

PREMIUM INFORMATION

We, EmblemHealth Plan, Inc., can only raise your premium if we raise the premium for all policies like yours in this geographic region.

EmblemHealth Medicare Supplement Insurance 2026 monthly premium rates (per individual):

REGION	PLAN A	PLAN B	PLAN C	PLAN F	PLAN F+	PLAN G	PLAN G+	PLAN N
Albany	\$236.97	\$329.36	\$406.64	\$727.67	\$85.20	\$417.27	\$65.36	\$303.96
Buffalo	\$224.17	\$311.63	\$384.64	\$688.30	\$80.40	\$393.72	\$61.67	\$286.81
Downstate	\$248.96	\$344.07	\$423.98	\$758.71	\$88.23	\$432.09	\$67.69	\$314.77
Mid-Hudson	\$236.97	\$329.36	\$406.64	\$727.67	\$85.20	\$417.27	\$65.36	\$303.96
Rochester	\$224.17	\$311.63	\$384.64	\$688.30	\$80.59	\$394.69	\$61.83	\$287.51
Syracuse	\$231.74	\$322.11	\$397.50	\$711.35	\$83.29	\$407.90	\$63.90	\$297.14
Utica/Watertown	\$224.17	\$311.63	\$384.64	\$688.30	\$80.59	\$394.69	\$61.83	\$287.51

The following is a breakdown of counties in each region:

ALBANY:	Albany, Clinton, Columbia, Essex, Fulton, Greene, Montgomery, Rensselaer, Saratoga, Schenectady, Schoharie, Warren and Washington.
BUFFALO:	Allegany, Cattaraugus, Chautauqua, Erie, Genesee, Niagara, Orleans and Wyoming.
DOWNSTATE:	Bronx, Kings, Nassau, New York, Queens, Richmond, Rockland, Suffolk and Westchester.
MID-HUDSON:	Delaware, Dutchess, Orange, Putnam, Sullivan and Ulster.
ROCHESTER:	Livingston, Monroe, Ontario, Seneca, Wayne and Yates.
SYRACUSE:	Broome, Cayuga, Chemung, Cortland, Onondaga, Schuyler, Steuben, Tioga and Tompkins.
UTICA/ WATERTOWN:	Chenango, Franklin, Hamilton, Herkimer, Jefferson, Lewis, Madison, Oneida, Oswego, Otsego and St. Lawrence.

Applicants must be residents of New York State to be eligible for coverage under one of these plans.