

## **Orthopedic Footwear**

Last Review Date: September 8, 2023 Number: MG.MM.DM.04bC9

#### Medical Guideline Disclaimer

Property of EmblemHealth. All rights reserved. The treating physician or primary care provider must submit to EmblemHealth the clinical evidence that the patient meets the criteria for the treatment or surgical procedure. Without this documentation and information, EmblemHealth will not be able to properly review the request for prior authorization. The clinical review criteria expressed below reflects how EmblemHealth determines whether certain services or supplies are medically necessary. EmblemHealth established the clinical review criteria based upon a review of currently available clinical information (including clinical outcome studies in the peer reviewed published medical literature, regulatory status of the technology, evidence-based guidelines of public health and health research agencies, evidence-based guidelines and positions of leading national health professional organizations, views of physicians practicing in relevant clinical areas, and other relevant factors). EmblemHealth expressly reserves the right to revise these conclusions as clinical information changes and welcomes further relevant information. Each benefit program defines which services are covered. The conclusion that a particular service or supply is medically necessary does not constitute a representation or warranty that this service or supply is covered and/or paid for by EmblemHealth, as some programs exclude coverage for services or supplies that EmblemHealth considers medically necessary. If there is a discrepancy between this guideline and a member's benefits program, the benefits program will govern. In addition, coverage may be mandated by applicable legal requirements of a state, the Federal Government or the Centers for Medicare & Medicaid Services (CMS) for Medicare and Medicaid members. All coding and web site links are accurate at time of publication. EmblemHealth Services Company, LLC and Health Insurance Plan of Greater New York (HIP) related to health benefit plans offered by these entities. All of the aforemention

#### **Definitions**

**Prosthetics**: Appliances or devices that are used for the purpose of supporting a weak or deformed body part, or to restrict or eliminate motion in a diseased body or injured part of the body.

**Prosthetic shoe**: A device used when all or a substantial portion of the front part of the foot is missing. The function of the prosthetic shoe is quite distinct from that of the excluded orthopedic shoe and supportive foot devices, which are used by individuals whose feet, although impaired, are essentially intact.

**Prescribing physician**: Writes the order for the therapeutic shoe, modification or insert. The prescribing physician must be a DPM, MD or DO, and may also be the supplier.

**Certifying physician**: Provides the medical care for the beneficiary's condition and must be an MD or a DO but **not** a DPM. The certifying physician may only be the supplier if the patient is residing in a defined rural area or a defined health professional shortage area.

**Supplier**: Actually furnishes the shoe, modification or insert to the beneficiary and bills the Plan. The supplier must be a DPM, pedorthist, orthotist, prosthetist, or other qualified individual.

### Guideline

Prosthetic shoes (including inserts and other modifications) are considered medically necessary DME when either of the following criteria is met:

- The shoe is an integral part of a prosthesis for a partially amputated foot.
- The shoe is medically necessary for the proper functioning of a covered leg brace. (Prerequisite not applicable to Medicaid members effective April 1, 2011)

(Note: Covered shoes for this guideline include high top, depth inlay or custom-made shoes for non diabetics, etc.; shoes for diabetics may be found in MCG #A-0875, Therapeutic Diabetic Shoes, or Local Coverage Determination [LCD] Therapeutic Shoes for Persons with Diabetes, for Medicare members)

### **Limitations/Exclusions**

The following items are not considered medically necessary:

- A matching shoe for a member with a leg brace, as it is not attached to the brace.
- Shoes placed over a partial foot prosthesis or other lower extremity prosthesis that is attached to the residual limb by other mechanisms.
- Modifications, inserts and heel or sole replacements for noncovered shoes, which do not meet the criteria put forth in this guideline.

Prior approval for customized DME prosthetic and orthotic supplies is required. In order to obtain prior approval, the Plan must be in receipt of an order for the shoes, inserts or modifications that has been signed by the prescribing physician. The supplier must keep the order on file. If the prescribing physician is the supplier, a separate order is not required; however, the item provided must be clearly noted in the member's record. A new order is not required for replacement of an insert or modification within 1 year of the order on file. If the time frame exceeds 1 year, a new order is required. The supplier's records should document the reason for the replacement.

