



# SUMMARY OF BENEFITS

## EmblemHealth Basic

### Select Care - Referral Required

[PHCATA010] / [MH001101]

COST-SHARING	COMMENTS / LIMITATIONS	IN-NETWORK
Deductible Individual Family	Applies to hospital, medical, dental, vision and pharmacy	\$8,150 per plan year \$16,300 per plan year
Out-of-Pocket Maximum Individual Family		\$8,150 per plan year \$16,300 per plan year
OFFICE VISITS		
Primary Care Physician Office Visit	3 visits covered in full	After 3 visits, 0% coinsurance after deductible
Specialist Care Physician Office Visit	PCP referral required	0% coinsurance after deductible
Telemedicine Physician		0% coinsurance after deductible
PREVENTIVE CARE SERVICES		
Well-Baby and Well-Child Care, including Immunizations*		Covered in full
Adult Annual Physical Checkup and Adult Immunizations*		Covered in full
Routine Gynecological Services/Well Woman Exams, Mammography Screenings*		Covered in full
Vasectomy		See surgical services below
All other preventive services*		Covered in full
*When preventive services are not provided in accordance with the comprehensive guidelines supported by USPSTF or HRSA		See applicable service type
EMERGENCY CARE		
Emergency Room	Copayment waived if admitted to hospital	0% coinsurance after deductible
Urgent Care Center		0% coinsurance after deductible
Ambulance		0% coinsurance after deductible
PROFESSIONAL SERVICES and OUTPATIENT CARE		
Advanced Imaging	Preauthorization required	0% coinsurance after deductible
Allergy Care	Referral required	0% coinsurance after deductible
Ambulatory Surgical Facility	Preauthorization required	0% coinsurance after deductible
Anesthesia Services (all settings)		0% coinsurance after deductible
Cardiac and Pulmonary Rehabilitation	Preauthorization required	0% coinsurance after deductible
Chemotherapy (all settings)	Preauthorization required	0% coinsurance after deductible
Chiropractic Services		0% coinsurance after deductible
Diagnostic Testing	Referral required to see a specialist. Preauthorization required for Outpatient services.	0% coinsurance after deductible
Dialysis	Referral required to see specialist	0% coinsurance after deductible
Habilitation and Rehabilitation Services (Physical Therapy, Occupational Therapy or Speech Therapy)	Preauthorization Required. Combined 60 visits/condition/plan year Occupational, Physical and Speech. Speech and physical therapy for rehabilitation are only covered following a hospital stay or surgery Unlimited visits/year Cardiac and Respiratory	0% coinsurance after deductible
Home Health Care	Preauthorization required. 40 visits per plan year	0% coinsurance after deductible

Group Health Incorporated (GHI), Health Insurance Plan of Greater New York (HIP), HIP Insurance Company of New York (HIPIC), and EmblemHealth Services Company LLC are EmblemHealth companies. EmblemHealth Services Company, LLC provides administrative services to the EmblemHealth companies.

<b>PROFESSIONAL SERVICES and OUTPATIENT CARE (con't)</b>		
Laboratory Procedures	Preauthorization required for Outpatient services.	0% coinsurance after deductible
Maternity and Newborn Care Inpatient Hospital and Birthing Center Prenatal Care	Preauthorization required for Inpatient services	0% coinsurance after deductible Covered in full
Preadmission Testing	Preauthorization required	0% coinsurance after deductible
Diagnostic Radiology Services	Preauthorization required	0% coinsurance after deductible
Second Opinions on the Diagnosis of Cancer, Surgery and Other	Referral required	0% coinsurance after deductible
Surgical Services Surgical Services in In-Patient/Out-Patient Facility PCP Office Surgery Specialist Office Surgery	Preauthorization required	0% coinsurance after deductible 0% coinsurance after deductible 0% coinsurance after deductible
<b>ADDITIONAL SERVICES, EQUIPMENT and DEVICES</b>		
Diabetic Equipment, Supplies and Insulin	Preauthorization required	0% coinsurance after deductible, per 30-day supply
Durable Medical Equipment	Preauthorization required. One external prosthetic device per limb per lifetime with coverage for repairs and replacement. No orthotics.	0% coinsurance after deductible
External Hearing Aids	Preauthorization required. Single purchase, once every three years.	0% coinsurance after deductible
Inpatient Hospice Care	Preauthorization required. 210 days per plan year	0% coinsurance after deductible
<b>INPATIENT SERVICES and FACILITIES</b>		
Inpatient Hospital Service	Preauthorization required, except for emergency admissions	0% coinsurance after deductible
Skilled Nursing Facility Care	Preauthorization required. 200 days per plan year	0% coinsurance after deductible
Inpatient Rehabilitation Services (Physical, Speech and Occupational Therapy)	Preauthorization required. 60 days per plan year, combined therapies. Speech and physical therapy are only covered following a hospital stay or surgery	0% coinsurance after deductible
Inpatient Habilitation Services (Physical, Speech and Occupational Therapy)	Preauthorization required. 60 days per plan year, combined therapies	0% coinsurance after deductible
<b>MENTAL HEALTH &amp; SUBSTANCE USE DISORDER SERVICES</b>		
Inpatient Mental Health Care	Preauthorization required, except for emergency admissions or for admission at Participating OHM-licensed Facilities for Members under 18.	0% coinsurance after deductible
Outpatient Mental Health Care (including Partial Hospitalization and Intensive Outpatient Program Services)		0% coinsurance after deductible
Inpatient Substance Use Services	Preauthorization required, except for Emergency Admissions or for Participating OASAS-certified Facilities	0% coinsurance after deductible
Outpatient Substance Use Services	Up to 20 visits per plan year may be used for family counseling.	0% coinsurance after deductible

