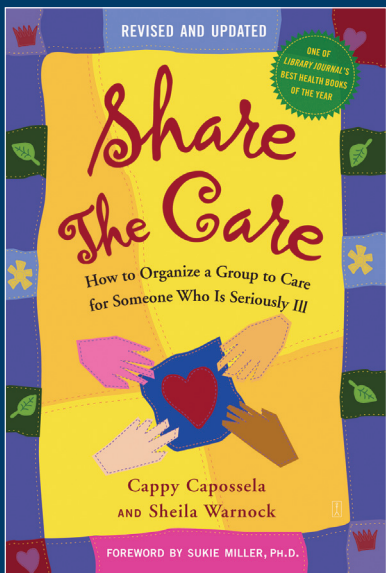
Trust the group; support each other.

7

Keep your own life in good working order.

# YOU DON'T HAVE TO DO IT ALONE.

Share The Care™ is a proven system that can organize your friends, your neighbors, your faith community, your co-workers—anyone you can imagine—into a network of support.



**Give your friends  
the gift of letting  
them help you.**

Find us on Facebook  
(Share The Care)  
or follow us on Twitter  
@sharethecareorg

ShareTheCaregiving, Inc. c/o National Center for Civic Innovation.

For information, resources and support:

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WHAT CARE FEELS LIKE.