



## EmblemHealth VIP Dual (HMO D-SNP) offered by Health Insurance Plan of Greater New York (HIP)/EmblemHealth

### Annual Notice of Changes for 2021

You are currently enrolled as a member of EmblemHealth VIP Dual (HMO D-SNP). Next year, there will be some changes to the plan's costs and benefits. *This booklet tells about the changes.*

---

#### What to do now

##### 1. ASK: Which changes apply to you

- Check the changes to our benefits and costs to see if they affect you.
  - It's important to review your coverage now to make sure it will meet your needs next year.
  - Do the changes affect the services you use?
  - Look in Sections 1.5 and 2 for information about benefit and cost changes for our plan.
- Check the changes in the booklet to our prescription drug coverage to see if they affect you.
  - Will your drugs be covered?
  - Are your drugs in a different tier, with different cost sharing?
  - Do any of your drugs have new restrictions, such as needing approval from us before you fill your prescription?
  - Can you keep using the same pharmacies? Are there changes to the cost of using this pharmacy?
  - Review the 2021 Drug List and look in Section 1.6 for information about changes to our drug coverage.
  - Your drug costs may have risen since last year. Talk to your doctor about lower cost alternatives that may be available for you; this may save you in annual out-of-pocket costs throughout the year. To get additional information on drug prices visit [go.medicare.gov/drugprices](https://www.go.medicare.gov/drugprices). These dashboards highlight which manufacturers have been increasing their prices and also show other year-to-year drug price information. Keep in mind that your plan benefits will determine exactly how much your own drug costs may change.
- Check to see if your doctors and other providers will be in our network next year.
  - Are your doctors, including specialists you see regularly, in our network?

- What about the hospitals or other providers you use?
- Look in Section 1.3 for information about our Provider Directory.

Think about your overall health care costs.

- How much will you spend out-of-pocket for the services and prescription drugs you use regularly?
- How much will you spend on your premium and deductibles?
- How do your total plan costs compare to other Medicare coverage options?

Think about whether you are happy with our plan.

## 2. COMPARE: Learn about other plan choices

Check coverage and costs of plans in your area.

- Use the personalized search feature on the Medicare Plan Finder at [www.medicare.gov/plan-compare](http://www.medicare.gov/plan-compare) website.
- Review the list in the back of your *Medicare & You* handbook.
- Look in Section 3.2 to learn more about your choices.

Once you narrow your choice to a preferred plan, confirm your costs and coverage on the plan's website.

## 3. CHOOSE: Decide whether you want to change your plan

- If you don't join another plan by December 7, 2020, you will be enrolled in EmblemHealth VIP Dual (HMO D-SNP).
- If you want to **change to a different plan** that may better meet your needs, you can switch plans between October 15 and December 7. Look in section 4, page 13 to learn more about your choices.

## 4. ENROLL: To change plans, join a plan between **October 15** and **December 7, 2020**

- If you don't join another plan by **December 7, 2020**, you will be enrolled in EmblemHealth VIP Dual (HMO D-SNP).
- If you join another plan between **October 15** and **December 7, 2020**, your new coverage will start on **January 1, 2021**. You will be automatically disenrolled from your current plan.

## **Additional Resources**

- This document is available for free in Spanish.
- Please contact our Customer Service number at **1-877-344-7364** for additional information. (TTY users should call **711**.) Hours are 8 am to 8 pm, 7 days a week.
- We can also provide information in a way that works for you (information in large print or other alternate formats). Please call Customer Service at the number listed above if you need plan information in another format or language.
- **Coverage under this Plan qualifies as Qualifying Health Coverage (QHC)** and satisfies the Patient Protection and Affordable Care Act's (ACA) individual shared responsibility requirement. Please visit the Internal Revenue Service (IRS) website at [www.irs.gov/Affordable-Care-Act/Individuals-and-Families](http://www.irs.gov/Affordable-Care-Act/Individuals-and-Families) for more information.

## **About EmblemHealth VIP Dual (HMO D-SNP)**

- Health Insurance Plan of Greater New York (HIP) is an HMO/HMO-POS/HMO D-SNP plan with a Medicare contract and a Coordination of Benefits Agreement with the New York State Department of Health. Enrollment in HIP depends on contract renewal. HIP is an EmblemHealth company.
- When this booklet says “we,” “us,” or “our,” it means HIP/EmblemHealth. When it says “plan” or “our plan,” it means EmblemHealth VIP Dual (HMO D-SNP).