PRESCRIPTION DRUGS		
Retail Pharmacy Tier 1 Tier 2 Tier 3	Preauthorization is not required for a Covered Prescription Drug used to treat a substance use disorder, including a prescription drug to manage opioid withdrawal and/or stabilization and for opioid overdose reversal.	0% coinsurance after deductible 0% coinsurance after deductible 0% coinsurance after deductible
Mail Order Pharmacy Tier 1 Tier 2 Tier 3		0% coinsurance after deductible 0% coinsurance after deductible 0% coinsurance after deductible
WELLNESS BENEFIT	COMMENTS/LIMITATIONS	IN-NETWORK
Gym Reimbursement	Gym reimbursement benefit does not apply towards the deductible or out of pocket maximum	Subscriber reimbursed up to \$200 for completion of 50 exercise facility visits in each six-month period Covered spouse reimbursed up to \$100 per six-month period and 50 visits
PEDIATRIC VISION CARE-- Pediatric coverage up to age 19 end of month		
Exams	One exam per 12-month period.	0% coinsurance after deductible
Frames	One set of provider designated frames per 12-month period.	0% coinsurance after deductible*
Standard Plastic Lenses Single Vision Bifocal Trifocal Lenticular Standard Progressive Lens	One set of lenses or provider designated contacts per 12-month period.	0% coinsurance after deductible*
Contact Lenses Conventional  Disposable  Medically Necessary	1 pair from selection of provider designated contacts  Up to 6 mos. supply of 2- week disposables, single vision spherical or toric contact lenses  Paid in full	0% coinsurance after deductible*
PEDIATRIC DENTAL CARE		
Preventive Dental Care	One dental exam and cleaning per 6-month period	0% coinsurance after deductible
Routine Dental Care	Full mouth x-rays or panoramic x-rays at 36-month intervals and bitewing x-rays at 6-month intervals	0% coinsurance after deductible
Major Dental Care (Endodontics, Periodontics, Prosthodontics and Oral Surgery)	Requires preauthorization	0% coinsurance after deductible
Orthodontics	Requires preauthorization	0% coinsurance after deductible

EmblemHealth Plans are underwritten by Health Insurance Plan of Greater New York (HIP). Except for emergency care, the above benefits and services are covered only when provided or referred by a Select Care primary care physician and/or approved in advance by the EmblemHealth Care Management Program.

Participating physicians and providers have contracted with EmblemHealth to provide care to our members; they are not employees, agents, servants or representatives of EmblemHealth. This summary is provided for information only; it does not contain complete details or limitations of the Plan which are available only in the Contract or Certificate of Coverage/Insurance, and it does not constitute an agreement.

Refer to HIP policy form number 155-23-IONHIXCSchedule (04/19), et al.

Certain services must be approved in advance by EmblemHealth.

Second opinions on diagnosis of cancer are covered at participating cost sharing for non-participating Specialist when a referral is obtained. Dialysis performed by non-participating providers is limited to 10 visits per calendar year. Preauthorization required.

\* Please note the member responsibility amount for covered services will be calculated based on the provider allowed charge.

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**ATTENTION:** Language assistance services, free of charge, are available to you. Call **1-877-411-3625** (TTY/TDD: **711**).

