



EmblemHealth Group Access Rx (PPO) offered by Group Health Incorporated (GHI)/EmblemHealth

Annual Notice of Change for 2026

You're enrolled as a member of EmblemHealth Group Access Rx (PPO).

This material describes changes to our plan's costs and benefits next year.

- **You have from October 15 – December 7 to make changes to your Medicare coverage for next year.** If you don't join another plan by December 7, 2025, you'll stay in EmblemHealth Group Access Rx (PPO).
- To change to a **different plan**, visit www.Medicare.gov or review the list in the back of your *Medicare & You 2026* handbook.
- Note this is only a summary of changes. More information about costs, benefits, and rules is in the Evidence of Coverage. Get a copy at emblemhealth.com/medicare or call Customer Service at **1-866-557-7300** (TTY users call **711**) to get a copy by mail.

More Resources

- This material is available for free in Spanish.
- Call Customer Service at **1-866-557-7300** (TTY users should call **711**). Hours are 8 am to 8 pm 7 days a week from October 1 to March 31 and 8 am to 8 pm Monday- Saturday, April 1 to September 30. This call is free.
- We can also provide information in a way that works for you (information in alternate formats). Please call Customer Service at the number listed above if you need plan information in another format or language.

About EmblemHealth Group Access Rx (PPO)

- EmblemHealth Plan, Inc. is a PPO plan with a Medicare contract. Enrollment in EmblemHealth Plan, Inc. depends on contract renewal.
- When this material says "we," "us," or "our," it means EmblemHealth Plan, Inc. When it says "plan" or "our plan," it means EmblemHealth Group Access Rx (PPO).
- **If you do nothing by December 7, 2025, you'll automatically be enrolled in EmblemHealth Group Access Rx (PPO).** Starting January 1, 2026, you'll get your medical and drug coverage through EmblemHealth Group Access Rx (PPO). Your group may have different requirements. Go to Section 3 for more information about how to change plans and deadlines for making a change.

H5528_202495CY26_M

Table of Contents

| | |
|--|-----------|
| Summary of Important Costs for 2026..... | 3 |
| SECTION 1 Changes to Benefits & Costs for Next Year..... | 3 |
| Section 1.1 Changes to the Monthly Plan Premium..... | 3 |
| Section 1.2 Changes to Your Maximum Out-of-Pocket Amount..... | 3 |
| Section 1.3 Changes to the Provider Network..... | 3 |
| Section 1.4 Changes to the Pharmacy Network..... | 4 |
| Section 1.5 Changes to Benefits & Costs for Medical Services..... | 4 |
| Section 1.6 Changes to Part D Drug Coverage..... | 5 |
| Section 1.7 Changes to Prescription Drug Benefits & Costs..... | 6 |
| SECTION 2 Administrative Changes..... | 7 |
| SECTION 3 How to Change Plans..... | 8 |
| Section 3.1 Deadlines for Changing Plans | 8 |
| Section 3.2 Are there other times of the year to make a change?..... | 8 |
| SECTION 4 Get Help Paying for Prescription Drugs..... | 9 |
| SECTION 5 Questions?..... | 10 |
| Get Help from EmblemHealth Group Access Rx (PPO)..... | 10 |
| Get Free Counseling about Medicare..... | 10 |
| Get Help from Medicare..... | 10 |

Summary of Important Costs for 2026

It is important to read the rest of this *Annual Notice of Changes* and review the *Evidence of Coverage* document to see if other benefit or cost changes affect you.

It is also important for you to review the *Cost Sharing Guide* that we will send you in the mail under separate cover. The *Cost Sharing Guide* will provide you with your benefit details and cost sharing amounts for 2026. A copy of the *Evidence of Coverage* is located on our website at emblemhealth.com/medicare. You may also call Customer Service to ask us to mail you an *Evidence of Coverage*.

SECTION 1 Changes to Benefits & Costs for Next Year

Section 1.1 Changes to the Monthly Plan Premium

Please contact your benefits administrator or see your Cost Sharing Guide for details on what your plan premium will be for 2026. (You must also continue to pay your Medicare Part B premium.)

