

# EmblemHealth VIP Dual Reserve (HMO D-SNP) offered by Health Insurance Plan of Greater New York (HIP)/EmblemHealth

# **Annual Notice of Change for 2026**

You're enrolled as a member of EmblemHealth VIP Dual Reserve (HMO D-SNP).

This material describes changes to our plan's costs and benefits next year.

- You have from October 15 December 7 to make changes to your Medicare coverage for next year. If you don't join another plan by December 7, 2025, you'll stay in EmblemHealth VIP Dual Reserve (HMO D-SNP).
- To change to a **different plan**, visit <u>www.Medicare.gov</u> or review the list in the back of your *Medicare & You 2026* handbook.
- Note this is only a summary of changes. More information about costs, benefits, and rules is in the *Evidence of Coverage*. Get a copy at **emblemhealth.com/medicare** or call Customer Service at **1-877-344-7364** (TTY users call **711**) to get a copy by mail.

#### More Resources

- This material is available for free in Spanish.
- Call Customer Service at **1-877-344-7364** (TTY users call **711**) for more information. Hours are 8 am to 8 pm 7 days a week from October 1 to March 31 and 8 am to 8 pm Monday-Saturday, April 1 to September 30. This call is free.
- We can also provide information in a way that works for you (information in other alternate formats). Please call Customer Service at the number listed above if you need plan information in another format or language.

#### About EmblemHealth VIP Dual Reserve (HMO D-SNP)

- Health Insurance Plan of Greater New York (HIP) is an HMO D-SNP plan with a Medicare contract and a contract with the New York State Department of Health. Enrollment in HIP depends on contract renewal. HIP is an EmblemHealth company. Our plan also has a written agreement with the New York Medicaid program to coordinate your Medicaid benefits.
- When this material says "we," "us," or "our," it means HIP/EmblemHealth. When it says "plan" or "our plan," it means EmblemHealth VIP Dual Reserve (HMO D-SNP).

• If you do nothing by December 7, 2025, you'll automatically be enrolled in EmblemHealth VIP Dual Reserve. Starting January 1, 2026, you'll get your medical and drug coverage through EmblemHealth VIP Dual Reserve (HMO D-SNP). Go to Section 3 for more information about how to change plans and deadlines for making a change.

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# **Summary of Important Costs for 2026**

	2025 (this year)	2026 (next year)
Monthly plan premium*	\$0.00	\$0.00
* Your premium can be higher than this amount.		
(Go to Section 1 for details.)		
Maximum out-of-pocket amount	\$9,350	\$9,250
This is the most you'll pay out of pocket for covered Part A and Part B services. (Go to Section 1 for details.)	You are not responsible for paying any out-of-pocket costs toward the maximum out-of-pocket amount for covered Part A and Part B services.	You are not responsible for paying any out-of-pocket costs toward the maximum out-of-pocket amount for covered Part A and Part B services.
Primary care office visits	<b>\$0</b> copay per visit	<b>\$0</b> copay per visit
Specialist office visits	<b>\$0</b> copay per visit	<b>\$0</b> copay per visit
Inpatient hospital stays  Includes inpatient acute, inpatient rehabilitation, long-term care hospitals, and other types of inpatient hospital services. Inpatient hospital care starts the day you're formally admitted to the hospital with a doctor's order. The day before you're discharged is your last inpatient day.	Days: \$0 copay per day; \$0 copay per day; for each additional day; for each inpatient stay.  Unlimited days.  Prior authorization is required.	Days: \$0 copay per day; \$0 copay per day; for each additional day; for each inpatient stay.  Unlimited days.  Prior authorization is required.
Part D drug coverage deductible	\$0	\$0

	2025 (this year)	2026 (next year)
Part D drug coverage  (Go to Section 1 for details, including Yearly Deductible, Initial Coverage, and Catastrophic Coverage Stages.)	Copayment during the Initial Coverage Stage:  Your cost for a one- month supply at a network pharmacy:  Tier 1 (All Formulary Drugs):  You pay \$0 or \$1.60 or \$4.90 per generic drug prescription.	Copayment during the Initial Coverage Stage:  Your cost for a one- month supply at a network pharmacy:  Tier 1 (All Formulary Drugs):  You pay \$0 or \$1.60 or \$5.10 per generic drug prescription.
	You pay \$0 or \$4.80 or \$12.15 per brand drug prescription.  Catastrophic Coverage Stage: During this payment stage, you pay nothing for your covered Part D drugs.	You pay \$0 or \$4.90 or \$12.65 per brand drug prescription.  Catastrophic Coverage Stage: During this payment stage, you pay nothing for your covered Part D drugs.

