

# EmblemHealth Medicare HMO **Over-the-Counter (OTC) Card Covered Items**



Some EmblemHealth Dual Special Needs Plans include coverage for retail Over-the-Counter (OTC) items. You can use your OTC card to buy covered\* items from any participating OTC pharmacy.

For more information about participating OTC pharmacies, please visit **[otcnetwork.com](https://otcnetwork.com)**.

For more information about mail-order OTC, please visit **[NationsOTC.com/EmblemHealth](https://NationsOTC.com/EmblemHealth)**.

Please note you can only use this benefit to buy items for yourself.

## Abdominal Supports & Rib Belts

## Acid Controllers

### Allergy

Allergy Liquids, Tabs & Caps  
Allergy Nasal Sprays, Drops & Inhalers

### Anti-Diarrheals

Anti-Diarrheal Tabs, Liquids & Caps

### Antifungal Treatments

Antifungal Powders, Creams,  
Liquids & Sprays  
Nail Fungus Treatments

### Anti-Gas

Mixed/Miscellaneous Anti-Gas

### Anti-Itch Treatments

Anti-Itch Treatments (Excluding  
Hydrocortisone), Jock Itch &  
Insect Bite Remedies  
Hydrocortisone Products

## Antiparasitic Treatments

Lice Treatments & Accessories

## Braces

Ankle & Foot  
Elbow & Arm  
Hand & Wrist  
Joint Warmers & Arthritis  
Knee  
Thigh, Calf & Shin

## Contact Lens Care

Gas Permeable & Hard Lens Care  
Soft Lens Cleaners  
Soft Lens Multi-Purpose & Saline Solutions  
Soft Lens Rewetting Drops

## Cough, Cold, Flu & Sinus

Cold & Flu Preventatives/Symptom Reducers  
Cough, Cold, Flu & Sinus Liquids, Tabs & Caps

## Cough Drops, Sore Throat Relief

Sore Throat Pain Relief  
Throat & Cough Drops

## Denture Care

Alcohol Swabs and Wipes  
Denture Adhesives  
Denture Repair & Pain Relief

## Diabetes Health & Personal Care

Diabetes Cough, Cold & Allergy  
Diabetes Skin Care & External Pain Relief  
Diabetes Supplements

## Digestive Aids

Lactose Intolerance  
Prebiotics & Probiotics

## Diuretics & Weight Loss Cleansing & Detox

Diuretics  
Weight Loss Cleansing & Detox



## Ear Care

Ear Drops & Syringes  
Hearing Aids  
Lipoflavonoids

## Elastic Bandages & Athletic Treatments

Athletic Treatments  
Elastic Bandages  
Protective Guards

## Electrical & Audio

Hearing Aid Batteries  
(Standard & High Performance)

## External Pain Relief

External Muscle/Joint Pain Relief Patches,  
Pads, Creams, Ointments, Gels,  
Lotions, Liquids, Roll-Ons & Sprays

## Eye Care

Magnifying Glasses  
Reading Glasses

## Eye Preparations (Includes Sleep Masks)

Dry Eye Relief  
Eye Relief Products  
Eye Wash

## Facial & Body Acne Medications

Acne Creams, Gels, Lotions, Patches, Soaps,  
Cleansers, Astringents, Toners & Pads

## Feminine Antifungal

## First Aid Dressings

Adhesive & Liquid Bandages  
Finger Cots & Splints  
First Aid Kits, Supplies & Tapes  
Gauze Pads, Dressings & Rolls  
Masks (Respiratory, Barrier, etc.)  
Protective Gloves  
Surgical Bandages & Dressings

## First Aid Treatments

Antiseptics & Medicated Products  
(Includes Alcohol, Peroxide,  
Epsom Salt, Etc.)  
Skin Protectants (Includes Petroleum Jelly)  
Skin Treatments (Includes Burn & Scar)  
Topical Antibiotics  
Wound Cleansers

## Floss & Gum Care

Dental Gum  
Floss & Flossers  
Gum Care



## Foot Cushioning & Treatments

Corn, Callus & Bunion Pads  
Corn & Callus Removers

## Foot Pain Relief

Athletic Support Socks  
General Compression Sleeves & Garments  
General Support - Low Compression  
(8-15 mmHg) & Medical Support High  
Compression (Over 8-15 mmHg)  
Lymphedema Treatments (Sleeves,  
Socks, Pumps, Etc.)  
Medical Compression Sleeves & Garments  
Mixed/Miscellaneous General Support  
- Low Compression (8-15mmHg)  
Medical Support & Accessories  
(Knee High, Thigh High & Waist High)  
Men's Support Hose  
Women's High Compression Support  
Hose - Full & Maternity  
Women's Support Hose - Knee High,  
Thigh High, Full & Maternity

## Hemorrhoid Preparations

Hemorrhoid Treatments, Wipes & Washes

## Home Diagnostics and Aids for Daily

## Living

Bathing & Oral Hygiene Aids  
Blood Pressure Kits & Accessories  
Drug & Alcohol Tests  
Electric Heating Pads  
Grooming & Dressing Aids  
Medical Alert IDs & Devices  
Medicine Dosers, Pillboxes,  
Organizers & Reminders  
Mobility Safety: Stair Rails, Stair Treads,  
Temporary Mobility Ramps  
Nightlights, Safety Lights, Pill Cutters  
Reachers, Grippers & Lifts  
Reading, Writing & Telephone Aids  
Stethoscopes & Accessories  
Thermometers, Fever Strips & Accessories