Factors that could change your Part D Premium Amount

- Late Enrollment Penalty - Your monthly plan premium will be more if you're required to pay a lifetime Part D late enrollment penalty for going without other drug coverage that's at least as good as Medicare drug coverage (also referred to as creditable coverage) for 63 days or more.
- Higher Income Surcharge - If you have a higher income, you may have to pay an additional amount each month directly to the government for Medicare drug coverage.
- Extra Help - Your monthly plan premium will be *less* if you get Extra Help with your drug costs. Go to Section 1.7 for more information about Extra Help from Medicare.

Section 1.2 Changes to Your Maximum Out-of-Pocket Amount

Medicare requires all health plans to limit how much you pay out of pocket for the year. This limit is called the maximum out-of-pocket amount. Once you've paid this amount, you generally pay nothing for covered Part A and Part B services for the rest of the calendar year.

Section 1.3 Changes to the Provider Network

Our network of providers has changed for next year. Review the 2026 *Provider Directory* emblemhealth.com/directories to see if your providers (primary care provider, specialists, hospitals, etc.) are in our network. Here's how to get an updated *Provider Directory*:

- Visit our website at emblemhealth.com/directories.
- Call Customer Service at **1-866-557-7300** (TTY users call **711**) to get current provider information or to ask us to mail you a *Provider Directory*.

We can make changes to the hospitals, doctors, and specialists (providers) that are part of our plan during the year. If a mid-year change in our providers affects you, call Customer Service at **1-866-557-7300** (TTY users call **711**) for help.

Section 1.4 Changes to the Pharmacy Network

Amounts you pay for your prescription drugs can depend on which pharmacy you use. Medicare drug plans have a network of pharmacies. In most cases, your prescriptions are covered *only* if they are filled at one of our network pharmacies.

Our network of pharmacies has changed for next year. Review the 2026 *Pharmacy Directory* emblemhealth.com/directories to see which pharmacies are in our network. Here's how to get an updated *Pharmacy Directory*:

- Visit our website at emblemhealth.com/directories.
- Call Customer Service at **1-866-557-7300** (TTY users call **711**) to get current pharmacy information or to ask us to mail you a *Pharmacy Directory*.

We can make changes to the pharmacies that are part of our plan during the year. If a mid-year change in our pharmacies affects you, call Customer Service at **1-866-557-7300** (TTY users call **711**) for help.

Section 1.5 Changes to Benefits & Costs for Medical Services

We are making changes to costs and benefits for certain medical services next year.

| | 2025 (this year) | 2026 (next year) |
|--|----------------------------------|---|
| Ambulatory Surgery Centers | Prior authorization is required. | Prior authorization is not required. |
| Mental Health Services | Prior authorization is required. | Prior authorization is not required. |
| Outpatient Blood Services | Prior authorization is required. | Prior authorization is not required. |
| Outpatient Substance Abuse Services | Prior authorization is required. | Prior authorization is not required. |
| Psychiatric Services | Prior authorization is required. | Prior authorization is not required. |
| Worldwide Emergency Services | No benefit limit | \$50,000 annual limit combined with Worldwide Urgent Care and Worldwide Ground Ambulance |

| | 2025 (this year) | 2026 (next year) |
|----------------------------|---------------------|--|
| Worldwide Ground Ambulance | No benefit limit | \$50,000 annual limit combined with Worldwide Emergency Care and Worldwide Urgent Care |
| Worldwide Urgent Care | No benefit limit | \$50,000 annual limit combined with Worldwide Emergency Care and Worldwide Ground Ambulance |

In addition, we will send you a Cost Sharing Guide in the mail under separate cover. This guide will provide you with your benefit details and cost sharing amounts for 2026.

Section 1.6 Changes to Part D Drug Coverage

Changes to Our Drug List

Our list of covered drugs is called a formulary or Drug List. A copy of our Drug List is provided electronically.

We made changes to our Drug List, which could include removing or adding drugs, changing the restrictions that apply to our coverage for certain drugs, or moving them to a different cost-sharing tier. **Review the Drug List to make sure your drugs will be covered next year and to see if there will be any restrictions, or if your drug has been moved to a different cost-sharing tier.**

Most of the changes in the Drug List are new for the beginning of each year. However, we might make other changes that are allowed by Medicare rules that will affect you during the calendar year. We update our online Drug List at least monthly to provide the most up-to-date list of drugs. If we make a change that will affect your access to a drug you're taking, we'll send you a notice about the change.