# **SECTION 1 Changes to Benefits & Costs for Next Year**

# **Section 1.1 Changes to the Monthly Plan Premium**

	2025 (this year)	2026 (next year)
Monthly plan premium	\$0.00	\$0.00
(You must also continue to pay your Medicare Part B premium unless it's paid for you by Medicaid.)		

## **Section 1.2 Changes to Your Maximum Out-of-Pocket Amount**

Medicare requires all health plans to limit how much you pay out of pocket for the year. This limit is called the maximum out-of-pocket amount. Once you've paid this amount, you generally pay nothing for covered Part A and Part B services (and other health services not covered by Medicare) for the rest of the calendar year.

	2025 (this year)	2026 (next year)
Maximum out-of-pocket amount Because our members also get help from Medicaid, very few members ever reach this out-of- pocket maximum.  You are not responsible for paying any out-of-pocket costs toward the maximum out-of-pocket amount for covered Part A and Part B services.  Your costs for covered medical services (such as copayments) count toward your maximum out-of-pocket amount. Your costs for prescription drugs don't count toward your maximum out-of-pocket amount	\$9,350	Once you've paid \$9,250 out of pocket for covered Part A and Part B services, you'll pay nothing for your covered Part A and Part B services for the rest of the calendar year.

# **Section 1.3 Changes to the Provider Network**

Our network of providers has changed for next year. Review the 2026 *Provider Directory* to see if your providers (primary care provider, specialists, hospitals, etc.) are in our network. Here's how to get an updated *Provider Directory*:

- Visit our website at emblemhealth.com/medicare.
- Call Customer Services at **1-877-344-7364** (TTY users call **711**) to get current provider information or to ask us to mail you a Provider Directory.

We can make changes to the hospitals, doctors, and specialists (providers) that are part of our plan during the year. If a mid-year change in our providers affects you, call Customer Service at **1-877-344-7364** (TTY users call **711**) for help. For more information on your rights when a network provider leaves our plan, go to Chapter 3, Section 2.3 of your *Evidence of Coverage*.

## **Section 1.4 Changes to the Pharmacy Network**

Amounts you pay for your prescription drugs can depend on which pharmacy you use. Medicare drug plans have a network of pharmacies. In most cases, your prescriptions are covered *only* if they are filled at one of our network pharmacies.

We can make changes to the pharmacies that are part of our plan during the year. If a mid-year change in our pharmacies affects you, call Customer Service at 1-877-344-7364 (TTY users call 711) for help.

Our network of pharmacies has changed for next year. Review the 2026 *Pharmacy Directory* to see which pharmacies are in our network. Here's how to get an updated *Pharmacy Directory*:

- Visit our website at *emblemhealth.com/medicare*.
- Call Customer Services at **1-877-344-7364** (TTY users call **711**) to get current pharmacy information or to ask us to mail you a *Pharmacy Directory*.

# **Section 1.5 Changes to Benefits & Costs for Medical Services**

The Annual Notice of Change tells you about changes to your Medicare benefits and costs.

	2025 (this year)	2026 (next year)
Acupuncture (Supplemental)	Not Covered	\$0 copayment for up to 20 covered supplemental acupuncture visits per calendar year (excluding acupuncture for chronic low back pain).  Prior authorization is not required.
Ambulatory Surgery Centers	You pay a <b>\$0</b> copay for ambulatory surgery centers.  Prior authorization is required.	You pay a <b>\$0</b> copay for ambulatory surgery centers.  Prior authorization is not required.
Fitness Benefit- SilverSneakers®	Not Covered	You pay a \$0 copay for SilverSneakers® fitness benefit.
		Prior authorization is not required.