**Español (Spanish)**

ATENCIÓN: Usted tiene a su disposición, gratis, servicios de ayuda para idiomas. Llame al **1-877-411-3625** (TTY/TDD: **711**).

**中文 (Traditional Chinese)**

注意：我們免費提供相關的語言協助服務。請致電 **1-877-411-3625** (TTY/TDD: **711**)。

**Русский (Russian)**

ВНИМАНИЕ! Вам доступны бесплатные услуги переводчика. Звоните по тел. **1-877-411-3625** (служба текстового телефона TTY/TDD: **711**).

**Kreyòl Ayisyen (Haitian Creole)**

ATANSYON: Gen sèvis èd nan lang gratis ki disponib pou ou. Rele nimewo **1-877-411-3625** (TTY/TDD: **711**).

**한국어 (Korean)**

주의: 귀하에게 언어 지원 서비스가 무료로 제공됩니다. **1-877-411-3625**(TTY/TDD: **711**)번으로 전화하십시오.

**Italiano (Italian)**

ATTENZIONE: sono disponibili servizi gratuiti di assistenza linguistica. Chiami il numero **1-877-411-3625** (TTY/TDD: **711**).

**אידיש (Yiddish)**

אכטונג: שפראך הילף סערוויסעס, אהן קיין פרייז, זיינען דא צו באקומען פאר אייך. רופט **1-877-411-3625** (TTY/TDD: **711**).

**বাংলা (Bengali)**

মনোযোগ দিন: ভাষা সহায়তা পরিষেবাগুলি আপনার জন্য বিনামূল্যে উপলব্ধ আছে। **1-877-411-3625** (TTY/TDD: **711**) নম্বরে ফোন করুন।

**Polski (Polish)**

UWAGA: dostępna jest bezpłatna pomoc językowa. Prosimy zadzwonić pod numer **1-877-411-3625** (TTY/TDD: **711**).

**العربية (Arabic)**

يرجى الانتباه: تتوفر لك خدمات المساعدة اللغوية مجاناً، اتصل على الرقم **1-877-411-3625** أو (TTY/TDD: **711**).

**Français (French)**

ATTENTION : une assistance d'interprétation gratuite est à votre disposition. Veuillez composer le **1-877-411-3625** (TTY/TDD : **711**).

وجہ دیں: آپ کے لیے زبان سے متعلق اعانت کی خدمات، مفت دستیاب ہیں۔ 1-877-411-3625 (TTY/TDD: 711) پر کال کریں۔

**Tagalog (Tagalog)**

NANANAWAGAN NG PANSIN: Mayroon kang magagamit na mga serbisyo para sa tulong sa wika nang walang bayad. Tawagan ang **1-877-411-3625** (TTY/TDD: **711**).

**Ελληνικά (Greek)**

ΠΡΟΣΟΧΗ: Διατίθενται για σας υπηρεσίες γλωσσικής βοήθειας, δωρεάν. Καλέστε το **1-877-411-3625** (για άτομα με προβλήματα ακοής (TTY/TDD): **711**).

**Shqip (Albanian)**

VINI RE: Shërbime ndihmore për gjuhën, falas, janë në dispozicionin tuaj. Telefononi në **1-877-411-3625** (TTY/TDD: **711**).

**NOTICE OF NONDISCRIMINATION POLICY**

EmblemHealth complies with Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. EmblemHealth does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

**EmblemHealth:**

- Provides free aids and services to people with disabilities to help
  - Qualified sign language interpreters
  - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose first language is not English, such as:
  - Qualified interpreters
  - Information written in other languages

If you need these services, please call member services at **1-877-411-3625** (TTY/TDD: **711**).

If you believe that EmblemHealth has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with EmblemHealth Grievance and Appeals Department, PO Box 2844, New York, NY 10116, or call member services at **1-877-411-3625**. (Dial **711** for TTY/TDD services.) You can file a grievance in person, by mail or by phone. If you need help filing a grievance, EmblemHealth's Grievance and Appeals Department is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office of Civil Rights electronically through the Office of Civil Rights Complaint Portal, available at [ocrportal.hhs.gov/ocr/portal/lobby.jsf](https://ocrportal.hhs.gov/ocr/portal/lobby.jsf) or by mail or phone at **U.S. Department of Health and Human Services, 200 Independence Avenue SW, Room 509F, HHH Building, Washington, DC 20201; 1-800-368-1019**, (dial **1-800-537-7697** for TTY services).

Complaint forms are available at [hhs.gov/ocr/office/file/index.html](https://hhs.gov/ocr/office/file/index.html).