## Summary of Important Costs for 2021

The table below compares the 2020 costs and 2021 costs for EmblemHealth VIP Dual (HMO D-SNP) in several important areas. **Please note this is only a summary of changes.** A copy of the *Evidence of Coverage* is located on our website at [emblemhealth.com/medicare](http://emblemhealth.com/medicare). You may also call Customer Service to ask us to mail you an *Evidence of Coverage*. **If you are eligible for Medicare cost-sharing assistance under New York Medicaid you pay \$0 for your deductible, doctor office visits, and inpatient hospital stays.**

Cost	2020 (this year)	2021 (next year)
<b>Monthly plan premium*</b> * Your premium may be higher or lower than this amount. (See Section 1.1 for details.)	<b>\$0</b>	<b>\$0</b>
	You plan premium is paid on your behalf by your “Extra Help.”	You plan premium is paid on your behalf by your “Extra Help.”
<b>Doctor office visits</b>	Primary care visits: <b>\$0</b> copay per visit  Specialist visits: <b>\$0</b> copay per visit  <b>Referral required for specialist visits.</b>	Primary care visits: <b>\$0</b> copay per visit  Specialist visits: <b>\$0</b> copay per visit  <b>No Referral Required.</b>
<b>Inpatient hospital stays</b> Includes inpatient acute, inpatient rehabilitation, long-term care hospitals and other types of inpatient hospital services. Inpatient hospital care starts the day you are formally admitted to the hospital with a doctor’s order. The day before you are discharged is your last inpatient day.	<b>\$0</b> copay for each Medicare-covered stay.  Prior authorization is required.	<b>\$0</b> copay for each Medicare-covered stay.  Prior authorization is required.

Cost	2020 (this year)	2021 (next year)
<p><b>Part D prescription drug coverage</b> (See Section 1.6 for details.)</p>	<p>Deductible: <b>\$0</b></p> <p>Because you are eligible for Medicaid, you qualify for and are getting “Extra Help” from Medicare to pay for your prescription drug plan costs. You do not need to do anything further to get this “Extra Help”.</p> <p>Copayment during the Initial Coverage Stage:</p> <ul style="list-style-type: none"> <li>● <b>Drug Tier 1: All Formulary Drugs</b> Generic: <b>\$0 to \$3.60</b> Brand: <b>\$0 to \$8.95</b></li> </ul> <p>The amount you pay is determined by the prescription and your level of “Extra Help”.</p>	<p>Deductible: <b>\$0</b></p> <p>Because you are eligible for Medicaid, you qualify for and are getting “Extra Help” from Medicare to pay for your prescription drug plan costs. You do not need to do anything further to get this “Extra Help”.</p> <p>Copayment during the Initial Coverage Stage:</p> <ul style="list-style-type: none"> <li>● <b>Drug Tier 1: All Formulary Drugs</b> Generic: <b>\$0 to \$3.70</b> Brand: <b>\$0 to \$9.20</b></li> </ul> <p>The amount you pay is determined by the prescription and your level of “Extra Help”.</p>
<p><b>Maximum out-of-pocket amount</b> This is the <u>most</u> you will pay out-of-pocket for your covered Part A and Part B services. (See Section 1.2 for details.)</p>	<p style="text-align: center;"><b>\$6,700</b></p> <p>You are not responsible for paying any out-of-pocket costs toward the maximum out-of-pocket amount for covered Part A and Part B services.</p>	<p style="text-align: center;"><b>\$7,550</b></p> <p>You are not responsible for paying any out-of-pocket costs toward the maximum out-of-pocket amount for covered Part A and Part B services.</p>

