

Over-the-Counter (OTC) Covered Drugs and Items

Abdominal Supports & Rib Belts

Acid Controlllers

Allergy

Allergy Liquids, Tabs & Caps
Allergy Nasal Sprays, Drops & Inhalers

Anti-Diarrheals

Anti-Diarrheal Tabs, Liquids & Caps

Antifungal Treatments

Antifungal Powders, Creams, Liquids & Sprays
Nail Fungus Treatments

Anti-Gas

Mixed/Miscellaneous Anti-Gas

Anti-Itch Treatments

Anti-Itch Treatments (Excluding Hydrocortisone),
Jock Itch & Insect Bite Remedies
Hydrocortisone Products

Antiparasitic Treatments

Lice Treatments & Accessories

Braces

Ankle & Foot
Elbow & Arm
Hand & Wrist
Joint Warmers & Arthritis
Knee, Thigh, Calf & Shin

Contact Lens Care

Gas Permeable & Hard Lens Care
Soft Lens Cleaners
Soft Lens Multi-Purpose & Saline Solutions
Soft Lens Rewetting Drops

Cough, Cold, Flu & Sinus

Cold & Flu Preventatives/Symptom Reducers
Cough, Cold, Flu & Sinus Liquids, Tabs & Caps

Cough Drops, Sore Throat Relief

Sore Throat Pain Relief
Throat & Cough Drops

Denture Care

Alcohol Swabs & Wipes
Denture Adhesives
Denture Repair & Pain Relief

Diabetes Health & Personal Care

Diabetes Cough, Cold & Allergy
Diabetes Skin Care & External Pain Relief
Diabetes Supplements

Digestive Aids

Lactose Intolerance
Prebiotics & Probiotics

Diuretics & Weight Loss Cleansing & Detox

Diuretics
Weight Loss Cleansing & Detox

Ear Care

Ear Drops & Syringes
Hearing Aids
Lipoflavonoids

Elastic Bandages & Athletic Treatments

Athletic Treatments
Elastic Bandages
Protective Guards

Electrical & Audio

Hearing Aid Batteries
(Standard & High Performance)

External Pain Relief

External Muscle/Joint Pain Relief Patches,
Pads, Creams, Ointments, Gels,
Lotions, Liquids, Roll-Ons & Sprays

Eye Care

Magnifying Glasses
Reading Glasses

Eye Preparations (Includes Sleep Masks)

Dry Eye Relief
Eye Relief Products
Eye Wash

Facial & Body Acne Medications

Acne Creams, Gels, Lotions, Patches, Soaps,
Cleansers, Astringents, Toners & Pads

Feminine Antifungal

First Aid Dressings

Adhesive & Liquid Bandages
Finger Cots & Splints
First Aid Kits, Supplies & Tapes
Gauze Pads, Dressings & Rolls
Masks (Respiratory, Barrier, etc.)
Protective Gloves
Surgical Bandages & Dressings

First Aid Treatments

Antiseptics & Medicated Products
(Includes Alcohol, Peroxide, Epsom Salt, etc.)
Skin Protectants (Includes Petroleum Jelly)
Skin Treatments (Includes Burn & Scar)
Topical Antibiotics
Wound Cleansers

Floss & Gum Care

Dental Gum
Floss & Flossers
Gum Care



Foot Cushioning & Treatments

Corn, Callus & Bunion Pads
Corn & Callus Removers

Foot Pain Relief

Athletic Support Socks
General Compression Sleeves & Garments
General Support — Low Compression
(8-15 mmHg) & Medical Support High
Compression (Over 8-15 mmHg)
Lymphedema Treatments (Sleeves,
Socks, Pumps, etc.)
Medical Compression Sleeves & Garments
Mixed/Miscellaneous General Support
— Low Compression (8-15mmHg)
Medical Support & Accessories
(Knee High, Thigh High & Waist High)
Men's Support Hose
Women's High Compression Support
Hose — Full & Maternity
Women's Support Hose — Knee High,
Thigh High, Full & Maternity

Hemorrhoid Preparations

Hemorrhoid Treatments, Wipes & Washes

Home Diagnostics & Aids for Daily Living

Bathing & Oral Hygiene Aids
Blood Pressure Kits & Accessories
Drug & Alcohol Tests
Electric Heating Pads
Grooming & Dressing Aids
Medical Alert IDs & Devices
Medicine Dosers, Pillboxes,
Organizers & Reminders
Mobility Safety: Stair Rails, Stair Treads,
Temporary Mobility Ramps
Nightlights, Safety Lights & Pill Cutters
Reachers, Grippers & Lifts
Reading, Writing & Telephone Aids
Stethoscopes & Accessories
Thermometers, Fever Strips & Accessories

Home Health Care

Bathtub Safety & Accessories
Bathtub & Toilet Rails & Frames
Elevated Toilet Seats & Accessories
Grab Bars & Handles
Hand Held Showers
Mixed/Miscellaneous Bathroom Safety
Sitz Baths & Bidets

Incontinence Personal Care

Deodorizers
Disposable Underwear, Briefs,
Undergarments, Underpads, Pads,
Shields, Guards & Drip Collectors
Perineal — Only Antifungals
Perineal — Only Cleansers & Washes
Perineal — Only Moisturizers,
Barriers & Protectants
Perineal — Only Wipes & Novelettes