## **Applicable Procedure Codes**

A9283	Foot pressure off loading/supportive device, any type, each
L3000	Foot, insert, removable, molded to patient model, UBC type, Berkeley shell, each
L3001	Foot, insert, removable, molded to patient model, spenco, each
L3002	Foot, insert, removable, molded to patient model, Plastazote or equal, each
L3003	Foot, insert, removable, molded to patient model, silicone gel, each
L3010	Foot, insert, removable, molded to patient model, longitudinal arch support, each
L3020	Foot, insert, removable, molded to patient model, longitudinal/ metatarsal support, each
L3030	Foot, insert, removable, formed to patient foot, each
L3031	Foot, insert/plate, removable, addition to lower extremity orthosic, high strength, lightweight material, all hybrid lamination/prep reg composite, each
L3040	Foot, arch support, removable, premolded, longitudinal, each
L3050	Foot, arch support, removable, pre molded metatarsal, each
L3060	Foot, arch support, removable, pre molded, longitudinal/ metatarsal, each
L3070	Foot, arch support, non-removable attached to shoe, longitudinal, each
L3080	Foot, arch support, non-removable attached to shoe, metatarsal, each
L3090	Foot, arch support, non-removable attached to shoe, longitudinal/metatarsal, each
L3100	Hallus-valgus night dynamic splint, prefabricated, off-the-shelf
L3140	Foot, abduction rotation bar, including shoes
L3150	Foot, abduction rotation bar, without shoes
L3160	Foot, adjustable shoe-styled positioning device
L3170	Foot, plastic, silicone or equal, heel stabilizer, prefabricated, off-the-shelf, each
L3201	Orthopedic shoe, Oxford with supinator or pronator, infant
L3202	Orthopedic shoe, Oxford with supinator or pronator, child
L3203	Orthopedic shoe, Oxford with supinator or pronator, junior
L3204	Orthopedic shoe, hightop with supinator or pronator, infant

L3206	Orthopedic shoe, hightop with supinator or pronator, child
L3207	Orthopedic shoe, hightop with supinator or pronator, junior
L3208	Surgical boot, each, infant
L3209	Surgical boot, each, child
L3211	Surgical boot, each, junior
L3212	Benesch boot, pair, infant
L3213	Benesch boot, pair, child
L3214	Benesch boot, pair, junior
L3215	Orthopedic footwear, ladies shoe, oxford, each
L3216	Orthopedic footwear, ladies shoe, depth inlay, each
L3217	Orthopedic footwear, ladies shoe, hightop, depth inlay, each
L3219	Orthopedic footwear, mens shoe, oxford, each
L3221	Orthopedic footwear, mens shoe, depth inlay, each
L3222	Orthopedic footwear, mens shoe, hightop, depth inlay, each
L3224	Orthopedic footwear, woman's shoe, oxford, used as an integral part of a brace (orthosic)
L3225	Orthopedic footwear, man's shoe, oxford, used as an integral part of a brace (orthosic)
L3230	Orthopedic footwear, custom shoe, depth inlay, each
L3250	Orthopedic footwear, custom molded shoe, removable inner mold, prosthetic shoe, each
L3251	Foot, shoe molded to patient model, silicone shoe, each
L3252	Foot, shoe molded to patient model, Plastazote (or similar), custom fabricated, each
L3253	Foot, molded shoe Plastazote (or similar) custom fitted, each
L3254	Non-standard size or width
L3255	Non-standard size or length
L3257	Orthopedic footwear, additional charge for split size
L3260	Surgical boot/shoe, each
L3265	Plastazote sandal, each
L3300	Lift, elevation, heel, tapered to metatarsals, per in
L3310	Lift, elevation, heel and sole, neoprene, per in
L3320	Lift, elevation, heel and sole, cork, per in
L3330	Lift, elevation, metal extension (skate)
L3332	Lift, elevation, inside shoe, tapered, up to one-half in
L3334	Lift, elevation, heel, per in
L3340	Heel wedge, SACH
L3350	Heel wedge
L3360	Sole wedge, outside sole
L3370	Sole wedge, between sole
L3380	Clubfoot wedge
L3390	Outflare wedge