***Annual Notice of Changes for 2021***  
**Table of Contents**

<b>Summary of Important Costs for 2021.....</b>	<b>1</b>
<b>SECTION 1 Changes to Benefits and Costs for Next Year.....</b>	<b>4</b>
Section 1.1 – Changes to the Monthly Premium.....	4
Section 1.2 – Changes to Your Maximum Out-of-Pocket Amount.....	4
Section 1.3 – Changes to the Provider Network.....	5
Section 1.4 – Changes to the Pharmacy Network.....	5
Section 1.5 – Changes to Benefits and Costs for Medical Services.....	6
Section 1.6 – Changes to Part D Prescription Drug Coverage.....	9
<b>SECTION 2 Administrative Changes.....</b>	<b>11</b>
<b>SECTION 3 Deciding Which Plan to Choose.....</b>	<b>11</b>
Section 3.1 – If you want to stay in EmblemHealth VIP Dual (HMO D-SNP).....	11
Section 3.2 – If you want to change plans.....	11
<b>SECTION 4 Changing Plans.....</b>	<b>12</b>
<b>SECTION 5 Programs That Offer Free Counseling about Medicare and Medicaid.....</b>	<b>13</b>
<b>SECTION 6 Programs That Help Pay for Prescription Drugs.....</b>	<b>13</b>
<b>SECTION 7 Questions?.....</b>	<b>14</b>
Section 7.1 – Getting Help from EmblemHealth VIP Dual (HMO D-SNP).....	14
Section 7.2 – Getting Help from Medicare.....	15
Section 7.3 – Getting Help from Medicaid.....	15

## SECTION 1 Changes to Benefits and Costs for Next Year

### Section 1.1 – Changes to the Monthly Premium

Cost	2020 (this year)	2021 (next year)
<b>Monthly premium</b> (You must also continue to pay your Medicare Part B premium unless it is paid for you by Medicaid.)	<b>\$0</b>  Your plan premium is paid on your behalf by your “Extra Help.”	<b>\$0</b>  Your plan premium is paid on your behalf by your “Extra Help.”

### Section 1.2 – Changes to Your Maximum Out-of-Pocket Amount

To protect you, Medicare requires all health plans to limit how much you pay “out-of-pocket” during the year. This limit is called the “maximum out-of-pocket amount.” Once you reach this amount, you generally pay nothing for covered Part A and Part B services for the rest of the year.

Cost	2020 (this year)	2021 (next year)
<b>Maximum out-of-pocket amount</b> <b>Because our members also get assistance from Medicaid, very few members ever reach this out-of-pocket maximum.</b>  You are not responsible for paying any out-of-pocket costs toward the maximum out-of-pocket amount for covered Part A and Part B services.  Your costs for covered medical services (such as copays) count toward your maximum out-of-pocket amount. Your plan premium and your costs for prescription drugs do not count toward your maximum out-of-pocket amount.	<b>\$6,700</b>	<b>\$7,550</b>  Once you have paid <b>\$7,550</b> out-of-pocket for covered Part A and Part B services, you will pay nothing for your covered Part A and Part B services for the rest of the calendar year.

---

## Section 1.3 – Changes to the Provider Network

---

Our network has changed more than usual for 2021. An updated Provider Directory is located on our website at [emblemhealth.com/medicare](http://emblemhealth.com/medicare). You may also call Customer Service for updated provider information or to ask us to mail you a Provider Directory. **We strongly suggest that you review our current Provider Directory to see if your providers (primary care provider, specialists, hospitals, etc.) are still in our network.**

It is important that you know that we may make changes to the hospitals, doctors, and specialists (providers) that are part of your plan during the year. There are a number of reasons why your provider might leave your plan, but if your doctor or specialist does leave your plan you have certain rights and protections summarized below:

- Even though our network of providers may change during the year, we must furnish you with uninterrupted access to qualified doctors and specialists.
- We will make a good faith effort to provide you with at least 30 days' notice that your provider is leaving our plan so that you have time to select a new provider.
- We will assist you in selecting a new qualified provider to continue managing your health care needs.
- If you are undergoing medical treatment you have the right to request, and we will work with you to ensure, that the medically necessary treatment you are receiving is not interrupted.
- If you believe we have not furnished you with a qualified provider to replace your previous provider or that your care is not being appropriately managed, you have the right to file an appeal of our decision.
- If you find out your doctor or specialist is leaving your plan, please contact us so we can assist you in finding a new provider to manage your care.