Over-the-Counter (OTC) Covered Drugs and Items (Continued)

Laxatives

Enemas, Laxative Suppositories, Kits, etc.
Fiber Products
Laxative Liquids & Combination
 Stool-Softener Products
Non-Liquid Laxatives (Non-Fiber) &
 Combination Stool-Softener Products
Stool Softeners

Lip Care

Medicated Lip Treatments

Nasal

Decongestant Nasal Sprays, Drops & Inhalers
Nasal Moisturizers, Washes, Strips & Snore Relief

Oral Remedies (Includes Fluoride Treatments)

Dry Mouth
Oral Pain Relief & Mouth Sores
Temporary Dental Repair

Orthopedic & Surgical Support

Arm Slings & Cervical Collars
Hernia Supports & Suspensories
Sacro & Back Braces
Shoulder & Clavicle Braces

Pain Relief

Adult Acetaminophen
Adult Aspirin & Combinations
Adult Ibuprofen & Other Anti-Inflammatories
Adult Nighttime Pain Relief
Adult Specialty Pain Relief
Feminine Pain Relief

Patient Skin Support

Antifungals
Instant Hand Sanitizers
Moisturizers, Barriers & Protectants

Physical Fitness & Exercise Equipment

Fitness Trackers & Pedometers

Respiratory Treatments

Asthma Preparations
Humidifiers & Accessories
Repository Treatments
Vapor Products (Includes Waterless Vaporizers)

Reusable Incontinence

Reusable Garments & Underpads

Sleep Aids, Stimulants & Motion Sickness

Motion Sickness & Vertigo
Sleep Aids, Sedatives & Stimulants

Smoking Deterrents

Nicotine Patches, Gums & Lozenges

Specialized Orthopedic Braces/Supports/ Splints

Specialized Ankle & Foot Braces/Supports/Splints
Specialized Elbow & Arm Braces/Supports/Splints
Specialized Hinged Knee Braces/Supports/Splints
Specialized Knee Immobilizer
 Braces/Supports/Splints
Specialized Shoulder & Clavicle
 Braces/Supports/Splints
Specialized Thigh & Calf Braces/Supports/Splints
Specialized Wrist & Hand Braces/
 Supports/Splints

Specialized Wound Care

Alginate Dressings
Collagen Dressings
Foam Dressings
Gauze Dressings, Pads, Sponges & Packing
Hydrocolloid/Hydrogel Dressings
Tapes, Wraps & Compression
Transparent Dressings
Wound Cleansers, Treatments & Accessories

Stomach Remedies

Antacids
Antacid Liquids, Tabs & Caps
Effervescent Antacids & Combinations
Multi-Symptom & Nausea Products

Sun Protection

Sport Sun Protection
Sun Protection (< SPF 50)
Sun Protection (SPF 50+)

Supplements

Enzymes, Amino Acids & Hormones
Eye Health Vitamins
General Health Prebiotics & Probiotics
Menopause Support (Soy)
Weight Management Tabs & Caps

Toothbrushes

Battery & Rechargeable Toothbrushes & Refills
Manual Toothbrushes & Accessories

Toothpastes & Treatments

Regular & Sensitive Toothpastes
Tooth Powders & Treatments
Whitening Toothpastes

Urine Testing

Urine Test Strips & Tabs

Vitamins

Calcium
CoQ10 Only (Ubiquinol)
Eye Health Vitamins
Heart Health & Essential Fatty Acids
 (Fish Oil, Flax, GLA, etc.)
Iron
Joint Health (Including Glucosamine)
Multi-Minerals
Vitamin B & Vitamin B Complex
Vitamin C
Vitamin D
Vitamin E

Wart Removers

Liquids & Pads

* For a comprehensive list of covered items,
please visit [MyBenefitsCenter.com](https://www.mybenefitscenter.com).

Over-the-Counter Non-Covered Items

Diabetes Care (blood glucose testing,
continuous glucose monitoring devices,
insulin, syringes & delivery systems). These
items may be covered under your medical
plan benefits. Please see your Evidence
of Coverage for more information.

Herbals and Botanicals (echinacea,
ginseng, ginkgo biloba)

Foot Care (foot grooming, foot moisturizers,
exfoliators & cleansers, odor & wetness
treatment insoles/inserts)

Weight Management (nutritional drinks,
sports & energy drinks, meal replacement,
foods, liquids, powders & bars)

Oral Care (mouthwash & breath remedies)

The product list is subject to change. Items,
quantities, sizes, and values may change
depending on availability at the retailer.
Only certain brands are included.

EmblemHealth Plan, Inc., Health Insurance
Plan of Greater New York (HIP), EmblemHealth
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EmblemHealth Medicare HMO Over-the-Counter (OTC) Card Covered Items



Some EmblemHealth Dual Special Needs Plans
include coverage for retail Over-the-counter
(OTC) items. You can use your OTC card to
buy covered* items from any participating
OTC pharmacy.

For more information about participating OTC
pharmacies, please visit [MyBenefitsCenter.com](https://www.mybenefitscenter.com).

For more information about mail-order
OTC, please visit [Conveybenefits.com/](https://www.conveybenefits.com/)
EmblemHealth.

Please note you can only use this benefit to buy
items for yourself.