

## Over-the-Counter (OTC) Covered Items

EmblemHealth VIP Dual Reserve (HMO D-SNP), EmblemHealth VIP Value (HMO-POS), EmblemHealth VIP Dual (HMO D-SNP), and EmblemHealth VIP Dual Enhanced (HMO D-SNP) plans, outside of Bronx, Kings, New York, and Queens counties, include coverage for retail over-the-counter (OTC) items. You can use your OTC card to buy covered\* items from any participating OTC pharmacy.

For more information about participating OTC pharmacies, please visit [MyBenefitsCenter.com](https://www.MyBenefitsCenter.com).

For more information about mail-order OTC, please visit [Conveybenefits.com/EmblemHealth](https://www.Conveybenefits.com/EmblemHealth).

Please note you can only use this benefit to buy items for yourself.

### **Abdominal Supports & Rib Belts**

#### **Acid Controllars**

#### **Allergy**

Allergy Liquids,  
Tabs & Caps  
Allergy Nasal Sprays,  
Drops & Inhalers

#### **Anti-Diarrheals**

Anti-Diarrheal Tabs,  
Liquids & Caps

#### **Antifungal Treatments**

Antifungal Powders,  
Creams, Liquids  
& Sprays  
Nail Fungus Treatments

#### **Anti-Gas**

Mixed/Miscellaneous  
Anti-Gas

#### **Anti-Itch Treatments**

Anti-Itch Treatments  
(Excluding  
Hydrocortisone),  
Jock Itch & Insect  
Bite Remedies  
Hydrocortisone Products

#### **Antiparasitic Treatments**

Lice Treatments &  
Accessories

#### **Braces**

Ankle & Foot  
Elbow & Arm  
Hand & Wrist  
Joint Warmers & Arthritis  
Knee, Thigh, Calf & Shin

### **Contact Lens Care**

Gas Permeable &  
Hard Lens Care  
Soft Lens Cleaners  
Soft Lens Multi-Purpose  
& Saline Solutions  
Soft Lens Rewetting  
Drops

### **Cough, Cold, Flu & Sinus**

Cold & Flu Preventatives/  
Symptom Reducers  
Cough, Cold, Flu & Sinus  
Liquids, Tabs & Caps

### **Cough Drops, Sore Throat Relief**

Sore Throat Pain Relief  
Throat & Cough Drops

### **Denture Care**

Alcohol Swabs & Wipes  
Denture Adhesives  
Denture Repair &  
Pain Relief

### **Diabetes Health & Personal Care**

Diabetes Cough,  
Cold & Allergy  
Diabetes Skin Care &  
External Pain Relief  
Diabetes Supplements

### **Digestive Aids**

Lactose Intolerance  
Prebiotics & Probiotics

### **Diuretics & Weight Loss Cleansing & Detox**

Diuretics  
Weight Loss Cleansing  
& Detox

### **Ear Care**

Ear Drops & Syringes

Hearing Aids  
Lipoflavonoids

### **Elastic Bandages & Athletic Treatments**

Athletic Treatments  
Elastic Bandages  
Protective Guards

### **External Pain Relief**

External Muscle/Joint  
Pain Relief Patches,  
Pads, Creams,  
Ointments, Gels,  
Lotions, Liquids,  
Roll-Ons & Sprays

### **Eye Care**

Magnifying Glasses  
Reading Glasses

### **Eye Preparations (Includes Sleep Masks)**

Dry Eye Relief  
Eye Relief Products  
Eye Wash

### **Facial & Body Acne Medications**

Acne Creams, Gels,  
Lotions, Patches,  
Soaps, Cleansers,  
Astringents,  
Toners & Pads

### **Feminine Antifungal**

#### **First Aid Dressings**

Adhesive & Liquid  
Bandages  
Finger Cots & Splints  
First Aid Kits,  
Supplies & Tapes  
Gauze Pads, Dressings  
& Rolls

Masks (Respiratory,  
Barrier, etc.)  
Protective Gloves  
Surgical Bandages  
& Dressings