## Home Health Care

Bathtub Safety & Accessories  
Bathtub & Toilet Rails & Frames  
Elevated Toilet Seats & Accessories  
Grab Bars & Handles  
Hand Held Showers  
Mixed/Miscellaneous Bathroom Safety  
Sitz Baths & Bidets

## Incontinence Personal Care

Deodorizers  
Disposable Underwear, Briefs,  
Undergarments, Underpads, Pads,  
Shields, Guards & Drip Collectors  
Perineal - Only Antifungals  
Perineal - Only Cleansers & Washes  
Perineal - Only Moisturizers,  
Barriers & Protectants  
Perineal - Only Wipes & Novelettes

## Laxatives

Enemas, Laxative Suppositories, Kits, Etc.  
Fiber Products  
Laxative Liquids & Combination  
Stool-Softener Products  
Non-Liquid Laxatives (Non-Fiber) &  
Combination Stool-Softener Products  
Stool Softeners

## Lip Care

Medicated Lip Treatments

## Nasal

Decongestant Nasal Sprays, Drops & Inhalers  
Nasal Moisturizers, Washes,  
Strips & Snore Relief

## Oral Remedies (Includes Fluoride Treatments)

Dry Mouth  
Oral Pain Relief & Mouth Sores  
Temporary Dental Repair

## Orthopedic & Surgical Support

Arm Slings & Cervical Collars  
Hernia Supports & Suspensories  
Sacro & Back Braces  
Shoulder & Clavicle Braces

## Pain Relief

Adult Acetaminophen  
Adult Aspirin & Combinations  
Adult Ibuprofen & Other Anti-Inflammatories  
Adult Nighttime Pain Relief  
Adult Specialty Pain Relief  
Feminine Pain Relief



## Patient Skin Support

Antifungals  
Instant Hand Sanitizers  
Moisturizers, Barriers & Protectants

## Physical Fitness & Exercise Equipment

Fitness Trackers & Pedometers

## Respiratory Treatments

Asthma Preparations  
Humidifiers & Accessories  
Repository Treatments  
Vapor Products (Includes  
Waterless Vaporizers)

## Reusable Incontinence

Reusable Garments & Underpads

## Sleep Aids, Stimulants & Motion Sickness

Motion Sickness & Vertigo  
Sleep Aids, Sedatives & Stimulants

## Smoking Deterrents

Nicotine Patches, Gums & Lozenges

## Specialized Orthopedic Braces/Supports/ Splints

Specialized Ankle & Foot Braces/  
Supports/Splints  
Specialized Elbow & Arm Braces/  
Supports/Splints  
Specialized Hinged Knee I  
Supports/Splints  
Specialized Knee Immobil  
Braces/Supports/Splint



Specialized Shoulder & Clavicle  
Braces/Supports/Splints  
Specialized Thigh & Calf Braces/  
Supports/Splints  
Specialized Wrist & Hand Braces/  
Supports/Splints

## Specialized Wound Care

Alginate Dressings  
Collagen Dressings  
Foam Dressings  
Gauze Dressings, Pads, Sponges & Packing  
Hydrocolloid/Hydrogel Dressings  
Tapes, Wraps & Compression  
Transparent Dressings  
Wound Cleansers, Treatments & Accessories

## Stomach Remedies

Antacids  
Antacid Liquids, Tabs & Caps  
Effervescent Antacids & Combinations  
Multi-Symptom & Nausea Products

## Sun Protection

Sport Sun Protection  
Sun Protection (< SPF 50)  
Sun Protection (SPF 50+)

## Supplements

Enzymes, Amino Acids & Hormones  
Eye Health Vitamins  
General Health Prebiotics & Probiotics  
Menopause Support (Soy)  
Weight Management Tabs & Caps

## Toothbrushes

Battery & Rechargeable  
Toothbrushes & Refills  
Manual Toothbrushes & Accessories

## Toothpastes & Treatments

Regular & Sensitive Toothpastes  
Tooth Powders & Treatments  
Whitening Toothpastes

## Urine Testing

Urine Test Strips & Tabs

## Vitamins

Calcium  
CoQ10 Only (UBIQUINOL)  
Eye Health Vitamins  
Heart Health & Essential Fatty Acids  
(Fish Oil, Flax, GLA, Etc.)  
Iron  
Joint Health (Including Glucosamine)  
Multi-Minerals  
Vitamin B & Vitamin B Complex  
Vitamin C  
Vitamin D  
Vitamin E

## Wart Removers

Liquids & Pads

\* For a comprehensive list of covered items, please visit [otcnetwork.com](http://otcnetwork.com).

## Over-the-Counter Non-Covered Items

Diabetes care (blood glucose testing, continuous glucose monitoring devices, insulin, syringes & delivery systems). These items may be covered under your medical plan benefits. Please see your Evidence of Coverage for more information.

Herbals and botanicals (echinacea, ginseng, ginkgo biloba)

Foot care (foot grooming, foot moisturizers, exfoliators & cleansers, odor and wetness treatment insoles/inserts)

Weight management (nutritional drinks, sports & energy drinks, meal replacement, foods, liquids, powders & bars)

Meal replacement shakes/nutrition drinks (Ensure, Boost and Glucerna)

Oral care (mouthwash and breath remedies)



The product list is subject to change. Items, quantities, sizes, and values may change depending on availability at the retailer. Only certain brands are included.

55 Water Street, New York, NY 10041-8190

[emblemhealth.com/medicare](https://emblemhealth.com/medicare)



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