---

## Section 1.4 – Changes to the Pharmacy Network

---

Amounts you pay for your prescription drugs may depend on which pharmacy you use. Medicare drug plans have a network of pharmacies. In most cases, your prescriptions are covered only if they are filled at one of our network pharmacies. Our network includes pharmacies with preferred cost sharing, which may offer you lower cost sharing than the standard cost sharing offered by other network pharmacies for some drugs.

There are changes to our network of pharmacies for next year. An updated Pharmacy Directory is located on our website at [emblemhealth.com/medicare](http://emblemhealth.com/medicare). You may also call Customer Service for updated provider information or to ask us to mail you a Pharmacy Directory. **Please review the 2021 Pharmacy Directory to see which pharmacies are in our network.**

## Section 1.5 – Changes to Benefits and Costs for Medical Services

Please note that the *Annual Notice of Changes* tells you about changes to your Medicare benefits and costs.

We are changing our coverage for certain medical services next year. The information below describes these changes. For details about the coverage and costs for these services, see Chapter 4, *Benefits Chart (what is covered and what you pay)*, in your *2021 Evidence of Coverage*. A copy of the *Evidence of Coverage* is located on our website at [emblemhealth.com/medicare](http://emblemhealth.com/medicare). You may also call Customer Service to ask us to mail you an *Evidence of Coverage*.

Cost	2020 (this year)	2021 (next year)
<b>Acupuncture</b>	<p>You pay a <b>\$0</b> copay for each Medicare-covered Acupuncture visit.</p> <p>No more than 20 acupuncture treatments may be administered annually.</p> <p>Prior Authorization required after visit 12.</p> <p>You pay a <b>\$0</b> copay <b>for up to 48 visits</b> per year for Supplemental Acupuncture (excluding acupuncture for chronic lower back pain).</p>	<p>You pay a <b>\$0</b> copay for each Medicare-covered Acupuncture visit.</p> <p>No more than 20 acupuncture treatments may be administered annually.</p> <p>Prior Authorization required after visit 12.</p> <p>You pay a <b>\$0</b> copay <b>for up to 10 visits</b> per year for Supplemental Acupuncture (excluding acupuncture for chronic lower back pain).</p>
<b>Hearing Services</b>	<p>You pay a <b>\$0</b> copay for one covered Routine hearing exam every calendar year.</p> <p>You pay a <b>\$0</b> copay for Medicare-covered diagnostic hearing exams.</p> <p>You pay a <b>\$0</b> copay for Evaluation and fitting of hearing aids every calendar year.</p> <p><b>Referral Required</b></p>	<p>You pay a <b>\$0</b> copay for one covered Routine hearing exam every calendar year.</p> <p>You pay a <b>\$0</b> copay for Medicare-covered diagnostic hearing exams.</p> <p>You pay a <b>\$0</b> copay for Evaluation and fitting of hearing aids every calendar year.</p> <p><b>No Referral Required</b></p>

Cost	2020 (this year)	2021 (next year)
<b>Medicare Part B Prescription Drugs</b>	<p>You pay a <b>\$0</b> copay for Medicare Part B prescription drugs in the home.</p> <p>Part B drugs are <b>not</b> subject to Step Therapy requirements</p> <p>Prior authorization is required for some drugs.</p>	<p>You pay a <b>\$0</b> copay for Medicare Part B prescription drugs in the home.</p> <p>Part B drugs <b>may be</b> subject to Step Therapy requirements</p> <p>Prior authorization is required for some drugs.</p>
<b>Outpatient Mental Health Care</b>	<p>You pay a <b>\$0</b> copay for each Medicare-covered outpatient mental health care visit.</p> <p>Certain Telehealth Services are <b>not</b> covered.</p>	<p>You pay a <b>\$0</b> copay for each Medicare-covered outpatient mental health care visit.</p> <p>You pay a <b>\$0</b> copay for each Medicare-covered <b>Individual Mental Health care visit</b>.</p> <p>You pay a <b>\$0</b> copay for each Medicare-covered <b>Individual Psychiatric care visit</b>.</p> <p><b>(You have the option of getting these services through an in-person visit or by telehealth with a network provider who offers the service by telehealth).</b></p>
<b>Outpatient Rehabilitation Services</b>	<p>You pay a <b>\$0</b> copay for Medicare-covered outpatient rehabilitation services.</p> <p>Prior authorization is required.</p> <p><b>Referral Required</b></p>	<p>You pay a <b>\$0</b> copay for Medicare-covered outpatient rehabilitation services.</p> <p>Prior authorization is required.</p> <p><b>No Referral Required</b></p>
<b>Outpatient Substance Abuse Services</b>	<p>You pay <b>\$0</b> copay for each Medicare-covered individual or group visit.</p> <p>Certain Telehealth Services are <b>not</b> covered.</p>	<p>You pay <b>\$0</b> copay for each Medicare-covered individual or group visit.</p> <p>You pay a <b>\$0</b> copay for each Medicare-covered <b>Individual outpatient substance abuse care visit</b>.</p> <p><b>(You have the option of getting this service through an in-person visit or by telehealth with a network provider who offers the service by telehealth).</b></p>