L3400	Metatarsal bar wedge, rocker
L3410	Metatarsal bar wedge, between sole
L3420	Full sole and heel wedge, between sole
L3430	Heel, counter, plastic reinforced
L3440	Heel, counter, leather reinforced
L3450	Heel, SACH cushion type
L3455	Heel, new leather, standard
L3460	Heel, new rubber, standard
L3465	Heel, Thomas with wedge
L3470	Heel, Thomas extended to ball
L3480	Heel, pad and depression for spur
L3485	Heel, pad, removable for spur
L3500	Orthopedic shoe addition, insole, leather
L3510	Orthopedic shoe addition, insole, rubber
L3520	Orthopedic shoe addition, insole, felt covered with leather
L3530	Orthopedic shoe addition, sole, half
L3540	Orthopedic shoe addition, sole, full
L3550	Orthopedic shoe addition, toe tap standard
L3560	Orthopedic shoe addition, toe tap, horseshoe
L3570	Orthopedic shoe addition, special extension to instep (leather with eyelets)
L3580	Orthopedic shoe addition, convert instep to Velcro closure
L3590	Orthopedic shoe addition, convert firm shoe counter to soft counter
L3595	Orthopedic shoe addition, March bar
L3600	Transfer of an orthosis from one shoe to another, caliper plate, existing
L3610	Transfer of an orthosis from one shoe to another, caliper plate, new
L3620	Transfer of an orthosis from one shoe to another, solid stirrup, existing
L3630	Transfer of an orthosis from one shoe to another, solid stirrup, new
L3640	Transfer of an orthosis from one shoe to another, Dennis Browne splint (Riveton), both shoes
L3649	Orthopedic shoe, modification, addition or transfer, not otherwise specified

# **Applicable ICD-10 Diagnosis Codes**

Q72.00	Congenital complete absence of unspecified lower limb
Q72.01	Congenital complete absence of right lower limb
Q72.02	Congenital complete absence of left lower limb
Q72.03	Congenital complete absence of lower limb, bilateral
Q72.30	Congenital absence of unspecified foot and toe(s)
Q72.31	Congenital absence of right foot and toe(s)

Q72.32	Congenital absence of left foot and toe(s)
Q72.33	Congenital absence of foot and toe(s), bilateral
Q72.70	Split foot, unspecified lower limb
Q72.71	Split foot, right lower limb
Q72.72	Split foot, left lower limb
Q72.73	Split foot, bilateral
S98.011A	Complete traumatic amputation of right foot at ankle level, initial encounter
S98.011D	Complete traumatic amputation of right foot at ankle level, subsequent encounter
S98.012A	Complete traumatic amputation of left foot at ankle level, initial encounter
S98.012D	Complete traumatic amputation of left foot at ankle level, subsequent encounter
S98.019A	Complete traumatic amputation of unspecified foot at ankle level, initial encounter
S98.019D	Complete traumatic amputation of unspecified foot at ankle level, subsequent encounter
S98.021A	Partial traumatic amputation of right foot at ankle level, initial encounter
S98.021D	Partial traumatic amputation of right foot at ankle level, subsequent encounter
S98.022A	Partial traumatic amputation of left foot at ankle level, initial encounter
S98.022D	Partial traumatic amputation of left foot at ankle level, subsequent encounter
S98.029A	Partial traumatic amputation of unspecified foot at ankle level, initial encounter
S98.029D	Partial traumatic amputation of unspecified foot at ankle level, subsequent encounter
S98.111A	Complete traumatic amputation of right great toe, initial encounter
S98.111D	Complete traumatic amputation of right great toe, subsequent encounter
S98.112A	Complete traumatic amputation of left great toe, initial encounter
S98.112D	Complete traumatic amputation of left great toe, subsequent encounter
S98.119A	Complete traumatic amputation of unspecified great toe, initial encounter
S98.119D	Complete traumatic amputation of unspecified great toe, subsequent encounter
S98.121A	Partial traumatic amputation of right great toe, initial encounter
S98.121D	Partial traumatic amputation of right great toe, subsequent encounter
S98.122A	Partial traumatic amputation of left great toe, initial encounter
S98.122D	Partial traumatic amputation of left great toe, subsequent encounter
S98.129A	Partial traumatic amputation of unspecified great toe, initial encounter
S98.129D	Partial traumatic amputation of unspecified great toe, subsequent encounter
S98.131A	Complete traumatic amputation of one right lesser toe, initial encounter
S98.131D	Complete traumatic amputation of one right lesser toe, subsequent encounter
S98.132A	Complete traumatic amputation of one left lesser toe, initial encounter
S98.132D	Complete traumatic amputation of one left lesser toe, subsequent encounter
S98.139A	Complete traumatic amputation of one unspecified lesser toe, initial encounter
S98.139D	Complete traumatic amputation of one unspecified lesser toe, subsequent encounter
S98.141A	Partial traumatic amputation of one right lesser toe, initial encounter