If you're affected by a change in drug coverage at the beginning of the year or during the year, review Chapter 9 of your *Evidence of Coverage* and talk to your prescriber to find out your options, such as asking for a temporary supply, applying for an exception, and/or working to find a new drug. Call Customer Service at **1-866-557-7300** (TTY users call **711**) for more information.

Starting in 2026, we may immediately remove brand name drugs or original biological products on our Drug List if we replace them with new generics or certain biosimilar versions of the brand name drug or original biological product on the same or lower cost-sharing tier and with the same or fewer restrictions. Also, when adding a new version, we can decide to keep the brand name drug or original biological product on our Drug List but immediately move it to a different cost-sharing tier or add new restrictions or both.

For example: if you take a brand name drug or biological product that's being replaced by a generic or biosimilar version, you may not get notice of the change 30 days in advance, or

before you get a month's supply of the brand name drug or biological product. You might get information on the specific change after the change is already made.

Some of these drug types may be new to you. For definitions of drug types, go to Chapter 12 of your *Evidence of Coverage*. The Food and Drug Administration (FDA) also provides consumer information on drugs. Go to the FDA website: www.FDA.gov/drugs/biosimilars/multimedia-education-materials-biosimilars#For%20Patients. You can also call Customer Service at **1-866-557-7300** (TTY users call **711**) or ask your health care provider, prescriber, or pharmacist for more information.

Section 1.7 Changes to Prescription Drug Benefits & Costs

Do you get Extra Help to pay for your drug coverage costs?

If you're in a program that helps pay for your drugs (Extra Help), **the information about costs for Part D drug may not apply to you.** We sent you separate material, called the *Evidence of Coverage Rider for People Who Get Extra Help Paying for Prescription Drugs*, which tells about your drug costs. If you get Extra Help call Customer Service **1-866-557-7300** (TTY users call **711**) and ask for the *LIS Rider*.

Drug Payment Stages

There are **3 drug payment stages**: the Yearly Deductible Stage, the Initial Coverage Stage, and the Catastrophic Coverage Stage. The Coverage Gap Stage and the Coverage Gap Discount Program no longer exist in the Part D benefit.

- ***Stage 1: Yearly Deductible***

We have no deductible, so this payment stage doesn't apply to you.

- ***Stage 2: Initial Coverage***

In this stage, our plan pays its share of the cost of your drugs, and you pay your share of the cost. You generally stay in this stage until your year-to-date Out-of-Pocket costs reach **\$2,100**.

- ***Stage 3: Catastrophic Coverage***

This is the third and final drug payment stage. In this stage, you pay nothing for your covered Part D drugs. You generally stay in this stage for the rest of the calendar year.

The Coverage Gap Discount Program has been replaced by the Manufacturer Discount Program. Under the Manufacturer Discount Program, drug manufacturers pay a portion of our plan's full cost for covered Part D brand name drugs and biologics during the Initial Coverage Stage and the Catastrophic Coverage Stage. Discounts paid by manufacturers under the Manufacturer Discount Program don't count toward out-of-pocket costs.

Changes to Your Cost Sharing in Yearly Deductible and the Initial Coverage Stages

To get information about your costs in these stages, look at Chapter 6, Sections 4 and 5, in the Evidence of Coverage. You may also call Customer Service to ask us to mail you an Evidence of Coverage.

We will send you a Cost Sharing Guide in the mail under separate cover that will provide you with your benefit details and cost sharing amounts for 2026.

Changes to the Catastrophic Coverage Stage

If you reach the Catastrophic Coverage Stage, you pay nothing for your covered Part D drugs. You may have cost sharing for excluded drugs that are covered under our enhanced benefit.

For specific information about your costs in the Catastrophic Coverage Stage, go to Chapter 6, Section 6 in your *Evidence of Coverage*.

