

## 2021 Summary of Benefits

# EmblemHealth VIP Gold (HMO) and EmblemHealth VIP Gold Plus (HMO)

January 1, 2021 – December 31, 2021

### Who can join?

To join **EmblemHealth VIP Gold (HMO)** or **EmblemHealth VIP Gold Plus (HMO)**, you must be entitled to Medicare Part A, be enrolled in Medicare Part B, and live in our service area.

Our service area includes the following counties in **New York**: Bronx, Dutchess, Kings, Nassau, New York, Orange, Putnam, Queens, Richmond, Rockland, Suffolk, Sullivan, Ulster, and Westchester.

These plans do not require referrals.

### Which doctors, hospitals, and pharmacies can I use?

**EmblemHealth VIP Gold (HMO)** and **EmblemHealth VIP Gold Plus (HMO)** plans have a network of doctors, hospitals, pharmacies, and other providers. If you use the providers that are not in our network, the plan will not pay for these services.

When joining **EmblemHealth VIP Gold (HMO)** or **EmblemHealth VIP Gold Plus (HMO)** plans, you must choose a primary care doctor (PCP) in the VIP Bold Network. If you do not select a PCP, one will be selected for you. At any time, you can select a different PCP within the network. This network also includes additional medical providers like specialists, laboratories, and hospitals.

We cover Part D drugs. In addition, we cover Part B drugs such as chemotherapy and some drugs administered by your provider. You can see the complete plan formulary (list of Part D prescription drugs) and any restrictions on our website at [emblemhealth.com/medicare](https://emblemhealth.com/medicare). Or, call us and we'll send you a copy.

You must generally use network pharmacies to fill your prescriptions for covered Part D drugs. Some of our network pharmacies have preferred cost-sharing. You may pay less if you use these pharmacies.

You can see our plan's provider and pharmacy directory on our website at [emblemhealth.com/medicare](https://emblemhealth.com/medicare). Or, call us and we'll send you a copy.

### How to Reach Us

To find out more about EmblemHealth plans and to enroll, please call us at **800-447-9169** (TTY: 711). From **October 1 to March 31**, you can call us seven days a week from 8 am to 8 pm. From **April 1 to September 30**, you can call us Monday through Friday from 8 am to 8 pm.

To get a complete list of services we cover, call us and ask for the "Evidence of Coverage (EOC)." You can also view the EOC online at [emblemhealth.com/medicare](https://emblemhealth.com/medicare). If you want to know more about the benefits, services, and costs of Original Medicare, look in your current "Medicare & You" handbook. View it online at [medicare.gov](https://www.medicare.gov) or get a copy by calling **1-800-MEDICARE** (1-800-633-4227), 24 hours a day, seven days a week. If you use a TTY, please call **877-486-2048**. If you want to compare our plan with other Medicare Advantage plans we offer, you can visit us at [emblemhealth.com/medicare](https://emblemhealth.com/medicare).



**MONTHLY PLAN PREMIUM**  
(the amount you pay for your insurance every month)

<b>EMBLEMHEALTH VIP GOLD (HMO)</b>					
<b>COUNTIES</b>	<b>Your Level of Extra Help</b>				
	<b>0% (Full Premium)</b>	<b>25%</b>	<b>50%</b>	<b>75%</b>	<b>100%</b>
Bronx, Kings, New York, Queens	\$96.00	\$85.40	\$74.90	\$64.30	\$53.70
Nassau, Richmond	\$123.50	\$112.90	\$102.40	\$91.80	\$81.20
Suffolk	\$271.00	\$260.40	\$249.90	\$239.30	\$228.70
Westchester, Orange, Rockland, Dutchess, Putnam, Sullivan, Ulster	\$243.00	\$232.40	\$221.90	\$211.30	\$200.70

<b>EMBLEMHEALTH VIP GOLD PLUS (HMO)</b>					
<b>COUNTIES</b>	<b>0% (Full Premium)</b>	<b>25%</b>	<b>50%</b>	<b>75%</b>	<b>100%</b>
Bronx, Kings, New York, Queens, Richmond, Nassau, Suffolk, Westchester, Orange, Rockland, Dutchess, Putnam, Sullivan, Ulster	\$302.00	\$291.40	\$280.90	\$270.30	\$259.70

In addition, you must continue to pay your Medicare Part B premium.

