EmblemHealth Select Care Catastrophic D
Summary of Benefits
Select Care Network - Referral Required

PHCAT1021 / MH001389

Deductible and Out-of-Pocket Maximum	In-Network (INET) Member Pays
Plan deductible	$15,600 $31,200
Separate Prescription Drug Deductible	None
Out-of-Pocket Maximum	$15,600 $31,200
Benefits	**In-Network (INET)** **Member Pays**
Provider Office Visits	
Mental Health and Substance Abuse Office Visits First 3 visits (any combination of PCP, MH/SUD), covered in full.	Thereafter, Office Visits: 0% coinsurance after deductible All Other Outpatient Services: 0% coinsurance after deductible
ABA Treatment for Autism Spectrum Disorder	0% coinsurance after deductible
Primary Care Provider Office Visits (includes services for illness, injury, follow-up care and consultations) First 3 visits (any combination of PCP, MH/SUD), covered in full.	Thereafter, 0% coinsurance after deductible
Specialist Office Visits Referral required.	0% coinsurance after deductible
Preventive Office Visits	
Adult/Pediatric Preventive Visits	No Charge
Prenatal Care	No Charge
Routine Gynecological Services/Well Woman Exams, Mammography Screenings*	No Charge
Well-Baby and Well-Child Care, including Immunizations*	No Charge

Benefits	In-Network (INET) Member Pays
All other preventive services*	No Charge
***When preventive services are not provided in accordance with the comprehensive guidelines supported by USPSTF or HRSA**	Use Cost-Sharing for appropriate service (Primary Care Office Visit; Specialist Office Visit; Diagnostic Radiology Services; Laboratory Procedures and Diagnostic Testing)
Vasectomy	See surgical services
All other preventive services required by USPSTF and HRSA	No Charge
Outpatient Diagnostic Services	
Advanced Radiology (CT/PET Scan, MRI) Preauthorization required.	0% coinsurance after deductible
Laboratory Services Preauthorization required.	0% coinsurance after deductible
Non-Advanced Radiology (X-ray, Diagnostic) Preauthorization may be required.	0% coinsurance after deductible
Preadmission Testing Preauthorization required.	0% coinsurance after deductible
Second Opinions on the Diagnosis of Cancer, Surgery and Other Referral required.	0% coinsurance after deductible
Prescription Drugs – Retail Pharmacy (cost-share based on 30-day supply per prescription) Preauthorization is not required for a Covered Prescription Drug used to treat a substance use disorder, including a prescription drug to manage opioid withdrawal and/or stabilization and for opioid overdose reversal.	
Preferred Generic Tier 1	0% coinsurance after deductible
Non-preferred Generic Tier 2	0% coinsurance after deductible
Preferred Brand Tier 3	0% coinsurance after deductible
Prescription – Mail Order Pharmacy (up to a 90-day supply per prescription)	
Preferred Generic Tier 1	0% coinsurance after deductible
Non-preferred Generic Tier 2	0% coinsurance after deductible
Preferred Brand Tier 3	0% coinsurance after deductible

Benefits	In-Network (INET) Member Pays
Outpatient Rehabilitative and Habilitative Services	
Physical and Occupational Therapy 60 visits per condition/plan year, combined therapies.	0% coinsurance after deductible
Other Services	
Anesthesia Services	0% coinsurance after deductible
Cardiac and Pulmonary Rehabilitation Preauthorization required for Inpatient services.	0% coinsurance after deductible
Chemotherapy	0% coinsurance after deductible
Chiropractic Services	0% coinsurance after deductible
Diabetic Equipment and Supplies 90-day supply mail order available. Preauthorization may be required.	0% coinsurance after deductible.
Dialysis Referral required.	0% coinsurance after deductible
Durable Medical Equipment Preauthorization required.	0% coinsurance after deductible
External Hearing Aids Single purchase once every 3 years. Preauthorization required.	0% coinsurance after deductible
Home Health Care 40 visits per plan year. Preauthorization required.	0% coinsurance after deductible
Outpatient Services (in a hospital or ambulatory facility) Preauthorization may be required.	0% coinsurance after deductible
Inpatient Services	
Inpatient hospital services include mental health, substance abuse, maternity, hospice, skilled nursing facility and all IP settings Preauthorization required, except for emergency admissions.	0% coinsurance after deductible, per admission

Benefits	In-Network (INET) Member Pays
Inpatient Rehabilitation Services 60 days per condition/plan year, combined therapies. Preauthorization required.	0% coinsurance after deductible, per admission
Inpatient Habilitation Services 60 days per condition/plan year, combined therapies. Preauthorization required.	0% coinsurance after deductible, per admission
Emergency and Urgent Care	
Ambulance Services	0% coinsurance after deductible
Emergency Room Waived if admitted to Hospital.	0% coinsurance after deductible
Urgent Care Centers	0% coinsurance after deductible
Pediatric Dental Care - up to age 19 end of month	
Preventive Dental Care 1 dental exam and cleaning per 6-month period.	0% coinsurance after deductible
Routine Dental Care Full mouth x-rays or panoramic x-rays at 36-month intervals and bitewing x-rays at 6-month intervals.	0% coinsurance after deductible
Major Dental Care Preauthorization required.	0% coinsurance after deductible
Orthodontia Preauthorization required.	0% coinsurance after deductible
Pediatric Vision Care - up to age 19 end of month	
Contact Lens 1 set of prescribed lenses and frames per 12-month period.	0% coinsurance after deductible
Prescription Eye Glasses 1 set of prescribed lenses and frames per 12-month period.	0% coinsurance after deductible
Routine Eye Exam 1 exam per 12-month period.	0% coinsurance after deductible
Additional Covered Services	
Allergy Testing Referral required.	0% coinsurance after deductible