SECTION 2 Administrative Changes

| | 2025 this year | 2026 next year |
|---|--|---|
| Diabetes self-management training, diabetic services, and supplies | <p>Covered diabetic supplies are limited to Abbott Diabetes Care and LifeScan products.</p> <p>Quantity limits apply to lancets and test strips (5 strips and lancets per day for insulin-users and 4 strips and lancets per day for non-insulin users).</p> | <p>Covered diabetic supplies are limited to Abbott Diabetes Care and Ascensia products.</p> <p>Quantity limits apply to lancets and test strips (204 test strips and lancets per 30 days).</p> |
| Medicare Part D pharmacy benefit manager | <p>Express Scripts manages Part D prescription drug benefit including mail order delivery.</p> <p>Some Part D drugs are subject to step therapy.</p> | <p>Prime Therapeutics manages Part D prescription drug benefit. You can get preferred mail order through Amazon or Express Scripts. When you get your new ID card, ask your pharmacist to update your prescription information. Part D drugs are not subject to step therapy.</p> |

| | 2025 this year | 2026 next year |
|---|---|--|
| Medicare Prescription Payment Plan | The Medicare Prescription Payment Plan is a payment option that began this year and can help you manage your out-of-pocket costs for drugs covered by our plan by spreading them across the calendar year (January-December). You may be participating in this payment option | If you're participating in the Medicare Prescription Payment Plan and stay in the same Part D plan, your participation will be automatically renewed for 2026. To learn more about this payment option, call us at 1-833-746-5914 (TTY users call 711) or visit www.Medicare.gov. |

SECTION 3 How to Change Plans

To stay in EmblemHealth Group Access Rx (PPO), you may not need to do anything. Please contact your benefit administrator to find out if you will automatically be enrolled in our EmblemHealth Group Access Rx (PPO).

If you want to change plans for 2026, please contact your benefits administrator for additional information.

Section 3.1 Deadlines for Changing Plans

People with Medicare can make changes to their coverage from **October 15 – December 7** each year.

If you enrolled in a Medicare Advantage plan for January 1, 2026, and don't like your plan choice, you can switch to another Medicare health plan (with or without separate Medicare drug coverage) or switch to Original Medicare (with or without Medicare separate drug coverage) between January 1 – March 31, 2026.

To change to a different plan or to Original Medicare for next year, please contact your benefits administrator for additional information.

Section 3.2 Are there other times of the year to make a change?

In certain situations, people can have other chances to change their coverage during the year. Examples include people who:

- Have Medicaid
- Get Extra Help paying for their drugs
- Have or are leaving employer coverage
- Move out of our plan's service area

If you recently moved into or currently live in, an institution (like a skilled nursing facility or long-term care hospital), you can change your Medicare coverage **at any time**. You can change to any other Medicare health plan (with or without separate Medicare drug coverage) or switch to Original Medicare (with or without separate Medicare drug coverage) at any time. If you recently moved out of an institution, you have an opportunity to switch plans or switch to Original Medicare for 2 full months after the month you move out.

SECTION 4 Get Help Paying for Prescription Drugs

You can qualify for help paying for prescription drugs. Different kinds of help are available

- **Extra Help from Medicare.** People with limited incomes may qualify for Extra Help to pay for their prescription drug costs. If you qualify, Medicare could pay up to 75% or more of your drug costs including monthly drug plan premiums, yearly deductibles, and coinsurance. Also, people who qualify won't have a late enrollment penalty. To see if you qualify, call:
 - 1-800-MEDICARE (1-800-633-4227). TTY users can call 1-877-486-2048, 24 hours a day, 7 days a week.
 - Social Security at 1-800-772-1213 between 8 a.m. and 7 p.m., Monday -Friday for a representative. Automated messages are available 24 hours a day. TTY users call 1-800-325-0778.
 - Your State Medicaid Office.
- **Help from your state's pharmaceutical assistance program (SPAP).** New York State has a program called Elderly Pharmaceutical Insurance Coverage (EPIC) that helps people pay for prescription drugs based on their financial need, age, or medical condition. To learn more about the program, check with your State Health Insurance Assistance Program (SHIP). To get the phone number for your state, visit shiphelp.org, or call 1-800-MEDICARE.
- **Prescription Cost-sharing Assistance for Persons with HIV/AIDS.** The AIDS Drug Assistance Program (ADAP) helps ensure that ADAP-eligible people living with HIV/AIDS have access to life-saving HIV medications. To be eligible for the ADAP operating in your state, you must meet certain criteria, including proof of state residence and HIV status, low income as defined by the state, and uninsured/under-insured status. Medicare Part D drugs that are also covered by ADAP qualify for prescription cost-sharing help through the New York State Uninsured HIV Care Program. For information on eligibility criteria, covered drugs, how to enroll in the program, or, if you're currently enrolled, how to continue getting help, call New York State Uninsured HIV Care Program at **1-800-542-2437** (for New York State residents) or **1-518-459-1641** (for non-New York State residents) (for TTY please use **1-518-459-0121**), or write to the New York State Uninsured HIV Care Program, Empire Station, PO Box 2052, Albany, NY 12220-0052. Or, go to the web at www.health.ny.gov/diseases/aids/general/resources/adap. Be sure, when calling, to inform them of your Medicare Part D plan name or policy number.