	2025 (this year)	2026 (next year)
Hearing Services	Not Covered	You pay a <b>\$0</b> copay for one routine hearing exam per year.
		You pay a <b>\$0</b> copay for one hearing aid fitting and evaluation per year.
		Our plan covers up to a \$3,000 allowance every 3 years for hearing aids.
		Limited to two devices every 3 years, both ears combined.
		Prior authorization is not required.
Mental Health Services	You pay a <b>\$0</b> copay for mental health services.	You pay a <b>\$0</b> copay for mental health services.
	Prior authorization is required.	Prior authorization is not required.
Outpatient Substance Abuse Services	You pay a <b>\$0</b> copay for outpatient substance abuse services.	You pay a <b>\$0</b> copay for outpatient substance abuse services.
	Prior authorization is required.	Prior authorization is not required.
Over-the-Counter (OTC) Items	Our plan will cover \$20 per month for Medicare-eligible over-the-counter (OTC) items at participating locations.	Our plan will cover \$80 per month for Medicare-eligible over-the-counter (OTC) items at participating locations.
	This amount does not roll-over month-to-month and will expire at the end of each month.	This amount does not roll-over month-to-month and will expire at the end of each month.
Psychiatric Services	You pay a <b>\$0</b> copay for psychiatric services.	You pay a <b>\$0</b> copay for psychiatric services.
	Prior authorization is required.	Prior authorization is not required.

	2025 (this year)	2026 (next year)
Vision Care	Our plan covers up to a \$500 allowance every year for one pair of routine eyeglasses or contact lenses.	Our plan covers up to a \$350 allowance every year for routine eyeglasses or contact lenses up to allowance.

#### **Section 1.6 Changes to Part D Drug Coverage**

#### **Changes to Our Drug List**

Our list of covered drugs is called a formulary or Drug List. A copy of our Drug List is provided electronically.

We made changes to our Drug List, which could include removing or adding drugs, changing the restrictions that apply to our coverage for certain drugs, or moving them to a different cost-sharing tier. Review the Drug List to make sure your drugs will be covered next year and to see if there will be any restrictions, or if your drug has been moved to a different cost-sharing tier.

Most of the changes in the Drug List are new for the beginning of each year. However, we might make other changes that are allowed by Medicare rules that will affect you during the calendar year. We update our online Drug List at least monthly to provide the most up-to-date list of drugs. If we make a change that will affect your access to a drug you're taking, we'll send you a notice about the change.

If you're affected by a change in drug coverage at the beginning of the year or during the year, review Chapter 9 of your *Evidence of Coverage* and talk to your prescriber to find out your options, such as asking for a temporary supply, applying for an exception, and/or working to find a new drug. Call Customer at **1-877-344-7364** (TTY users call **711**) for more information.

Starting in 2026, we may immediately remove brand name drugs or original biological products on our Drug List if, we replace them with new generics or certain biosimilar versions of the brand name drug or original biological product with the same or fewer restrictions. Also, when adding a new version, we can decide to keep the brand name drug or original biological product on our Drug List but immediately add new restrictions.

For example: if you take a brand name drug or biological product that's being replaced by a generic or biosimilar version, you may not get notice of the change 30 days in advance, or before you get a month's supply of the brand name drug or biological product. You might get information on the specific change after the change is already made.

Some of these drug types may be new to you. For definitions of drug types, go to Chapter 12 of your *Evidence of Coverage*. The Food and Drug Administration (FDA) also provides consumer information on drugs. Go to the FDA website: <a href="www.FDA.gov/drugs/biosimilars/multimedia-education-materials-biosimilars#For%20Patients">www.FDA.gov/drugs/biosimilars/multimedia-education-materials-biosimilars#For%20Patients</a>. You can also call Customer Service at 1-877-344-7364 (TTY users call 711) or ask your health care provider, prescriber, or pharmacist for more information.

## Section 1.7 Changes to Prescription Drug Benefits & Costs

#### Do you get Extra Help to pay for your drug coverage costs?

If you're in a program that helps pay for your drugs (Extra Help), **the information about costs for Part D drugs may not apply to you**. We sent you a separate material, called the *Evidence of Coverage Rider for People Who Get Extra Help Paying for Prescription Drugs*, which tells about your drug costs. If you get Extra Help and you don't get this material by December 31, 2025, call Customer Service at **1-877-344-7364** (TTY users call **711**) and ask for the *LIS Rider*.