S98.141D	Partial traumatic amputation of one right lesser toe, subsequent encounter
S98.142A	Partial traumatic amputation of one left lesser toe, initial encounter
S98.142D	Partial traumatic amputation of one left lesser toe, subsequent encounter
S98.149A	Partial traumatic amputation of one unspecified lesser toe, initial encounter
S98.149D	Partial traumatic amputation of one unspecified lesser toe, subsequent encounter
S98.211A	Complete traumatic amputation of two or more right lesser toes, initial encounter
S98.211D	Complete traumatic amputation of two or more right lesser toes, subsequent encounter
S98.212A	Complete traumatic amputation of two or more left lesser toes, initial encounter
S98.212D	Complete traumatic amputation of two or more left lesser toes, subsequent encounter
S98.219A	Complete traumatic amputation of two or more unspecified lesser toes, initial encounter
S98.219D	Complete traumatic amputation of two or more unspecified lesser toes, subsequent encounter
S98.221A	Partial traumatic amputation of two or more right lesser toes, initial encounter
S98.221D	Partial traumatic amputation of two or more right lesser toes, subsequent encounter
S98.222A	Partial traumatic amputation of two or more left lesser toes, initial encounter
S98.222D	Partial traumatic amputation of two or more left lesser toes, subsequent encounter
S98.229A	Partial traumatic amputation of two or more unspecified lesser toes, initial encounter
S98.229D	Partial traumatic amputation of two or more unspecified lesser toes, subsequent encounter
S98.311A	Complete traumatic amputation of right midfoot, initial encounter
S98.311D	Complete traumatic amputation of right midfoot, subsequent encounter
S98.312A	Complete traumatic amputation of left midfoot, initial encounter
S98.312D	Complete traumatic amputation of left midfoot, subsequent encounter
S98.319A	Complete traumatic amputation of unspecified midfoot, initial encounter
S98.319D	Complete traumatic amputation of unspecified midfoot, subsequent encounter
S98.321A	Partial traumatic amputation of right midfoot, initial encounter
S98.321D	Partial traumatic amputation of right midfoot, subsequent encounter
S98.322A	Partial traumatic amputation of left midfoot, initial encounter
S98.322D	Partial traumatic amputation of left midfoot, subsequent encounter
S98.329A	Partial traumatic amputation of unspecified midfoot, initial encounter
S98.329D	Partial traumatic amputation of unspecified midfoot, subsequent encounter
S98.911A	Complete traumatic amputation of right foot, level unspecified, initial encounter
S98.911D	Complete traumatic amputation of right foot, level unspecified, subsequent encounter
S98.912A	Complete traumatic amputation of left foot, level unspecified, initial encounter
S98.912D	Complete traumatic amputation of left foot, level unspecified, subsequent encounter
S98.919A	Complete traumatic amputation of unspecified foot, level unspecified, initial encounter
S98.919D	Complete traumatic amputation of unspecified foot, level unspecified, subsequent encounter
S98.921A	Partial traumatic amputation of right foot, level unspecified, initial encounter
S98.921D	Partial traumatic amputation of right foot, level unspecified, subsequent encounter

S98.922A	Partial traumatic amputation of left foot, level unspecified, initial encounter
S98.922D	Partial traumatic amputation of left foot, level unspecified, subsequent encounter
S98.929A	Partial traumatic amputation of unspecified foot, level unspecified, initial encounter
S98.929D	Partial traumatic amputation of unspecified foot, level unspecified, subsequent encounter

### References

Noridian Healthcare Solutions. LCD for Orthopedic Footwear (L11467). January 2020. <a href="https://www.cms.gov/medicare-coverage-database/view/lcd.aspx?lcdid=33641&ver=21&keyword=orthopedic&keywordType=starts&areald=s41&docType=NCA,CAL,NCD,MEDCAC,TA,MCD,6,3,5,1,F,P&contractOption=all&sortBy=relevance&bc=1.</a> Accessed September 14, 2023.

Specialty-matched clinical peer review.