<b>BENEFIT</b>	<b>EMBLEMHEALTH VIP GOLD (HMO)</b>	<b>EMBLEMHEALTH VIP GOLD PLUS (HMO)</b>
<b>Deductible</b> (The amount you pay before your plan starts to pay.)	This plan does not have a deductible for covered medical services.	This plan does not have a deductible for covered medical services.
<b>Maximum Out-of-Pocket Responsibility</b> (The most you have to pay for covered services in a plan year. After you spend this amount on deductibles, and your share of the costs (copays, coinsurance), your health plan pays 100% of the costs of covered benefits.  This does not include your premium or prescription drug costs.)	Yes. Like all Medicare health plans, our plan protects you by having yearly limits on your out-of-pocket costs for medical and hospital care.  \$7,550 yearly for services you receive from in-network health care professionals and facilities.  If you reach the limit on out-of-pocket costs, you keep getting covered hospital and medical services and we will pay the full cost for the rest of the year.  Our plan has a coverage limit every year for certain in-network benefits. Please call us for the services that apply.	Yes. Like all Medicare health plans, our plan protects you by having yearly limits on your out-of-pocket costs for medical and hospital care.  \$7,550 yearly for services you receive from in-network health care professionals and facilities.  If you reach the limit on out-of-pocket costs, you keep getting covered hospital and medical services and we will pay the full cost for the rest of the year.  Our plan has a coverage limit every year for certain in-network benefits. Please call us for the services that apply.

BENEFIT	EMBLEMHEALTH VIP GOLD (HMO)	EMBLEMHEALTH VIP GOLD PLUS (HMO)
<p><b>Inpatient Hospital Coverage</b> (may require approval)</p>	<p>Our plan covers an unlimited number of days for an inpatient hospital stay.</p> <p>You pay \$290 per day for days one through seven</p> <p>You pay \$0 per day for days eight through 90</p> <p>You pay \$0 per day for days 91 and beyond</p>	<p>Our plan covers an unlimited number of days for an inpatient hospital stay.</p> <p>You pay \$195 per day for days one through 10</p> <p>You pay \$0 per day for days 11 through 90</p> <p>You pay \$0 per day for days 91 and beyond</p>
<p><b>Outpatient Hospital Coverage</b> (may require approval)</p> <ul style="list-style-type: none"> <li>• Ambulatory surgery center:</li> <li>• Hospital observation:</li> <li>• Outpatient hospital:</li> </ul>	<p>You pay \$225</p> <p>You pay \$275</p> <p>You pay \$295</p>	<p>You pay \$225</p> <p>You pay \$275</p> <p>You pay \$295</p>
<p><b>Doctor Visits (In office/Virtual)</b></p> <ul style="list-style-type: none"> <li>• Primary care doctor:</li> <li>• Specialists:</li> </ul>	<p>You pay \$0</p> <p>You pay \$0 for annual physical</p> <p>You pay \$25</p>	<p>You pay \$0</p> <p>You pay \$0 for annual physical</p> <p>You pay \$0</p>
<p><b>Preventive Care</b> (Services that keep you healthy)</p> <ul style="list-style-type: none"> <li>• Our plan covers many preventive services, including:</li> </ul>	<p>You pay \$0</p> <ul style="list-style-type: none"> <li>– Bone mass measurement</li> <li>– Breast cancer screenings (mammogram)</li> <li>– Cardiovascular screenings</li> <li>– Colorectal cancer screenings (Colonoscopy, Fecal occult blood test, Flexible sigmoidoscopy)</li> <li>– Depression screenings</li> <li>– Diabetes screenings</li> </ul>	<p>You pay \$0</p> <ul style="list-style-type: none"> <li>– Bone mass measurement</li> <li>– Breast cancer screenings (mammogram)</li> <li>– Cardiovascular screenings</li> <li>– Colorectal cancer screenings (Colonoscopy, Fecal occult blood test, Flexible sigmoidoscopy)</li> <li>– Depression screenings</li> <li>– Diabetes screenings</li> </ul>