Cost	2020 (this year)	2021 (next year)
<b>Physician/Practitioner services, including doctor's office visits</b>	<p>You pay a <b>\$0</b> copay for each Medicare-covered primary care office visit.</p> <p>You pay a <b>\$0</b> copay for each Medicare-covered specialist office visit.</p> <p>Certain Telehealth Services are <b>not</b> covered.</p> <p><b>Referral Required</b></p>	<p>You pay a <b>\$0</b> copay for each Medicare-covered primary care office visit.</p> <p>You pay a <b>\$0</b> copay for each Medicare-covered specialist office visit.</p> <p><b>You have the option of getting these services through an in-person visit or by telehealth with a network provider who offers the service by telehealth.</b></p> <p><b>No Referral Required</b></p>
<b>Podiatry Services</b>	<p>You pay a <b>\$0</b> copay for Medicare-covered podiatry services.</p> <p>You pay a <b>\$0</b> copay for each supplemental routine podiatry visit (up to 4 routine visits per calendar year).</p> <p><b>Referral Required</b></p>	<p>You pay a <b>\$0</b> copay for Medicare-covered podiatry services.</p> <p>You pay a <b>\$0</b> copay for each supplemental routine podiatry visit (up to 4 routine visits per calendar year).</p> <p><b>No Referral Required</b></p>
<b>Services to Treat Kidney Disease</b>	<p>You pay a <b>\$0</b> copay for Medicare-covered Kidney Disease Education services.</p> <p><b>Referral Required</b></p>	<p>You pay a <b>\$0</b> copay for Medicare-covered Kidney Disease Education services.</p> <p><b>No Referral Required</b></p>
<b>Vision care</b>	<p>Our plan covers up to <b>\$300</b> for one pair of routine eyeglasses <b>or</b> contact lenses <b>every two years</b>.</p>	<p>Our plan covers up to <b>\$500</b> for one pair of routine eyeglasses <b>or</b> contact lenses <b>every two years</b>.</p>

---

## Section 1.6 – Changes to Part D Prescription Drug Coverage

---

### Changes to Our Drug List

Our list of covered drugs is called a Formulary or “Drug List.” A copy of our Drug List is provided electronically.

We made changes to our Drug List, including changes to the drugs we cover and changes to the restrictions that apply to our coverage for certain drugs. **Review the Drug List to make sure your drugs will be covered next year and to see if there will be any restrictions.**

If you are affected by a change in drug coverage, you can:

- **Work with your doctor (or other prescriber) and ask the plan to make an exception to cover the drug.**
  - To learn what you must do to ask for an exception, see Chapter 9 of your *Evidence of Coverage (What to do if you have a problem or complaint (coverage decisions, appeals, complaints))* or call Customer Service.
- **Work with your doctor (or prescriber) to find a different drug that we cover.** You can call Customer Service to ask for a list of covered drugs that treat the same medical condition.

In some situations, we are required to cover a temporary supply of a non-formulary drug in the first 90 days of the plan year or the first 90 days of membership to avoid a gap in therapy. (To learn more about when you can get a temporary supply and how to ask for one, see Chapter 5, Section 5.2 of the *Evidence of Coverage*.) During the time when you are getting a temporary supply of a drug, you should talk with your doctor to decide what to do when your temporary supply runs out. You can either switch to a different drug covered by the plan or ask the plan to make an exception for you and cover your current drug.