#### **Drug Payment Stages**

There are 3 **drug payment stages:** the Yearly Deductible Stage, the Initial Coverage Stage, and the Catastrophic Coverage Stage. The Coverage Gap Stage and the Coverage Gap Discount Program no longer exist in the Part D benefit.

#### • Stage 1: Yearly Deductible

We have no deductible, so this payment stage doesn't apply to you.

#### • Stage 2: Initial Coverage

In this stage, our plan pays its share of the cost of your drugs, and you pay your share of the cost. You generally stay in this stage until your year-to-date Out-of-Pocket costs reach \$2,100.

#### • Stage 3: Catastrophic Coverage

This is the third and final drug payment stage. In this stage, you pay nothing for your covered Part D drugs. You generally stay in this stage for the rest of the calendar year.

The Coverage Gap Discount Program has been replaced by the Manufacturer Discount Program. Under the Manufacturer Discount Program, drug manufacturers pay a portion of our plan's full cost for covered Part D brand name drugs and biologics during the Initial Coverage Stage and the Catastrophic Coverage Stage. Discounts paid by manufacturers under the Manufacturer Discount Program don't count toward out-of-pocket costs.

The table shows your cost per prescription during this stage.

	2025 (this year)	2026 (next year)
Yearly Deductible	Because we have no deductible, this payment stage doesn't apply to you.	Because we have no deductible, this payment stage doesn't apply to you.

## **Drug Costs in Stage 2: Initial Coverage**

The table shows your cost per prescription for a one-month supply filled at a network pharmacy.

Most adult Part D vaccines are covered at no cost to you. For more information about the costs of vaccines, or information about the costs for a long-term supply; at a network pharmacy; or for mail-order prescriptions, go to Chapter 6 of your *Evidence of Coverage*.

Once you've paid \$2,100 out of pocket for covered Part D drugs, you'll move to the next stage (the Catastrophic Coverage Stage).

	2025 (this year)	2026 (next year)
All Formulary Drugs:	Tier 1 (All Formulary Drugs):	Tier 1 (All Formulary Drugs):
	You pay <b>\$0</b> or <b>\$1.60</b> or <b>\$4.90</b> per generic drug prescription.	You pay <b>\$0</b> or <b>\$1.60</b> or <b>\$5.10</b> per generic drug prescription.
	You pay <b>\$0</b> or <b>\$4.80</b> or <b>\$12.15</b> per brand drug prescription.	You pay <b>\$0</b> or <b>\$4.90</b> or <b>\$12.65</b> per brand drug prescription.

#### **Changes to the Catastrophic Coverage Stage**

For specific information about your costs in the Catastrophic Coverage Stage, go to Chapter 6, Section 6, in your *Evidence of Coverage*.

# **SECTION 2 Administrative Changes**

	2025 (this year)	2026 (next year)
Diabetes self-management training, diabetic services, and supplies	Covered diabetic supplies are limited to Abbott Diabetes Care and LifeScan products.	Covered diabetic supplies are limited to Abbott Diabetes Care and Ascensia products.
	Quantity limits apply to lancets and test strips (5 strips and lancets per day for insulin-users and 4 strips and lancets per day for non-insulin users).	Quantity limits apply to lancets and test strips (204 test strips and lancets per 30 days).
Medicare Part D pharmacy benefit manager	Express Scripts manages Part D prescription drug benefit including mail order delivery.	Prime Therapeutics manages Part D prescription drug benefit. You can get mail order through Amazon or Express Scripts. When you get your new ID card, ask your pharmacist to update your prescription information.
	Some Part D drugs are subject to step therapy.	Part D drugs are not subject to step therapy.
Medicare Prescription Payment Plan	The Medicare Prescription Payment Plan is a payment option that began this year and can help you manage your out-of-pocket costs for drugs covered by our plan by spreading them across the calendar year (January-December). You may be participating in this payment option.	If you're participating in the Medicare Prescription Payment Plan and stay in the same Part D plan, your participation will be automatically renewed for 2026.  To learn more about this payment option, call us at 1-833-746-5914 (TTY users call 711) or visit www.Medicare.gov.