BENEFIT	EMBLEMHEALTH VIP GOLD (HMO)	EMBLEMHEALTH VIP GOLD PLUS (HMO)
<p><b>Preventive Care (continued)</b></p>	<ul style="list-style-type: none"> <li>– Prostate cancer screenings (PSA)</li> <li>– Vaccines, including Flu shots, Hepatitis B shots, Pneumococcal shots</li> <li>– “Welcome to Medicare” preventive visit (one-time)</li> <li>– Yearly “Wellness” visit</li> </ul> <p>And all additional preventive services approved by Medicare during the contract year will be covered.</p>	<ul style="list-style-type: none"> <li>– Prostate cancer screenings (PSA)</li> <li>– Vaccines, including Flu shots, Hepatitis B shots, Pneumococcal shots</li> <li>– “Welcome to Medicare” preventive visit (one-time)</li> <li>– Yearly “Wellness” visit</li> </ul> <p>And all additional preventive services approved by Medicare during the contract year will be covered.</p>
<p><b>Emergency Care</b></p>	<p>You pay \$90</p> <p>If you are admitted to the hospital within one day, you do not have to pay your share of the cost for emergency care. See the “Inpatient Hospital Coverage” section of this booklet for other costs.</p>	<p>You pay \$90</p> <p>If you are admitted to the hospital within one day, you do not have to pay your share of the cost for emergency care. See the “Inpatient Hospital Coverage” section of this booklet for other costs.</p>
<p><b>Urgently Needed Services</b></p>	<p>You pay \$35</p>	<p>You pay \$0</p>
<p><b>Diagnostic Services/ Labs/Imaging</b></p> <p>(Lower costs when provided in a doctor’s office or freestanding facility. May require approval)</p> <ul style="list-style-type: none"> <li>• Diagnostic radiology services (such as MRIs, CT scans):</li> <li>• Lab services:</li> <li>• Diagnostic tests and procedures:</li> <li>• Outpatient x-rays:</li> <li>• Therapeutic radiology services (such as radiation treatment for cancer):</li> </ul>	<p>You pay 20% of the cost</p> <p>You pay \$0 or \$15</p> <p>You pay \$0 or \$45</p> <p>You pay \$25 or 20% of the cost</p> <p>You pay 20% of the cost</p>	<p>You pay 20% of the cost</p> <p>You pay \$0 or \$15</p> <p>You pay \$0 or \$45</p> <p>You pay \$0 or 20% of the cost</p> <p>You pay 20% of the cost</p>

BENEFIT	EMBLEMHEALTH VIP GOLD (HMO)	EMBLEMHEALTH VIP GOLD PLUS (HMO)
<p><b>Hearing Services</b></p> <ul style="list-style-type: none"> <li>• Exam to diagnose and treat hearing and balance issues:</li> <li>• Routine hearing exam (for up to one every year):</li> <li>• Hearing aid fitting/evaluation (for up to one every year):</li> <li>• Hearing aid:</li> </ul>	<p>You pay \$25</p> <p>You pay \$0</p> <p>You pay \$0</p> <p>You pay \$0</p> <p>Our plan pays up to \$2,400 every three years for hearing aids.</p>	<p>You pay \$0</p> <p>You pay \$0</p> <p>You pay \$0</p> <p>You pay \$0</p> <p>Our plan pays up to \$3,000 every three years for hearing aids.</p>
<p><b>Dental Services</b></p> <p><b>No Annual Dollar Limit</b></p> <p>Limited dental services (this does not include services in connection with care, treatment, filling, removal, or replacement of teeth):</p> <p>Preventive Dental Services:</p> <ul style="list-style-type: none"> <li>• Cleaning (for up to one every six months):</li> <li>• Dental x-ray(s) (for up to one every six months):</li> <li>• Fluoride treatment (for up to one every six months):</li> <li>• Oral exam (for up to one every six months):</li> </ul> <p>Comprehensive Dental Services: (may require approval)</p> <ul style="list-style-type: none"> <li>• Restorative services:</li> <li>• Endodontics:</li> <li>• Periodontics:</li> <li>• Extractions:</li> <li>• Prosthodontics, other oral/maxillofacial surgery, other services:</li> </ul>	<p>You pay \$0</p> <p>You pay \$0</p> <p>You pay \$0</p> <p>You pay \$0</p> <p>You pay \$0</p> <p>You pay \$0 - \$125 based on procedure</p> <p>You pay \$0 - \$20</p> <p>You pay \$0 - \$150</p> <p>You pay \$0 - \$50</p> <p>You pay \$0 - \$150 based on procedure</p>	<p>You pay \$0</p> <p>You pay \$0</p> <p>You pay \$0</p> <p>You pay \$0</p> <p>You pay \$0</p> <p>You pay \$0 - \$125 based on procedure</p> <p>You pay \$0 - \$20</p> <p>You pay \$0 - \$150</p> <p>You pay \$0 - \$50</p> <p>You pay \$0 - \$150 based on procedure</p>