If you have a current formulary exception for 2020, you need to submit a new request for an exception for 2021. You may submit your request for a formulary exception for 2021 in advance of 2021, and if approved, your formulary exception will be effective in 2021.

Most of the changes in the Drug List are new for the beginning of each year. However, during the year, we might make other changes that are allowed by Medicare rules.

When we make these changes to the Drug List during the year, you can still work with your doctor (or other prescriber) and ask us to make an exception to cover the drug. We will also continue to update our online Drug List as scheduled and provide other required information to reflect drug changes. (To learn more about changes we may make to the Drug List, see Chapter 5, Section 6 of the *Evidence of Coverage*.)

### Changes to Prescription Drug Costs

**Note:** If you are in a program that helps pay for your drugs (“Extra Help”), **the information about costs for Part D prescription drugs may not apply to you.** We sent you a separate insert, called the “Evidence of Coverage Rider for People Who Get Extra Help Paying for Prescription Drugs” (also called the “Low Income Subsidy Rider” or the “LIS Rider”), which tells you about

your drug costs. Because you receive “Extra Help” and haven’t received this insert by September 30, 2020, please call Customer Service and ask for the “LIS Rider.”

There are four “drug payment stages.” How much you pay for a Part D drug depends on which drug payment stage you are in. (You can look in Chapter 6, Section 2 of your *Evidence of Coverage* for more information about the stages.)

The information below shows the changes for next year to the first two stages – the Yearly Deductible Stage and the Initial Coverage Stage. (Most members do not reach the other two stages – the Coverage Gap Stage or the Catastrophic Coverage Stage. To get information about your costs in these stages, look in your *Summary of Benefits* or at Chapter 6, Sections 6 and 7, in the *Evidence of Coverage*.)

### Changes to the Deductible Stage

Stage	2020 (this year)	2021 (next year)
<b>Stage 1: Yearly Deductible Stage</b>	Because you receive Extra Help, this payment stage does not apply to you.	Because you receive Extra Help, this payment stage does not apply to you.

### Changes to Your Cost Sharing in the Initial Coverage Stage

To learn how copayments and coinsurance work, look at Chapter 6, Section 1.2, *Types of out-of-pocket costs you may pay for covered drugs* in your *Evidence of Coverage*.

Stage	2020 (this year)	2021 (next year)
<p><b>Stage 2: Initial Coverage Stage</b></p> <p>During this stage, the plan pays its share of the cost of your drugs and <b>you pay your share of the cost.</b> The costs in this row are for a one-month (30-day) supply when you fill your prescription at a network pharmacy that provides standard cost sharing. For information about the costs for a long-term supply or for mail-order prescriptions, look in Chapter 6, Section 5 of your <i>Evidence of Coverage</i>.</p>	<p>Your cost for a one-month supply filled at a network pharmacy with standard cost sharing:</p> <p><b>Tier 1 - All Formulary Drugs:</b>  <i>Generic:</i> You pay <b>\$0</b> to <b>\$3.60</b> per prescription.  <i>Brand:</i> You pay <b>\$0</b> to <b>\$8.95</b> per prescription.</p> <hr/> <p>Once your total drug costs have reached <b>\$4,020</b>, you will move to the next stage (the Coverage Gap Stage).</p>	<p>Your cost for a one-month supply filled at a network pharmacy with standard cost sharing:</p> <p><b>Tier 1 - All Formulary Drugs:</b>  <i>Generic:</i> You pay <b>\$0</b> to <b>\$3.70</b> per prescription.  <i>Brand:</i> You pay <b>\$0</b> to <b>\$9.20</b> per prescription.</p> <hr/> <p>Once your total drug costs have reached <b>\$4,130</b>, you will move to the next stage (the Coverage Gap Stage).</p>

## Changes to the Coverage Gap and Catastrophic Coverage Stages

The Coverage Gap Stage and the Catastrophic Coverage Stage are two other drug coverage stages for people with high drug costs. **Most members do not reach either stage.**

For information about your costs in these stages, look at your *Summary of Benefits* or at Chapter 6, Sections 6 and 7, in your *Evidence of Coverage*.