### **First Aid Treatments**

Antiseptics & Medicated  
Products  
(Includes Alcohol,  
Peroxide, Epsom  
Salt, etc.)  
Skin Protectants  
(Includes  
Petroleum Jelly)  
Skin Treatments  
(Includes Burn & Scar)  
Topical Antibiotics  
Wound Cleansers

### **Floss & Gum Care**

Dental Gum  
Floss & Flossers  
Gum Care

### **Foot Cushioning & Treatments**

Corn, Callus &  
Bunion Pads  
Corn & Callus Removers

### **Foot Pain Relief**

Athletic Support Socks  
General Compression  
Sleeves & Garments  
General Support — Low  
Compression  
(8-15 mmHg) &  
Medical Support  
High Compression  
(Over 8-15 mmHg)  
Lymphedema Treatments  
(Sleeves, Socks,  
Pumps, etc.)

Medical Compression  
Sleeves & Garments  
Mixed/Miscellaneous  
General Support —  
Low Compression  
(8-15mmHg)  
Medical Support &  
Accessories  
(Knee High, Thigh  
High & Waist High)  
Men's Support Hose  
Women's High  
Compression  
Support Hose —  
Full & Maternity  
Women's Support Hose  
— Knee High, Thigh  
High, Full & Maternity

### **Hemorrhoid Preparations**

Hemorrhoid Treatments,  
Wipes & Washes

### **Home Diagnostics & Aids for Daily Living**

Bathing & Oral  
Hygiene Aids  
Blood Pressure Kits  
& Accessories  
Drug & Alcohol Tests  
Electric Heating Pads  
Grooming & Dressing Aids  
Medical Alert IDs  
& Devices  
Medicine Dosers,  
Pillboxes, Organizers  
& Reminders  
Mobility Safety:  
Stair Rails, Stair  
Treads, Temporary  
Mobility Ramps

(Continued)

Health Insurance Plan of Greater New York (HIP) is an HMO/HMO-POS plan with a Medicare contract and an HMO D-SNP plan with a Medicare contract and a contract with the New York State Department of Health. Enrollment in HIP depends on contract renewal. HIP is an EmblemHealth company.

EmblemHealth Plan, Inc., Health Insurance Plan of Greater New York (HIP), EmblemHealth Insurance Company and EmblemHealth Services Company, LLC are EmblemHealth companies. EmblemHealth Services Company, LLC provides administrative services to the EmblemHealth companies.

## Over-the-Counter (OTC) Covered Drugs and Items (Continued)

Nightlights, Safety  
Lights & Pill Cutters  
Reachers, Grippers  
& Lifts  
Reading, Writing &  
Telephone Aids  
Stethoscopes &  
Accessories  
Thermometers, Fever  
Strips & Accessories

### Home Health Care

Bathtub Safety &  
Accessories  
Bathtub & Toilet  
Rails & Frames  
Elevated Toilet Seats  
& Accessories  
Grab Bars & Handles  
Hand Held Showers  
Mixed/Miscellaneous  
Bathroom Safety  
Sitz Baths & Bidets

### Incontinence Personal Care

Deodorizers  
Disposable  
Underwear, Briefs,  
Undergarments,  
Underpads, Pads,  
Shields, Guards &  
Drip Collectors  
Perineal — Only  
Antifungals  
Perineal — Only  
Cleansers & Washes  
Perineal — Only  
Moisturizers, Barriers  
& Protectants  
Perineal — Only Wipes  
& Novelettes

### Laxatives

Enemas, Laxative  
Suppositories,  
Kits, etc.

Fiber Products  
Laxative Liquids &  
Combination Stool-  
Softener Products  
Non-Liquid Laxatives  
(Non-Fiber) &  
Combination Stool-  
Softener Products  
Stool Softeners

### Lip Care

Medicated Lip  
Treatments

### Nasal

Decongestant Nasal  
Sprays, Drops  
& Inhalers  
Nasal Moisturizers,  
Washes, Strips &  
Snore Relief

### Oral Remedies (Includes Fluoride Treatments)

Dry Mouth  
Oral Pain Relief &  
Mouth Sores  
Temporary Dental  
Repair

### Orthopedic & Surgical Support

Arm Slings &  
Cervical Collars  
Hernia Supports &  
Suspenders  
Sacro & Back Braces  
Shoulder & Clavicle  
Braces