BENEFIT	EMBLEMHEALTH VIP GOLD (HMO)	EMBLEMHEALTH VIP GOLD PLUS (HMO)
<p><b>Vision Services</b></p> <ul style="list-style-type: none"> <li>• Exam to diagnose and treat diseases and conditions of the eye (including yearly glaucoma screening)</li> <li>• Routine eye exam (for up to one every year): Routine eyewear:</li> <li>• Eyeglasses (frames and lenses) or contact lenses:</li> <li>• Eyeglasses (frames and lenses) or contact lenses after cataract surgery:</li> </ul>	<p>You pay \$25</p> <p>You pay \$0</p> <p>You pay \$0 One pair up to \$300 plan limit every year</p> <p>You pay \$25</p>	<p>You pay \$0</p> <p>You pay \$0</p> <p>You pay \$0 One pair up to \$150 plan limit every year</p> <p>You pay \$0</p>
<p><b>Mental Health Services</b> (may require approval)</p> <ul style="list-style-type: none"> <li>• Inpatient visit:</li> <li>• Outpatient group therapy visit:</li> <li>• Outpatient individual therapy visit (In office/Virtual):</li> </ul>	<p>You pay \$0</p> <p>Our plan covers up to 90 days per inpatient mental health stay.</p> <p>Our plan also covers 60 “lifetime reserve days” as long as the stay is covered under the plan.</p> <p>Our plan covers up to 190 days in a lifetime for inpatient mental health services in a psychiatric hospital. The 190-day limit does not apply to mental health services provided in a psychiatric unit of a general hospital.</p> <p>You pay \$25</p> <p>You pay \$25</p>	<p>You pay \$0</p> <p>Our plan covers up to 90 days per inpatient mental health stay.</p> <p>Our plan also covers 60 “lifetime reserve days” as long as the stay is covered under the plan.</p> <p>Our plan covers up to 190 days in a lifetime for inpatient mental health services in a psychiatric hospital. The 190-day limit does not apply to mental health services provided in a psychiatric unit of a general hospital.</p> <p>You pay \$0</p> <p>You pay \$0</p>

BENEFIT	EMBLEMHEALTH VIP GOLD (HMO)	EMBLEMHEALTH VIP GOLD PLUS (HMO)
<b>Skilled Nursing Facility (SNF)</b> (may require approval)	Our plan covers up to 100 days in an SNF.  You pay \$0 per day for days one through 20  You pay \$184 per day for days 21 through 100	Our plan covers up to 100 days in an SNF.  You pay \$0 per day for days one through 20  You pay \$184 per day for days 21 through 100
<b>Physical Therapy</b> (may require approval) <ul style="list-style-type: none"> <li>Physical therapy, and speech and language therapy visit:</li> </ul>	You pay \$25	You pay \$0
<b>Ambulance</b> (may require approval, not waived if admitted) <ul style="list-style-type: none"> <li>Ground:</li> <li>Air:</li> </ul>	You pay \$100  You pay 20% of the cost	You pay \$75  You pay 20% of the cost
<b>Transportation</b>	Not covered	Not covered



# Prescription Drugs for EmblemHealth VIP Gold (HMO) and EmblemHealth VIP Gold Plus (HMO)

## MEDICARE PART B DRUGS

Chemotherapy drugs and other Part B drugs: (may require approval)

You pay 10% of the cost in home and 20% of the cost at a retail pharmacy, mail order pharmacy, doctor office, and outpatient facility. These drugs may require step therapy and/or prior approval.

## MEDICARE PART D DRUG

Our plan groups each drug into one of five “tiers (levels).” You will need to use the formulary (list of covered drugs) to find what tier a drug is on.

How much you pay for your prescription drugs depends on what tier your drug is in and what stage of the benefit you are in. There are four stages in your Part D prescription drug coverage.

### Four Stages of Drug Coverage

#### Deductible

The deductible is the amount you pay before your plan starts to pay. This deductible is for retail and home delivery. There is no deductible for Tier 1 (preferred generic) and Tier 2 (generic) drugs.

There is a **\$200** deductible for Tier 3 (preferred brand), Tier 4 (non-preferred drug), and Tier 5 (specialty) drugs.

#### Initial Coverage

After you’ve reached the deductible, you’ll enter the initial coverage stage.