## **SECTION 3** How to Change Plans

To stay in EmblemHealth VIP Dual Reserve (HMO D-SNP), you don't need to do anything. Unless you sign up for a different plan or change to Original Medicare by December 7, you'll automatically be enrolled in our EmblemHealth VIP Dual Reserve (HMO D-SNP).

If you want to change plans for 2026, follow these steps:

- To change to a different Medicare health plan, enroll in the new plan. You'll be automatically disensolled from EmblemHealth VIP Dual Reserve (HMO D-SNP).
- To change to Original Medicare with Medicare drug coverage, enroll in the new Medicare drug plan. You'll be automatically disenrolled from EmblemHealth VIP Dual Reserve (HMO D-SNP).
- To change to Original Medicare without a drug plan, you can send us a written request to disenroll. Call Customer Service at 1-877-344-7364 (TTY users call 711) for more information on how to do this. Or call Medicare at 1-800-MEDICARE (1-800-633-4227) and ask to be disenrolled. TTY users can call 1-877-486-2048. If you don't enroll in a Medicare drug plan, you may pay a Part D late enrollment penalty (go to Section 4).
- To learn more about Original Medicare and the different types of Medicare plans, visit <a href="www.Medicare.gov">www.Medicare.gov</a>, check the *Medicare & You 2026* handbook, call your State Health Insurance Assistance Program (go to Section 5), or call 1-800-MEDICARE (1-800-633-4227). As a reminder, HIP/EmblemHealth offers other Medicare health plans. These other plans can differ in coverage, monthly plan premiums, and cost-sharing amounts.

# **Section 3.1 Deadlines for Changing Plans**

People with Medicare can make changes to their coverage from **October 15 – December 7** each year.

If you enrolled in a Medicare Advantage plan for January 1, 2026, and don't like your plan choice, you can switch to another Medicare health plan (with or without Medicare drug coverage) or switch to Original Medicare (with or without separate Medicare drug coverage) between January 1 – March 31, 2026.

# Section 3.2 Are there other times of the year to make a change?

In certain situations, people may have other chances to change their coverage during the year. Examples include people who:

- Have Medicaid
- Get Extra Help paying for their drugs
- Have or are leaving employer coverage

• Move out of our plan's service area

Because you have Medicaid, you can end your membership in our plan by choosing one of the following Medicare options in any month of the year:

- o Original Medicare with a separate Medicare prescription drug plan,
- Original Medicare *without* a separate Medicare prescription drug plan (If you choose this option, Medicare may enroll you in a drug plan, unless you have opted out of automatic enrollment.), or
- o If eligible, an integrated D-SNP that provides your Medicare and most or all of your Medicaid benefits and services in one plan.

If you recently moved into or currently live in an institution (like a skilled nursing facility or long-term care hospital), you can change your Medicare coverage **at any time**. You can change to any other Medicare health plan (with or without Medicare drug coverage) or switch to Original Medicare (with or without separate Medicare drug coverage) at any time. If you recently moved out of an institution, you have an opportunity to switch plans or switch to Original Medicare for 2 full months after the month you move out.

## **SECTION 4 Get Help Paying for Prescription Drugs**

You may qualify for help paying for prescription drugs. Different kinds of help are available:

- Extra Help from Medicare. People with limited incomes may qualify for Extra Help to pay for their prescription drug costs. If you qualify, Medicare could pay up to 75% or more of your drug costs, including monthly drug plan premiums, yearly deductibles, and coinsurance. Also, people who qualify won't have a late enrollment penalty. To see if you qualify, call:
  - o 1-800-MEDICARE (1-800-633-4227). TTY users can call 1-877-486-2048, 24 hours a day, 7 days a week.
  - o Social Security at 1-800-772-1213 between 8 a.m. and 7 p.m., Monday Friday for a representative. Automated messages are available 24 hours a day. TTY users can call, 1-800-325-0778.
  - o Your State Medicaid office.
- Help from your state's pharmaceutical assistance program (SPAP). New York has a program called Elderly Pharmaceutical Insurance Coverage (EPIC) that helps people pay for prescription drugs based on their financial need, age, or medical condition. To learn more about the program, check with your State Health Insurance Assistance Program (SHIP). To get the phone number for your state, visit shiphelp.org, or call 1-800-MEDICARE.