- **The Medicare Prescription Payment Plan.** The Medicare Prescription Payment Plan is a payment option that works with your current drug coverage to help you manage your out-of-pocket costs for drugs covered by our plan by spreading them across the calendar year (January – December). Anyone with a Medicare drug plan or Medicare health plan with drug coverage (like a Medicare Advantage plan with drug coverage) can use this payment option. **This payment option might help you manage your expenses, but it doesn't save you money or lower your drug costs.**

Extra Help from Medicare and help from your SPAP and ADAP, for those who qualify, is more advantageous than participation in the Medicare Prescription Payment Plan. All members are eligible to participate in the Medicare Prescription Payment Plan. To learn more about this payment option, call us at **1-833-746-5914** (TTY users should call **711**) or visit www.Medicare.gov.

SECTION 5 Questions?

Get Help from EmblemHealth Group Access Rx (PPO)

- **Call Customer Service at 1-866-557-7300. (TTY users call 711).**

We're available for phone calls 8:00 am to 8:00 pm, 7 days a week. Calls to these numbers are free.

- **Read your 2026 *Evidence of Coverage***

This *Annual Notice of Change* gives you a summary of changes in your benefits and costs for 2026. For details, go to the 2026 *Evidence of Coverage* for EmblemHealth Group Access Rx (PPO). The *Evidence of Coverage* is the legal, detailed description of our plan benefits. It explains your rights and the rules you need to follow to get covered services and prescription drugs. Get the *Evidence of Coverage* on our website at emblemhealth.com/medicare, or call Customer Service **1-866-557-7300** (TTY users call **711**) to ask us to mail you a copy.

- **Visit emblemhealth.com/medicare**

Our website has the most up-to-date information about our provider network (*Provider Directory/Pharmacy Directory*) and our *List of Covered Drugs* (formulary/Drug List).

Get Free Counseling about Medicare

The State Health Insurance Assistance Program (SHIP) is an independent government program with trained counselors in every state. In New York State, the SHIP is called Health Insurance Information Counseling and Assistance Program (HIICAP).

Call HIICAP to get free personalized health insurance counseling. They can help you understand your Medicare plan choices and answer questions about switching plans. Call HIICAP at **1-800-701-0501**. Learn more about HIICAP by visiting at <http://www.aging.ny.gov>.

Get Help from Medicare

- **Call 1-800-MEDICARE (1-800-633-4227)**

You can call 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users can call 1-877-486-2048.

- **Chat live with www.Medicare.gov**

You can chat live at www.Medicare.gov/talk-to-someone.

- **Write to Medicare**

You can write to Medicare at PO Box 1270, Lawrence, KS 66044

- **Visit www.Medicare.gov**

The official Medicare website has information about cost, coverage, and quality StarRatings to help you compare Medicare health plans in your area.

- **Read *Medicare & You 2026***

The *Medicare & You 2026* handbook is mailed to people with Medicare every fall. It has a summary of Medicare benefits, rights and protections, and answers to the most frequently asked questions about Medicare. Get a copy at www.Medicare.gov or by calling 1-800-MEDICARE (1-800-633-4227). TTY users can call 1-877-486-2048.