

## Over-the-Counter (OTC) Covered Items

EmblemHealth VIP Dual (HMO D-SNP) in select counties and EmblemHealth VIP Dual Reserve (HMO D-SNP) Plans include coverage for retail Over-the-counter (OTC) items. You can use your OTC card to buy covered\* items from any participating OTC pharmacy.

For more information about participating OTC pharmacies, please visit [MyBenefitsCenter.com](http://MyBenefitsCenter.com).

For more information about mail-order OTC, please visit [Conveybenefits.com/EmblemHealth](http://Conveybenefits.com/EmblemHealth).

Please note you can only use this benefit to buy items for yourself.



### Abdominal Supports & Rib Belts

### Acid Controllers

### Allergy

Allergy Liquids, Tabs & Caps  
Allergy Nasal Sprays, Drops & Inhalers

### Anti-Diarrheals

Anti-Diarrheal Tabs, Liquids & Caps

### Antifungal Treatments

Antifungal Powders, Creams, Liquids & Sprays  
Nail Fungus Treatments

### Anti-Gas

Mixed/Miscellaneous Anti-Gas

### Anti-Itch Treatments

Anti-Itch Treatments (Excluding Hydrocortisone), Jock Itch & Insect Bite Remedies  
Hydrocortisone Products

### Antiparasitic Treatments

Lice Treatments & Accessories

### Braces

Ankle & Foot  
Elbow & Arm  
Hand & Wrist  
Joint Warmers & Arthritis  
Knee, Thigh, Calf & Shin

### Contact Lens Care

Gas Permeable & Hard Lens Care  
Soft Lens Cleaners  
Soft Lens Multi-Purpose & Saline Solutions  
Soft Lens Rewetting Drops

### Cough, Cold, Flu & Sinus

Cold & Flu Preventatives/Symptom Reducers  
Cough, Cold, Flu & Sinus Liquids, Tabs & Caps

### Cough Drops, Sore Throat Relief

Sore Throat Pain Relief  
Throat & Cough Drops

### Denture Care

Alcohol Swabs & Wipes  
Denture Adhesives  
Denture Repair & Pain Relief

### Diabetes Health & Personal Care

Diabetes Cough, Cold & Allergy  
Diabetes Skin Care & External Pain Relief  
Diabetes Supplements

### Digestive Aids

Lactose Intolerance  
Prebiotics & Probiotics

### Diuretics & Weight Loss Cleansing & Detox

Diuretics  
Weight Loss Cleansing & Detox

### Ear Care

Ear Drops & Syringes

Hearing Aids  
Lipoflavonoids

### Elastic Bandages & Athletic Treatments

Athletic Treatments  
Elastic Bandages  
Protective Guards

### Electrical & Audio

Hearing Aid Batteries (Standard & High Performance)

### External Pain Relief

External Muscle/Joint Pain Relief Patches, Pads, Creams, Ointments, Gels, Lotions, Liquids, Roll-Ons & Sprays

### Eye Care

Magnifying Glasses  
Reading Glasses

### Eye Preparations (Includes Sleep Masks)

Dry Eye Relief  
Eye Relief Products  
Eye Wash

### Facial & Body Acne Medications

Acne Creams, Gels, Lotions, Patches, Soaps, Cleansers, Astringents, Toners & Pads

### Feminine Antifungal

First Aid Dressings  
Adhesive & Liquid Bandages  
Finger Cots & Splints

First Aid Kits, Supplies & Tapes  
Gauze Pads, Dressings & Rolls  
Masks (Respiratory, Barrier, etc.)  
Protective Gloves  
Surgical Bandages & Dressings

### First Aid Treatments

Antiseptics & Medicated Products (Includes Alcohol, Peroxide, Epsom Salt, etc.)  
Skin Protectants (Includes Petroleum Jelly)  
Skin Treatments (Includes Burn & Scar)  
Topical Antibiotics  
Wound Cleansers

### Floss & Gum Care

Dental Gum  
Floss & Flossers  
Gum Care

### Foot Cushioning & Treatments

Corn, Callus & Bunion Pads  
Corn & Callus Removers

### Foot Pain Relief

Athletic Support Socks  
General Compression  
Sleeves & Garments

General Support — Low Compression (8-15 mmHg) & Medical Support High Compression (Over 8-15 mmHg)  
Lymphedema Treatments (Sleeves, Socks, Pumps, etc.)  
Medical Compression Sleeves & Garments  
Mixed/Miscellaneous General Support — Low Compression (8-15mmHg)  
Medical Support & Accessories (Knee High, Thigh High & Waist High)  
Men's Support Hose  
Women's High Compression Support Hose — Full & Maternity  
Women's Support Hose — Knee High, Thigh High, Full & Maternity

### Hemorrhoid Preparations

Hemorrhoid Treatments, Wipes & Washes

### Home Diagnostics & Aids for Daily Living

Bathing & Oral Hygiene Aids  
Blood Pressure Kits & Accessories  
Drug & Alcohol Tests  
Electric Heating Pads  
Grooming & Dressing Aids

(Continued)

Health Insurance Plan of Greater New York (HIP) is an HMO D-SNP plan with a Medicare contract and a contract with the New York State Department of Health. Enrollment in HIP depends on contract renewal. HIP is an EmblemHealth company.