Benefits	In-Network (INET) Member Pays
Gym Reimbursement Gym reimbursement benefit does not apply towards the deductible or out-of-pocket maximum.	$200 per 6-month calendar year period; $100 per 6-month calendar year period for covered dependent(s)
Important information	

EmblemHealth plans are underwritten by Health Insurance Plan of Greater New York (HIP). Except for emergency care, the above benefits and services are covered only when provided or referred by a Select Care network physician and/or approved in advance by the EmblemHealth Care Management Program.

Participating physicians and providers have contracted with EmblemHealth to provide care to our members; they are not employees, agents, servants, or representatives of EmblemHealth. This summary is provided for information only; it does not contain complete details or limitations of the Plan which are available only in the Contract or Certificate of Coverage/Insurance, and it does not constitute an agreement.

Refer to policy form number 155-23-IOFFHIXSelectCSchedule (04/26), et al.

Certain services must be approved in advance by EmblemHealth.

Second opinions on diagnosis of cancer are covered at participating cost-sharing for non-participating Specialist.

Dialysis performed by non-participating providers is limited to 10 visits per calendar year. Preauthorization required.

EmblemHealth®

Notice of Availability of Language Assistance Services and Auxiliary Aids and Services

English ATTENTION: If you speak another language, free language assistance services are available to you. Appropriate auxiliary aids and services to provide information in accessible formats are also available free of charge. Call **877-411-3625** (TTY: **711**) or speak to your provider.

Español (Spanish) ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. También están disponibles de forma gratuita ayuda y servicios auxiliares apropiados para proporcionar información en formatos accesibles. Llame al **877-411-3625** (TTY: **711**) o hable con su proveedor.

中文 (Simplified Chinese) 注意：如果您说[中文]，我们将免费为您提供语言协助服务。我们还免费提供适当的辅助工具和服务，以无障碍格式提供信息。致电 **877-411-3625**（文本电话：**711**）或咨询您的服务提供商。

РУССКИЙ (Russian) ВНИМАНИЕ: Если вы говорите на русском, вам доступны бесплатные услуги языковой поддержки. Соответствующие вспомогательные средства и услуги по предоставлению информации в доступных форматах также предоставляются бесплатно. Позвоните по телефону **877-411-3625** (TTY: **711**) или обратитесь к своему поставщику услуг.

Kreyòl Ayisyen (Haitian Creole) ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd aladispozisyon w gratis pou lang ou pale a. Èd ak sèvis siplemantè apwopriye pou bay enfòmasyon nan fòma aksesib yo disponib gratis tou. Rele nan **877-411-3625** (TTY: **711**) oswa pale avèk founisè w la.

한국어 (Korean) 주의: [한국어]를 사용하시는 경우 무료 언어 지원 서비스를 이용하실 수 있습니다. 이용 가능한 형식으로 정보를 제공하는 적절한 보조 기구 및 서비스도 무료로 제공됩니다. **877-411-3625** (TTY: **711**) 번으로 전화하거나 서비스 제공업체에 문의하십시오.

Italiano (Italian) ATTENZIONE: se parli Italiano, sono disponibili servizi di assistenza linguistica gratuiti. Sono inoltre disponibili gratuitamente ausili e servizi ausiliari adeguati per fornire informazioni in formati accessibili. Chiama l' **877-411-3625** (tty: **711**) o parla con il tuo fornitore.

(**Yiddish**) **יידיש** נאטיץ: אויב איר רעדט יידיש, שפראך הילף סערוויסעס זענען בארעכטיגט פאר דיר פריי. צונעמען אַידס און באַדינונגס פֿאַר פֿראַוויידינג אינפֿאָרמאַציע אין צוטריטלעך פֿאָרמאַטירונגען זענען אויך בנימצא פריי. רופן **877-411-3625** (TTY: **711**) אָדער רעדן מיט דיין טרעגער.

EmblemHealth Plan, Inc., EmblemHealth Insurance Company, EmblemHealth Services Company, LLC, and Health Insurance Plan of Greater New York (HIP) are EmblemHealth companies. EmblemHealth Services Company, LLC provides administrative services to the EmblemHealth companies.