### Pain Relief

Adult Acetaminophen  
Adult Aspirin &  
Combinations  
Adult Ibuprofen & Other  
Anti-Inflammatories  
Adult Nighttime  
Pain Relief

Adult Specialty  
Pain Relief  
Feminine Pain Relief

### Patient Skin Support

Antifungals  
Instant Hand Sanitizers  
Moisturizers, Barriers  
& Protectants

### Physical Fitness & Exercise Equipment

Fitness Trackers &  
Pedometers

### Respiratory Treatments

Asthma Preparations  
Humidifiers &  
Accessories  
Repository Treatments  
Vapor Products  
(Includes Waterless  
Vaporizers)

### Reusable Incontinence

Reusable Garments  
& Underpads

### Sleep Aids, Stimulants & Motion Sickness

Motion Sickness  
& Vertigo  
Sleep Aids, Sedatives  
& Stimulants

### Smoking Deterrents

Nicotine Patches,  
Gums & Lozenges

### Specialized Orthopedic Braces/Supports/ Splints

Specialized Ankle  
& Foot Braces/  
Supports/Splints  
Specialized Elbow  
& Arm Braces/  
Supports/Splints

Specialized Hinged  
Knee Braces/  
Supports/Splints  
Specialized Knee  
Immobilizer Braces/  
Supports/Splints  
Specialized Shoulder  
& Clavicle Braces/  
Supports/Splints  
Specialized Thigh  
& Calf Braces/  
Supports/Splints  
Specialized Wrist  
& Hand Braces/  
Supports/Splints

### Specialized Wound Care

Alginate Dressings  
Collagen Dressings  
Foam Dressings  
Gauze Dressings, Pads,  
Sponges & Packing  
Hydrocolloid/Hydrogel  
Dressings  
Tapes, Wraps &  
Compression  
Transparent Dressings  
Wound Cleansers,  
Treatments &  
Accessories

### Stomach Remedies

Antacids  
Antacid Liquids,  
Tabs & Caps  
Effervescent Antacids  
& Combinations  
Multi-Symptom &  
Nausea Products

### Sun Protection

Sport Sun Protection  
Sun Protection  
(< SPF 50)  
Sun Protection  
(SPF 50+)

### Supplements

Enzymes, Amino Acids  
& Hormones  
Eye Health Vitamins  
General Health  
Prebiotics & Probiotics  
Menopause  
Support (Soy)  
Weight Management  
Tabs & Caps

### Toothbrushes

Battery & Rechargeable  
Toothbrushes & Refills  
Manual Toothbrushes  
& Accessories

### Toothpastes & Treatments

Regular & Sensitive  
Toothpastes  
Tooth Powders &  
Treatments  
Whitening Toothpastes

### Urine Testing

Urine Test Strips & Tabs

### Vitamins

Calcium  
CoQ10 Only (Ubiquinol)  
Eye Health Vitamins  
Heart Health & Essential  
Fatty Acids (Fish Oil,  
Flax, GLA, etc.)  
Iron  
Joint Health (Including  
Glucosamine)  
Multi-Minerals  
Vitamin B & Vitamin  
B Complex  
Vitamin C  
Vitamin D  
Vitamin E

### Wart Removers

Liquids & Pads

\* For a comprehensive list of covered items, please visit [MyBenefitsCenter.com](https://www.MyBenefitsCenter.com).

### Over-the-Counter Non-Covered Items

Diabetes Care (blood glucose testing, continuous glucose  
monitoring devices, insulin, syringes & delivery systems).  
These items may be covered under your medical plan benefits.  
Please see your Evidence of Coverage for more information.  
Covid Tests

Foot Care (foot grooming, foot moisturizers, exfoliators &  
cleansers, odor & wetness treatment insoles/inserts)  
Non-prescription hearing aids.  
Oral Care (mouthwash & breath remedies)

The product list is subject to change. Items, quantities, sizes, and values may change depending on availability at the retailer.  
Only certain brands are included.