## SECTION 2 Administrative Changes

Description	2020 (this year)	2021 (next year)
<b>Provider Network</b>	<b>Medical Provider Network</b>  You have access to providers in the <b>EmblemHealth VIP Prime Network</b> .	<b>Medical Provider Network</b>  You have access to providers in the <b>EmblemHealth VIP Bold Network</b> .

## SECTION 3 Deciding Which Plan to Choose

### Section 3.1 – If you want to stay in EmblemHealth VIP Dual (HMO D-SNP)

**To stay in our plan you don't need to do anything.** If you do not sign up for a different plan or change to Original Medicare by December 7, you will automatically be enrolled in our EmblemHealth VIP Dual (HMO D-SNP).

### Section 3.2 – If you want to change plans

We hope to keep you as a member next year but if you want to change for 2021 follow these steps:

#### Step 1: Learn about and compare your choices

- You can join a different Medicare health plan,
- --OR-- You can change to Original Medicare. If you change to Original Medicare, you will need to decide whether to join a Medicare drug plan.

To learn more about Original Medicare and the different types of Medicare plans, read *Medicare & You 2021*, call your State Health Insurance Assistance Program (see Section 5), or call Medicare (see Section 7.2).

You can also find information about plans in your area by using the Medicare Plan Finder on the Medicare website. Go to [www.medicare.gov/plan-compare](http://www.medicare.gov/plan-compare). **Here, you can find information about costs, coverage, and quality ratings for Medicare plans.**

### Step 2: Change your coverage

- To **change to a different Medicare health plan**, enroll in the new plan. You will automatically be disenrolled from EmblemHealth VIP Dual (HMO D-SNP).
- To **change to Original Medicare with a prescription drug plan**, enroll in the new drug plan. You will automatically be disenrolled from EmblemHealth VIP Dual (HMO D-SNP).
- To **change to Original Medicare without a prescription drug plan**, you must either:
  - Send us a written request to disenroll. Contact Customer Service if you need more information on how to do this (phone numbers are in Section 7.1 of this booklet).
  - – *or* – Contact **Medicare**, at **1-800-MEDICARE (1-800-633-4227)**, 24 hours a day, 7 days a week, and ask to be disenrolled. TTY users should call **1-877-486-2048**.

If you switch to Original Medicare and do **not** enroll in a separate Medicare prescription drug plan, Medicare may enroll you in a drug plan unless you have opted out of automatic enrollment.

## SECTION 4 Changing Plans

If you want to change to a different plan or Original Medicare for next year, you can do it from October 15 to December 7. The change will take effect on January 1, 2021.

### Are there other times of the year to make a change?

In certain situations, changes are also allowed at other times of the year. For example, people with Medicaid, those who get “Extra Help” paying for their drugs, those who have or are leaving employer coverage, and those who move out of the service area may be allowed to make a change at other times of the year.

If you enrolled in a Medicare Advantage plan for January 1, 2021, and don’t like your plan choice, you can switch to another Medicare health plan (either with or without Medicare prescription drug coverage) or switch to Original Medicare (either with or without Medicare prescription drug coverage) between January 1 and March 31, 2021. For more information, see Chapter 10, Section 2.3 of the *Evidence of Coverage*.

## SECTION 5 Programs That Offer Free Counseling about Medicare and Medicaid

The State Health Insurance Assistance Program (SHIP) is a government program with trained counselors in every state. In New York State, the SHIP is called Health Insurance Information Counseling and Assistance Program (HIICAP).

HIICAP is independent (not connected with any insurance company or health plan). It is a state program that gets money from the Federal government to give **free** local health insurance counseling to people with Medicare. HIICAP counselors can help you with your Medicare questions or problems. They can help you understand your Medicare plan choices and answer questions about switching plans. You can call HIICAP at **1-800-701-0501**. You can learn more about HIICAP by visiting their website ([www.aging.ny.gov](http://www.aging.ny.gov)).

For questions about your New York State Medicaid benefits, contact New York State Department of Health, **1-800-541-2831**, TTY **711**. Hours are Monday to Friday, 8:00 am to 8:00 pm. Saturday, 9:00 am to 1:00 pm. You can also contact New York State Long Term Care Ombudsman Program, **1-855-582-6769**, TTY **711**.

