

EmblemHealth Medicare HMO

Over-the-Counter (OTC) Covered Items



Some EmblemHealth Dual Special Needs Plans include coverage for Over-the Counter (OTC) items. You can use your OTC card to buy covered items from any participating OTC pharmacy. For more information about participating OTC pharmacies, please visit [otcnetwork.com](https://www.otcnetwork.com).

Please note you can only use this card to buy items for yourself.



EmblemHealth[®]

Over-the-Counter (OTC) Covered Drugs

Abdominal Supports & Rib Belts

Acid Controllers

Allergy

Allergy Liquids, Tabs & Caps

Allergy Nasal Sprays, Drops & Inhalers

Anti-Diarrheals

Anti-Diarrheal Tabs, Liquids & Caps

Antifungal Treatments

Antifungal Powders, Creams, Liquids & Sprays

Nail Fungus Treatments

Anti-Gas

Mixed/Miscellaneous Anti-Gas

Anti-Itch Treatments

Anti-Itch Treatments (Excluding Hydrocortisone),

Jock Itch & Insect Bite Remedies

Hydrocortisone Products

Antiparasitic Treatments

Lice Treatments & Accessories

Braces

Ankle & Foot

Elbow & Arm

Hand & Wrist

Joint Warmers & Arthritis

Knee

Thigh, Calf & Shin

Contact Lens Care

Gas Permeable & Hard Lens Care

Soft Lens Cleaners

Soft Lens Multi-Purpose & Saline Solutions

Soft Lens Rewetting Drops

Cough, Cold, Flu & Sinus

Cold & Flu Preventatives/Symptom Reducers

Cough, Cold, Flu & Sinus Liquids, Tabs & Caps

Cough Drops, Sore Throat Relief

Sore Throat Pain Relief

Throat & Cough Drops

Denture Care

Alcohol Swabs and Wipes
Denture Adhesives
Denture Repair & Pain Relief

Diabetes Health & Personal Care

Diabetes Cough, Cold & Allergy
Diabetes Skin Care & External Pain Relief
Diabetes Supplements

Digestive Aids

Lactose Intolerance
Prebiotics & Probiotics

Diuretics & Weight Loss Cleansing & Detox

Diuretics
Weight Loss Cleansing & Detox

Ear Care

Ear Drops & Syringes
Hearing Aids
Lipoflavonoids

Elastic Bandages & Athletic Treatments

Athletic Treatments
Elastic Bandages
Protective Guards

Electrical & Audio

Hearing Aid Batteries
(Standard & High Performance)

External Pain Relief

External Muscle/Joint Pain Relief Patches,
Pads, Creams, Ointments, Gels,
Lotions, Liquids, Roll-Ons & Sprays

Eye Care

Magnifying Glasses
Reading Glasses

Eye Preparations (Includes Sleep Masks)

Dry Eye Relief
Eye Relief Products
Eye Wash

Facial & Body Acne Medications

Acne Creams, Gels, Lotions, Patches, Soaps,
Cleansers, Astringents, Toners & Pads

Feminine Antifungal

First Aid Dressings

Adhesive & Liquid Bandages
Finger Cots & Splints
First Aid Kits, Supplies & Tapes
Gauze Pads, Dressings & Rolls
Surgical Bandages & Dressings

First Aid Treatments

Antiseptics & Medicated Products
(Includes Alcohol, Peroxide, Epsom Salt, Etc.)
Skin Protectants (Includes Petroleum Jelly)
Skin Treatments (Includes Burn & Scar)
Topical Antibiotics
Wound Cleansers

Floss & Gum Care

Dental Gum
Floss & Flossers
Gum Care

Foot Cushioning & Treatments

Corn, Callus & Bunion Pads
Corn & Callus Removers

Foot Pain Relief

Athletic Support Socks
General Compression Sleeves & Garments
General Support - Low Compression
(8-15 mmHg) & Medical Support High
Compression (Over 8-15 mmHg)
Lymphedema Treatments (Sleeves,
Socks, Pumps, Etc.)
Medical Compression Sleeves & Garments
Mixed/Miscellaneous General Support
- Low Compression (8-15mmHg)
Medical Support & Accessories
(Knee High, Thigh High & Waist High)
Men's Support Hose
Women's High Compression Support
Hose - Full & Maternity
Women's Support Hose - Knee High,
Thigh High, Full & Maternity

