SEVEN PRINCIPLES®
FOR TEAM BUILDING

1. Sharing responsibility is key to not burning out.

2. Know your limits and stick to them.

3. It won’t work unless everyone gains something personally.

4. There’s no one right way to do it.

5. Anyone who wants to help should be encouraged.

6. Trust the group; support each other.

7. Keep your own life in good working order.
YOU DON’T HAVE TO DO IT ALONE.

Share The Care™ is a proven system that can organize your friends, your neighbors, your faith community, your co-workers—anyone you can imagine—into a network of support.

ShareTheCaregiving, Inc. c/o National Center for Civic Innovation.
For information, resources and support:
www.sharethecare.org
info@sharethecare.org
212-991-9688

Make possible by support from EmblemHealth®
WHAT CARE FEELS LIKE.

Give your friends the gift of letting them help you.

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