- Prescription Cost-sharing Assistance for Persons with HIV/AIDS. The AIDS Drug Assistance Program (ADAP) helps ensure that ADAP-eligible people living with HIV/AIDS have access to life-saving HIV medications. To be eligible for the ADAP operating in your state, you must meet certain criteria, including proof of state residence and HIV status, low income as defined by the state, and uninsured/under-insured status. Medicare Part D drugs that are also covered by ADAP qualify for prescription cost-sharing help through the New York State Uninsured Care Program. For information on eligibility criteria, covered drugs, how to enroll in the program, or, if you're currently enrolled, how to continue getting help, call 1-800-542-2437. Be sure, when calling, to inform them of your Medicare Part D plan name or policy number.
- The Medicare Prescription Payment Plan. The Medicare Prescription Payment Plan is a payment option that works with your current drug coverage to help you manage your out-of-pocket costs for drugs covered by our plan by spreading them across the calendar year (January December). Anyone with a Medicare drug plan or Medicare health plan with drug coverage (like a Medicare Advantage plan with drug coverage) can use this payment option. This payment option might help you manage your expenses, but it doesn't save you money or lower your drug costs.

Extra Help from Medicare and help from your SPAP and ADAP, for those who qualify, is more advantageous than participation in the Medicare Prescription Payment Plan. All members are eligible to participate the Medicare Prescription Payment Plan, regardless of income level. To learn more about this payment option, call us at **1-833-746-5914** (TTY users call **711**) or visit <a href="www.Medicare.gov">www.Medicare.gov</a>.

#### **SECTION 5 Questions?**

# Get Help from EmblemHealth VIP Dual Reserve (HMO D-SNP)

• Call Customer Service at 1-877-344-7364. (TTY users call 711).

We're available for phone calls 8 am to 8 pm 7 days a week from October 1 to March 31 and 8 am to 8 pm Monday- Saturday, April 1 to September 30. Calls to these numbers are free.

• Read your 2026 Evidence of Coverage

This *Annual Notice of Change* gives you a summary of changes in your benefits and costs for 2026. For details, go to the 2026 *Evidence of Coverage* for EmblemHealth VIP Dual Reserve (HMO D-SNP). The *Evidence of Coverage* is the legal, detailed description of our plan benefits. It explains your rights and the rules you need to follow to get covered services and prescription drugs. Get the *Evidence of Coverage* on our website at **emblemhealth.com/medicare** or call Customer Service at **1-877-344-7364** (TTY users call **711**) to ask us to mail you a copy.

#### • Visit emblemhealth.com/medicare

Our website has the most up-to-date information about our provider network (*Provider Directory/Pharmacy Directory*) and our *List of Covered Drugs* (formulary/Drug List).

## **Get Free Counseling about Medicare**

The State Health Insurance Assistance Program (SHIP) is an independent government program with trained counselors in every state. In New York State, the SHIP is called Health Insurance Information Counseling and Assistance Program (HIICAP).

Call HIICAP to get free personalized health insurance counseling. They can help you understand your Medicare and Medicaid plan choices and answer questions about switching plans. Call HIICAP at **1-800-701-0501**. Learn more about HIICAP by visiting their website at **www.aging.ny.gov**.

# **Get Help from Medicare**

• Call 1-800-MEDICARE (1-800-633-4227)

You can call 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users can call 1-877-486-2048.

#### • Chat live with <u>www.Medicare.gov</u>

You can chat live at www.Medicare.gov/talk-to-someone.

#### • Write to Medicare

You can write to Medicare at PO Box 1270, Lawrence, KS 66044

#### • Visit <u>www.Medicare.gov</u>

The official Medicare website has information about cost, coverage, and quality Star Ratings to help you compare Medicare health plans in your area.

#### • Read Medicare & You 2026

The *Medicare & You 2026* handbook is mailed to people with Medicare every fall. It has a summary of Medicare benefits, rights and protections, and answers to the most frequently asked questions about Medicare. Get a copy at <a href="www.Medicare.gov">www.Medicare.gov</a> or by calling 1-800-MEDICARE (1-800-633-4227). TTY users can call 1-877-486-2048.

# **Get Help from Medicaid**

Call the New York State Department of Health (Medicaid) at 1-800-541-2831. TTY users 711. for help with Medicaid enrollment or benefit questions.