In this stage, you and the plan share the costs of some of the covered drugs until your total drug costs, including deductible, reach **\$3,885**. The total drug costs paid by both you and our Part D plan will help you reach the coverage gap.

#### Retail Cost-Sharing

Tier	EmblemHealth VIP Gold (HMO) and EmblemHealth VIP Gold Plus (HMO)				
	Deductible	Initial Coverage \$0-\$3,885 — 30-Day Supply		Coverage Gap Over \$3,885	Catastrophic Over \$6,550
	You pay	Preferred	Standard	You pay	You pay
Tier 1: Preferred Generic	\$0	\$2	\$7	25%	5% or \$3.70
Tier 2: Generic	\$0	\$10	\$20	25%	5% or \$3.70
Tier 3: Preferred Brand	\$200	\$40	\$47	25%	5% or \$9.20
Tier 4: Non-Preferred Drug	\$200	\$95	\$100	25%	5% or \$3.70 for generic/ preferred multisource drugs 5% or \$9.20 for all other drugs
Tier 5: Specialty	\$200	29%	29%	25%	5% or \$3.70 for generic/ preferred multisource drugs 5% or \$9.20 for all other drugs

# Prescription Drugs for EmblemHealth VIP Gold (HMO) and EmblemHealth VIP Gold Plus (HMO)

## Mail Order Cost-Sharing

Tier	EmblemHealth VIP Gold (HMO) and EmblemHealth VIP Gold Plus (HMO)		
	Deductible	Initial Coverage \$0-\$3,885	
Monthly Supply	You pay	30-day supply	90-day supply
Tier 1: Preferred Generic	\$0	\$0	\$0
Tier 2: Generic	\$0	\$10	\$25
Tier 3: Preferred Brand	\$200	\$40	\$120
Tier 4: Non-Preferred Drug	\$200	\$95	\$285
Tier 5: Specialty	\$200	29%	N/A

If you live in a long-term care facility, you pay the same as at a standard retail pharmacy.

### Coverage Gap

The coverage gap (also called the “donut hole”) starts after the total yearly drug cost (along with what our plan has paid and what you have paid) reaches **\$3,885**.

While in the coverage gap in 2021, you’ll pay 25% of the plan’s cost for brand-name drugs and 25% of the plan’s cost for generic drugs. The costs you paid, and the manufacturer discount payment for brand-name drugs count 70% toward your true out-of-pocket (TrOOP) costs and help you get out of the coverage gap. **Not everyone will reach the coverage gap.**

### Catastrophic Coverage

After your yearly true out-of-pocket (TrOOP) drug costs reach **\$6,550**, your cost-sharing will be the larger amount of **\$3.70** or **5%** for generic or preferred multisource drugs, and **\$9.20** or **5%** for all other drugs.

### Get Help Paying for Your Prescription Drugs

#### Extra Help

Extra Help is a free Medicare program. It helps people with low or limited income and resources pay Medicare Part D drug plan costs.

#### What do you get with Extra Help?

- Payment of 75% or more of your drug costs. These include your monthly premium for prescription drugs (the amount you pay each month).
- Payment of your annual deductible (the amount you pay before your plan starts to pay).
- Payment of coinsurance costs (the percentage you pay for your prescription drugs).
- No coverage gap.

#### You automatically qualify for Extra Help if:

- You have full Medicaid coverage.
- You get help from your state Medicaid program to pay your Part B premiums in a Medicare Savings Program.
- You get Supplemental Security Income (SSI) benefits.

Many other people with low or limited income also qualify for Extra Help and don’t know it!

There is no cost to apply. Contact your local Social Security office or call Social Security at **800-772-1213** (TTY: **800-325-0778**). You can also apply online at [ssa.gov/benefits/medicare/prescriptionhelp/](https://ssa.gov/benefits/medicare/prescriptionhelp/).