EmblemHealth Plan, Inc., Health Insurance Plan of Greater New York (HIP), EmblemHealth Insurance Company and EmblemHealth Services Company, LLC are EmblemHealth companies. EmblemHealth Services Company, LLC provides administrative services to the EmblemHealth companies.

## Over-the-Counter (OTC) Covered Drugs and Items (Continued)

Medical Alert IDs & Devices	Perineal — Only Wipes & Novelettes	Adult Aspirin & Combinations	Specialized Elbow & Arm Braces/ Supports/Splints	Sun Protection (SPF 50+)
Medicine Dosers, Pillboxes, Organizers & Reminders	<b>Laxatives</b>	Adult Ibuprofen & Other Anti-Inflammatories	Specialized Hinged Knee Braces/ Supports/Splints	<b>Supplements</b>
Mobility Safety: Stair Rails, Stair Treads, Temporary Mobility Ramps	Enemas, Laxative Suppositories, Kits, etc.	Adult Nighttime Pain Relief	Specialized Knee Immobilizer Braces/ Supports/Splints	Enzymes, Amino Acids & Hormones
Nightlights, Safety Lights & Pill Cutters	Fiber Products	Adult Specialty Pain Relief	Specialized Shoulder & Clavicle Braces/ Supports/Splints	Eye Health Vitamins
Reachers, Grippers & Lifts	Laxative Liquids & Combination Stool-Softener Products	Feminine Pain Relief	Specialized Thigh & Calf Braces/ Supports/Splints	General Health Prebiotics & Probiotics
Reading, Writing & Telephone Aids	Non-Liquid Laxatives (Non-Fiber) & Combination Stool-Softener Products	<b>Patient Skin Support</b>	Specialized Wrist & Hand Braces/ Supports/Splints	Menopause Support (Soy)
Stethoscopes & Accessories	Stool Softeners	Antifungals		Weight Management Tabs & Caps
Thermometers, Fever Strips & Accessories	<b>Lip Care</b>	Instant Hand Sanitizers		<b>Toothbrushes</b>
<b>Home Health Care</b>	Medicated Lip Treatments	Moisturizers, Barriers & Protectants		Battery & Rechargeable Toothbrushes & Refills
Bathtub Safety & Accessories	<b>Nasal</b>	<b>Physical Fitness &amp; Exercise Equipment</b>		Manual Toothbrushes & Accessories
Bathtub & Toilet Rails & Frames	Decongestant Nasal Sprays, Drops & Inhalers	Fitness Trackers & Pedometers		<b>Toothpastes &amp; Treatments</b>
Elevated Toilet Seats & Accessories	Nasal Moisturizers, Washes, Strips & Snore Relief	<b>Respiratory Treatments</b>		Regular & Sensitive Toothpastes
Grab Bars & Handles	<b>Oral Remedies (Includes Fluoride Treatments)</b>	Asthma Preparations		Tooth Powders & Treatments
Hand Held Showers	Dry Mouth	Humidifiers & Accessories		Whitening Toothpastes
Mixed/Miscellaneous Bathroom Safety	Oral Pain Relief & Mouth Sores	Repository Treatments		<b>Urine Testing</b>
Sitz Baths & Bidets	Temporary Dental Repair	Vapor Products (Includes Waterless Vaporizers)		Urine Test Strips & Tabs
<b>Incontinence Personal Care</b>	<b>Orthopedic &amp; Surgical Support</b>	<b>Reusable Incontinence</b>		<b>Vitamins</b>
Deodorizers	Arm Slings & Cervical Collars	Reusable Garments & Underpads		Calcium
Disposable Underwear, Briefs, Undergarments, Underpads, Pads, Shields, Guards & Drip Collectors	Hernia Supports & Suspensories	<b>Sleep Aids, Stimulants &amp; Motion Sickness</b>		CoQ10 Only (Ubiquinol)
Perineal — Only Antifungals	Sacro & Back Braces	Motion Sickness & Vertigo		Eye Health Vitamins
Perineal — Only Cleansers & Washes	Shoulder & Clavicle Braces	Sleep Aids, Sedatives & Stimulants		Heart Health & Essential Fatty Acids (Fish Oil, Flax, GLA, etc.)
Perineal — Only Moisturizers, Barriers & Protectants	<b>Pain Relief</b>	<b>Smoking Deterrents</b>		Iron
	Adult Acetaminophen	Nicotine Patches, Gums & Lozenges		Joint Health (Including Glucosamine)
		<b>Specialized Orthopedic Braces/Supports/ Splints</b>		Multi-Minerals
		Specialized Ankle & Foot Braces/ Supports/Splints		Vitamin B & Vitamin B Complex
				Vitamin C
				Vitamin D
				Vitamin E
				<b>Wart Removers</b>
				Liquids & Pads

\* For a comprehensive list of covered items, please visit [MyBenefitsCenter.com](https://www.mylife.com/MyBenefitsCenter.com).

### Over-the-Counter Non-Covered Items

Diabetes Care (blood glucose testing, continuous glucose monitoring devices, insulin, syringes & delivery systems). These items may be covered under your medical plan benefits. Please see your Evidence of Coverage for more information.

Covid Tests

Foot Care (foot grooming, foot moisturizers, exfoliators & cleansers, odor & wetness treatment insoles/inserts)

Non-prescription hearing aids.

Oral Care (mouthwash & breath remedies)

The product list is subject to change. Items, quantities, sizes, and values may change depending on availability at the retailer. Only certain brands are included.