Ask how joining another plan or returning to Original Medicare affects how you get your New York State Department of Health (Medicaid) coverage.

## SECTION 6 Programs That Help Pay for Prescription Drugs

You may qualify for help paying for prescription drugs. Below we list different kinds of help:

- **“Extra Help” from Medicare.** Because you have Medicaid, you are already enrolled in ‘Extra Help,’ also called the Low Income Subsidy. Extra Help pays some of your prescription drug premiums, annual deductibles and coinsurance. Because you qualify, you do not have a coverage gap or late enrollment penalty. If you have questions about Extra Help, call:
  - 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048, 24 hours a day/7 days a week;
  - The Social Security Office at 1-800-772-1213 between 7 am and 7 pm, Monday through Friday. TTY users should call, 1-800-325-0778 (applications); or
  - Your State Medicaid Office (applications).
- **Help from your state’s pharmaceutical assistance program.** New York State has a program called Elderly Pharmaceutical Insurance Coverage (EPIC) that helps people pay for prescription drugs based on their financial need, age, or medical condition. To learn more

about the program, check with your State Health Insurance Assistance Program (the name and phone numbers for this organization are in Section 5 of this booklet).

- **Prescription Cost-sharing Assistance for Persons with HIV/AIDS.** The AIDS Drug Assistance Program (ADAP) helps ensure that ADAP-eligible individuals living with HIV/AIDS have access to life-saving HIV medications. Individuals must meet certain criteria, including proof of State residence and HIV status, low income as defined by the State, and uninsured/under-insured status. Medicare Part D prescription drugs that are also covered by ADAP qualify for prescription cost-sharing assistance through the New York State HIV Uninsured Care Program. For information on eligibility criteria, covered drugs, or how to enroll in the program, please call New York State HIV Uninsured Care Program at **1-800-542-2437**.

## SECTION 7 Questions?

### Section 7.1 – Getting Help from EmblemHealth VIP Dual (HMO D-SNP)

Questions? We're here to help. Please call Customer Service at **1-877-344-7364**. (TTY only, call 711). We are available for phone calls 8 am to 8 pm, 7 days a week. Calls to these numbers are free.

#### **Read your 2021 *Evidence of Coverage* (it has details about next year's benefits and costs)**

This *Annual Notice of Changes* gives you a summary of changes in your benefits and costs for 2021. For details, look in the 2021 *Evidence of Coverage* for EmblemHealth VIP Dual (HMO D-SNP). The *Evidence of Coverage* is the legal, detailed description of your plan benefits. It explains your rights and the rules you need to follow to get covered services and prescription drugs. A copy of the *Evidence of Coverage* is located on our website at [emblemhealth.com/medicare](http://emblemhealth.com/medicare). You may also call Customer Service to ask us to mail you an *Evidence of Coverage*.

#### **Visit our Website**

You can also visit our website at [emblemhealth.com/medicare](http://emblemhealth.com/medicare). As a reminder, our website has the most up-to-date information about our provider network (Provider Directory) and our list of covered drugs (Formulary/Drug List).

---

## **Section 7.2 – Getting Help from Medicare**

---

To get information directly from Medicare:

### **Call 1-800-MEDICARE (1-800-633-4227)**

You can call 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

### **Visit the Medicare Website**

You can visit the Medicare website ([www.medicare.gov](http://www.medicare.gov)). It has information about cost, coverage, and quality ratings to help you compare Medicare health plans. You can find information about plans available in your area by using the Medicare Plan Finder on the Medicare website. (To view the information about plans, go to [www.medicare.gov/plan-compare](http://www.medicare.gov/plan-compare)).

### **Read *Medicare & You 2021***

You can read *Medicare & You 2021* Handbook. Every year in the fall, this booklet is mailed to people with Medicare. It has a summary of Medicare benefits, rights and protections, and answers to the most frequently asked questions about Medicare. If you don't have a copy of this booklet, you can get it at the Medicare website ([www.medicare.gov](http://www.medicare.gov)) or by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

---

## **Section 7.3 – Getting Help from Medicaid**

---

To get information from Medicaid you can call the New York State Department of Health (Medicaid) at 1-800-541-2831. TTY users should call 711.