Hemorrhoid Preparations

Hemorrhoid Treatments, Wipes & Washes

Home Diagnostics and Aids for Daily Living

Bathing & Oral Hygiene Aids
Blood Pressure Kits & Accessories
Drug & Alcohol Tests
Electric Heating Pads
Grooming & Dressing Aids
Medical Alert IDs & Devices
Medicine Dosers, Pillboxes,
Organizers & Reminders
Mobility Safety: Stair Rails, Stair Treads,
Temporary Mobility Ramps
Nightlights, Safety Lights, Pill Cutters
Reachers, Grippers & Lifts
Reading, Writing & Telephone Aids
Stethoscopes & Accessories
Thermometers, Fever Strips & Accessories

Home Health Care

Bathtub Safety & Accessories
Bathtub & Toilet Rails & Frames
Elevated Toilet Seats & Accessories
Grab Bars & Handles
Hand Held Showers
Mixed/Miscellaneous Bathroom Safety
Sitz Baths & Bidets

Incontinence Personal Care

Deodorizers
Disposable Underwear, Briefs,
Undergarments, Underpads, Pads,
Shields, Guards & Drip Collectors
Perineal - Only Antifungals
Perineal - Only Cleansers & Washes
Perineal - Only Moisturizers,
Barriers & Protectants
Perineal - Only Wipes & Novelettes

Laxatives

Enemas, Laxative Suppositories, Kits, Etc.
Fiber Products
Laxative Liquids & Combination
Stool-Softener Products
Non-Liquid Laxatives (Non-Fiber) &
Combination Stool-Softener Products
Stool Softeners

Over-the-Counter (OTC) Covered Drugs

Lip Care

Medicated Lip Treatments

Nasal

Decongestant Nasal Sprays, Drops & Inhalers

Nasal Moisturizers, Washes, Strips & Snore Relief

Oral Remedies (Includes Fluoride Treatments)

Dry Mouth

Oral Pain Relief & Mouth Sores

Temporary Dental Repair

Orthopedic & Surgical Support

Arm Slings & Cervical Collars

Hernia Supports & Suspensories

Sacro & Back Braces

Shoulder & Clavicle Braces

Pain Relief

Adult Acetaminophen

Adult Aspirin & Combinations

Adult Ibuprofen & Other Anti-Inflammatories

Adult Nighttime Pain Relief

Adult Specialty Pain Relief

Feminine Pain Relief

Patient Skin Support

Antifungals

Moisturizers, Barriers & Protectants

Physical Fitness & Exercise Equipment

Fitness Trackers & Pedometers

Respiratory Treatments

Asthma Preparations

Humidifiers & Accessories

Repository Treatments

Vapor Products (Includes Waterless Vaporizers)

Reusable Incontinence

Reusable Garments & Underpads

Sleep Aids, Stimulants & Motion Sickness

Motion Sickness & Vertigo

Sleep Aids, Sedatives & Stimulants

Smoking Deterrents

Nicotine Patches, Gums & Lozenges

Specialized Orthopedic Braces/Supports/ Splints

Specialized Ankle & Foot Braces/Supports/Splints

Specialized Elbow & Arm Braces/Supports/Splints

Specialized Hinged Knee Braces/Supports/Splints

Specialized Knee Immobilizer

Braces/Supports/Splints

Specialized Shoulder & Clavicle

Braces/Supports/Splints

Specialized Thigh & Calf Braces/Supports/Splints

Specialized Wrist & Hand Braces/

Supports/Splints

Specialized Wound Care

Alginate Dressings

Collagen Dressings

Foam Dressings

Gauze Dressings, Pads, Sponges & Packing

Hydrocolloid/Hydrogel Dressings

Tapes, Wraps & Compression

Transparent Dressings

Wound Cleansers, Treatments & Accessories

Stomach Remedies

Antacids

Antacid Liquids, Tabs & Caps

Effervescent Antacids & Combinations

Multi-Symptom & Nausea Products

Sun Protection

Sport Sun Protection

Sun Protection (< SPF 50)

Sun Protection (SPF 50+)

Supplements

Enzymes, Amino Acids & Hormones

Eye Health Vitamins

General Health Prebiotics & Probiotics

Menopause Support (Soy)

Weight Management Tabs & Caps

Toothbrushes

Battery & Rechargeable Toothbrushes & Refills

Manual Toothbrushes & Accessories

Toothpastes & Treatments

Regular & Sensitive Toothpastes

Tooth Powders & Treatments

Whitening Toothpastes

Urine Testing

Urine Test Strips & Tabs

Vitamins

Calcium

CoQ10 Only (UBIQUINOL)

Eye Health Vitamins

Heart Health & Essential Fatty Acids
(Fish Oil, Flax, GLA, Etc.)

Iron

Joint Health (Including Glucosamine)

Multi-Minerals

Vitamin B & Vitamin B Complex

Vitamin C

Vitamin D

Vitamin E

Wart Removers

Liquids & Pads

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