



2026 Benefit Plans With No Referrals Required

Providers should allow members with these plans to make an appointment without a referral.

Note: Referrals are also waived for SOMOS-managed members.

Please print the list below as a reference for your staff, especially for appointment schedulers.



2026 EmblemHealth Benefit Plans With No Referrals Required

Commercial Plans

- Access I/Access II
- DC37 Med-Team (New York City plan)
- EmblemHealth Bronze Premier
- EmblemHealth Bronze Plus HSA
- EmblemHealth ConsumerDirect EPO/PPO
- EmblemHealth EPO/PPO
- EmblemHealth EPO/PPO Value
- EmblemHealth EPO Value HDHP
- EmblemHealth Gold Premier
- EmblemHealth InBalance EPO/PPO
- EmblemHealth Platinum Premier
- EmblemHealth Silver Plus HSA
- EmblemHealth Silver Premier
- New York City Employees PPO (NYCE PPO)
- Essential Plan 200-250
- Essential Plan 1
- Essential Plan 2
- Essential Plan 3
- Essential Plan 4

Medicare Advantage Plans

VIP Bold Network

- EmblemHealth VIP Dual (HMO D-SNP)
- EmblemHealth VIP Gold (HMO)
- EmblemHealth VIP Gold Plus (HMO)
- EmblemHealth VIP Value (HMO-POS)
- EmblemHealth VIP Dual Enhanced (HMO D-SNP)

VIP Reserve Network

EmblemHealth VIP Dual Reserve (HMO D-SNP)

Medicare Choice PPO Network

EmblemHealth Group Access Rx (PPO)

State-Sponsored Programs

- EmblemHealth Enhanced Care (Medicaid)
- EmblemHealth Enhanced Care Plus (HARP)
- Child Health Plus