Supprelin LA® (histrelin acetate)

**Medical Guideline Disclaimer**

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**Definition**

Supprelin LA is a gonadotropin releasing hormone (GnRH) agonist which inhibits the secretion of gonadotropin with continuous use. It increases levels of luteinizing hormone (LH) and follicle-stimulating hormone (FSH) upon initiation of treatment but decreases both with continuous drug administration.

**Length of Authorization**

Coverage will be provided for 12 months and may be renewed.

**Dosing Limits**

Max Units (per dose and over time) [Medical Benefit]:

- 50 mg implant per 12 months

**I. INITIAL APPROVAL CRITERIA**

*Supprelin LA may be considered medically necessary if the below condition is met AND use is consistent with the medical necessity criteria that follows:*

1. **Central precocious puberty**
   a. Diagnosis of central precocious puberty; **AND**
   b. Onset of secondary sexual characteristics in one of the following:
      i. Females ≤ 8 years of age
      ii. Males ≤ 9 years of age; **AND**
   c. Confirmation of diagnosis as defined by one of the following:
      i. Pubertal basal level of luteinizing hormone (based on laboratory reference ranges)
      ii. A pubertal luteinizing hormone response to a GnRH stimulation test
      iii. Bone age advanced one year beyond the chronological age.
Limitations/Exclusions
Supprelin LA is not considered medically necessary for when any of the following selection criteria is met:

1) Indications not supported by CMS recognized compendia or acceptable peer reviewed literature may be deemed as not approvable and therefore not reimbursable.

II. RENEWAL CRITERIA

- Patient continues to meet INITIAL APPROVAL CRITERIA.

Dosage/Administration

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<thead>
<tr>
<th>Indication</th>
<th>Dose</th>
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<tr>
<td>Central precocious puberty</td>
<td>– 50 mg implant inserted subcutaneously every 12 months</td>
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Applicable Procedure Codes

| J9226 | Injection, histrelin acetate, 50 mg, 1 billable unit = 50 mg |

Applicable NDCs

| 67979-0002-xx | Supprelin LA; 50 mg Implant |

Applicable Diagnosis Codes

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<tr>
<th>ICD-10</th>
<th>ICD-10 Description</th>
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<tr>
<td>E22.8</td>
<td>Other hyperfunction of pituitary gland (central precocious puberty)</td>
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References