## Additional Benefits

BENEFIT	EMBLEMHEALTH VIP GOLD (HMO)	EMBLEMHEALTH VIP GOLD PLUS (HMO)
<p><b>Acupuncture</b> (may require approval)</p>	<p>You pay \$10 for up to 20 visits for chronic lower back pain every year (maximum of 12 visits in 90 days).</p>	<p>You pay \$10 for up to 20 visits for chronic lower back pain every year (maximum of 12 visits in 90 days).</p>
<p><b>Chiropractic Care</b> (may require approval)</p> <p>Manipulation of the spine to correct a subluxation (when one or more of the bones of your spine move out of position):</p>	<p>You pay \$10</p>	<p>You pay \$0</p>
<p><b>Foot Care</b></p> <ul style="list-style-type: none"> <li>• Foot exams and treatment if you have diabetes-related nerve damage and/or meet some conditions:</li> <li>• Routine foot care (for up to four visits every year):</li> </ul>	<p>You pay \$25</p> <p>You pay \$25</p> <p>Foot care includes removal of calluses and corns, and trimming of nails.</p>	<p>You pay \$0</p> <p>You pay \$0</p> <p>Foot care includes removal of calluses and corns, and trimming of nails.</p>
<p><b>Home Health Care</b> (may require approval)</p>	<p>You pay \$0</p>	<p>You pay \$0</p>
<p><b>Hospice</b></p>	<p>You pay \$0 for hospice care from a Medicare-certified hospice. You may have to pay part of the costs for drugs and respite care. Hospice is covered outside of our plan. Please call us for more details.</p>	<p>You pay \$0 for hospice care from a Medicare-certified hospice. You may have to pay part of the costs for drugs and respite care. Hospice is covered outside of our plan. Please call us for more details.</p>

## Additional Benefits (Continued)

BENEFIT	EMBLEMHEALTH VIP GOLD (HMO)	EMBLEMHEALTH VIP GOLD PLUS (HMO)
<b>Medical Equipment Supplies</b>		
Durable Medical Equipment (wheelchairs, oxygen, etc.) (may require approval):	You pay 20% of the cost	You pay 20% of the cost
Prosthetic Devices (braces, artificial limbs, etc.) (may require approval):		
• Prosthetic devices:	You pay 20% of the cost	You pay 20% of the cost
• Related medical supplies:	You pay 20% of the cost	You pay 20% of the cost
Diabetes Supplies and Services:		
• Diabetes monitoring supplies:	You pay \$0	You pay \$0
• Diabetes self-management training:	You pay \$0	You pay \$0
• Therapeutic shoes or inserts:	You pay \$0	You pay \$0
<b>Renal Dialysis</b>	You pay 20% of the cost	You pay 20% of the cost
<b>Wellness Programs</b>		
• Fitness:	SilverSneakers®	SilverSneakers®
• Hotline:	24-Hour Nurse Hotline	24-Hour Nurse Hotline
• Teladoc®:	You pay \$45	You pay \$45
<b>Outpatient Substance Abuse</b>		
(may require approval)		
• Group therapy visit:	You pay \$25	You pay \$0
• Individual therapy visit: (In office/Virtual)	You pay \$25	You pay \$0
<b>Worldwide Emergency and Urgent Coverage</b>		
	You pay \$90	You pay \$90
	You pay \$0 if admitted in one day	You pay \$0 if admitted in one day

Health Insurance Plan of Greater New York (HIP) is an HMO/HMO-POS/HMO D-SNP plan with a Medicare contract and a Coordination of Benefits Agreement with the New York State Department of Health. Enrollment in HIP depends on contract renewal. HIP is an EmblemHealth company. For more information, contact the plan.

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# 2021 Pre-Enrollment Checklist

Before making an enrollment decision, it is important that you fully understand our benefits and rules. If you have any questions, you can call and speak to a customer service representative at **877-344-7364** (TTY: **711**), 8 am to 8 pm, seven days a week.

## Understanding the Benefits

- Review the full list of benefits found in the Evidence of Coverage (EOC), especially for those services for which you routinely see a doctor. Visit **[emblemhealth.com/medicare](https://emblemhealth.com/medicare)** or call **877-344-7364** TTY: **711** to view a copy of the EOC.
- Review the provider directory (or ask your doctor) to make sure the doctors you see now are in the network. If they are not listed, it means you will likely have to select a new doctor.
- Review the pharmacy directory to make sure the pharmacy you use for any prescription medicine is in the network. If the pharmacy is not listed, you will likely have to select a new pharmacy for your prescriptions.

## Understanding Important Rules

- In addition to your monthly plan premium, you must continue to pay your Medicare Part B premium. This premium is normally taken out of your Social Security check each month.
- Benefits, premiums and/or copayments/co-insurance may change on January 1, 2022.
- Except in emergency or urgent situations, we do not cover services by out-of-network providers (doctors who are not listed in the provider directory).