বাংলা (Bengali) মনোযোগ দিন: যদি আপনি বাংলা বলেন তাহলে আপনার জন্য বিনামূল্যে ভাষা সহায়তা পরিষেবাদি উপলব্ধ রয়েছে। অ্যাক্সেসযোগ্য ফরম্যাটে তথ্য প্রদানের জন্য উপযুক্ত সহায়ক সহযোগিতা এবং পরিষেবাদিও বিনামূল্যে উপলব্ধ রয়েছে। **877-411-3625** (TTY: **711**) নম্বরে কল করুন অথবা আপনার প্রদানকারীর সাথে কথা বলুন।

POLSKI (Polish) UWAGA: Osoby mówiące po polsku mogą skorzystać z bezpłatnej pomocy językowej. Dodatkowe pomoce i usługi zapewniające informacje w dostępnych formatach są również dostępne bezpłatnie. Zadzwoń pod numer **877-411-3625** (TTY: **711**) lub porozmawiaj ze swoim dostawcą.

العربية (Arabic)

تنبيه: إذا كنت تتحدث اللغة العربية، فستتوفر لك خدمات المساعدة اللغوية المجانية. كما تتوفر وسائل مساعدة وخدمات مناسبة لتوفير المعلومات بتنسيقات يمكن الوصول إليها مجانًا. اتصل على الرقم **877-411-3625** (**711**) أو تحدث إلى مقدم الخدمة.

Français (French) ATTENTION : Si vous parlez Français, des services d'assistance linguistique gratuits sont à votre disposition. Des aides et services auxiliaires appropriés pour fournir des informations dans des formats accessibles sont également disponibles gratuitement. Appelez le **877-411-3625** (TTY: **711**) ou parlez à votre fournisseur.

اردو (Urdu)

توجہ دیں: اگر آپ اردو بولتے ہیں، تو آپ کے لیے زبان کی مفت مدد کی خدمات دستیاب ہیں۔ قابل رسائی فارمیٹس میں معلومات فراہم کرنے کے لیے مناسب معاون امداد اور خدمات بھی مفت دستیاب ہیں۔ (TTY: **711**) **877-411-3625** پر کال کریں یا اپنے فراہم کنندہ سے بات کریں۔

Tagalog (Tagalog) PAALALA: Kung nagsasalita ka ng Tagalog, magagamit mo ang mga libreng serbisyong tulong sa wika. Magagamit din nang libre ang mga naaangkop na auxiliary na tulong at serbisyo upang magbigay ng impormasyon sa mga naa-access na format. Tumawag sa **877-411-3625** (TTY: **711**) o makipag-usap sa iyong provider.

Ελληνικά (Greek) ΠΡΟΣΟΧΗ: Εάν μιλάτε ελληνικά, υπάρχουν διαθέσιμες δωρεάν υπηρεσίες υποστήριξης στη συγκεκριμένη γλώσσα. Διατίθενται δωρεάν κατάλληλα βοηθήματα και υπηρεσίες για παροχή πληροφοριών σε προσβάσιμες μορφές. Καλέστε το **877-411-3625** (TTY: **711**) ή απευθυνθείτε στον πάροχό σας.

SHQIP (Albanian) VINI RE: Nëse flisni shqip, shërbime falas të ndihmës së gjuhës janë në dispozicion për ju. Ndihma të përshtatshme dhe shërbime shtesë për të siguruar informacion në formate të përdorshme janë gjithashtu në dispozicion falas. Telefononi **877-411-3625** (TTY: **711**) ose bisedoni me ofruesin tuaj të shërbimit.

NOTICE OF NONDISCRIMINATION POLICY

Discrimination is Against the Law

EmblemHealth complies with Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex, including sex characteristics, including intersex traits; pregnancy or related conditions; sexual orientation; gender identity, and sex stereotypes. EmblemHealth does not exclude people or treat them less favorably because of race, color, national origin, age, disability, or sex.

EmblemHealth:

- Provides people with disabilities reasonable modifications and free appropriate auxiliary aids and services to communicate effectively with us, such as:
    - Qualified sign language interpreters.
    - Written information in other formats (large print, audio, accessible electronic formats, and other formats).
- Provides free language assistance services to people whose primary language is not English, which may include:
    - Qualified interpreters.
    - Information written in other languages.

If you need reasonable modifications, appropriate auxiliary aids and services, or language assistance services contact the Civil Rights Coordinator by calling Customer Service at **877-411-3625** (TTY: **711**).

If you believe that EmblemHealth has failed to provide these services or discriminated in another way based on race, color, national origin, age, disability, or sex, you can file a grievance with the Civil Rights Coordinator by writing to the EmblemHealth Grievance and Appeals Department, P.O. Box 2844, New York, NY 10116-2844; faxing them at **212-510-5320**; or calling Customer Service at **877-411-3625**. (Dial **711** for TTY services.) You can file a grievance in person, by mail, by fax, or through your secure member portal. If you need help filing a grievance, EmblemHealth's Grievance and Appeals Department is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at **ocrportal.hhs.gov/ocr/portal/lobby.jsf** or by mail or phone at: **U.S. Department of Health and Human Services, 200 Independence Avenue SW, Room 509F, HHH Building, Washington, DC 20201**; **800-368-1019** (TTY: **800-537-7697**).

Complaint forms are available at **hhs.gov/ocr/office/file/index.html**.

This notice is available on EmblemHealth's website at **emblemhealth.com/legal/nondiscrimination**.