

# Medical Policy: EVENITY® (romosozumab)

POLICY NUMBER	LAST REVIEW	ORIGIN DATE
MG.MM.PH.195	July 3, 2023	

#### Medical Guideline Disclaimer Property of EmblemHealth. All rights reserved.

The treating physician or primary care provider must submit to EmblemHealth, or ConnectiCare, as applicable (hereinafter jointly referred to as "EmblemHealth"), the clinical evidence that the member meets the criteria for the treatment or surgical procedure. Without this documentation and information, EmblemHealth will not be able to properly review the request preauthorization or post-payment review. The clinical review criteria expressed below reflects how EmblemHealth determines whether certain services or supplies are medically necessary. This clinical policy is not intended to pre-empt the judgment of the reviewing medical director or dictate to health care providers how to practice medicine. Health care providers are expected to exercise their medical judgment in rendering appropriate care. Health care providers are expected to exercise their medical judgment in rendering appropriate

EmblemHealth established the clinical review criteria based upon a review of currently available clinical information (including clinical outcome studies in the peer reviewed published medical literature, regulatory status of the technology, evidence-based guidelines of public health and health research agencies, evidence-based guidelines and positions of leading national health professional organizations, views of physicians practicing in relevant clinical areas, and other relevant factors). EmblemHealth expressly reserves the right to revise these conclusions as clinical information changes and welcomes further relevant information. Each benefit program defines which services are covered. The conclusion that a particular service or supply is medically necessary does not constitute a representation or warranty that this service or supply is covered and/or paid for by EmblemHealth, as some programs exclude coverage for services or supplies that EmblemHealth considers medically necessary.

If there is a discrepancy between this guideline and a member's benefits program, the benefits program will govern. Identification of selected brand names of devices, tests and procedures in a medical coverage policy is for reference only and is not an endorsement of any one device, test or procedure over another. In addition, coverage may be mandated by applicable legal requirements of a state, the Federal Government or the Centers for Medicare & Medicaid Services (CMS) for Medicare and Medicaid members. All coding and web site links are accurate at time of publication.

EmblemHealth may also use tools developed by third parties, such as the MCG™ Care Guidelines, to assist us in administering health benefits. The MCG™ Care Guidelines are intended to be used in connection with the independent professional medical judgment of a qualified health care provider and do not constitute the practice of medicine or medical advice. EmblemHealth Services Company, LLC, has adopted this policy in providing management, administrative and other services to EmblemHealth Plan, Inc., EmblemHealth Insurance Company, EmblemHealth Services Company, LLC, and Health Insurance Plan of Greater New York (HIP) related to health benefit plans offered by these entities. ConnectiCare, an EmblemHealth company, has also adopted this policy. All of the aforementioned entities are affiliated companies under common control of EmblemHealth Inc.

## **Definitions**

Romosozumab is a parenteral humanized IgG2 monoclonal antibody and sclerostin inhibitor indicated for the treatment of osteoporosis in postmenopausal women at high risk for fracture, which is defined as a history of osteoporotic fracture or multiple risk factors for fracture, or patients who have failed or are intolerant to other available osteoporosis therapy. Romosozumab has a dual effect of increasing bone formation and, to a lesser extent, decreasing bone resorption.

# **Length of Authorization**

Coverage will be provided for 12 months and may NOT be renewed.

# **Dosing Limits [Medical Benefit]**

Max Units (per dose and over time):

210 mg every (1) month

## Guideline

## I. Initial Approval Criteria

**Evenity** may be considered medically necessary if one of the below conditions are met **AND** use is consistent with the medical necessity criteria that follows:

#### **Osteoporosis**

Evenity is medically necessary when ALL of the following criteria are met:

- Diagnosis of postmenopausal osteoporosis; AND
- 2. Patient has **ONE** of the following: A, B, <u>or</u> C
  - A. BMD T-score ≤-2.5 based on BMD measurements from lumbar spine (at least two vertebral bodies), hip (femoral neck, total hip), or radius (one-third radius site); **OR**
  - B. History of one of the following resulting from minimal trauma:
    - a. Vertebral compression fracture
    - b. Fracture of the hip
    - c. Fracture of the distal radius
    - d. Fracture of the pelvis
    - e. Fracture of the proximal humerus; OR
  - C. **Both** of the following:
    - a. BMD T-score between -1 and -2.5 (BMD T-score greater than-2.5 and less than or equal to -1) based on BMD measurements from lumber spine (at least two vertebral bodies), hip (femoral neck, total hip), or radius (one-third radius site); AND
    - b. **ONE** of the following:
      - i. FRAX 10-year fracture probabilities: major osteoporotic fracture at 20% or more
      - FRAX 10-year fracture probabilities: hip fracture at 3% or more; AND
- 3. History of failure, contraindication, or intolerance to oral or intravenous bisphosphonate therapy; **AND**
- 4. Patient is not receiving Evenity in combination with any of the following:
  - A. Parathyroid hormone analogs (e.g., Forteo, Tymlos)
  - B. RANK ligand inhibitors (e.g., Prolia, Xgeva); AND
- 5. Evenity dosing is in accordance with the United States Food and Drug Administration approved labeling: 210mg once monthly; **AND**
- 6. Authorization is for no more than 12 months.

#### **Limitations/Exclusions**

Evenity is not considered medically necessary for when any of the following selection criteria is met:

- 1. The patient has had an MI or stroke within the previous year
- 2. The patient has uncorrected hypocalcemia

### **Dosage/Administration**

Indication	Dose
Osteoporosis	Administer 210 mg subcutaneously (as two separate subcutaneous injections of 105 mg each) by a health care provider every month for a total of 12* monthly doses.

# **Applicable Procedure Codes**

Code	Description	
J3111	Effective 10/1/19, Injection, romosozumab-aqqg, 1 mg	

# **Applicable NDCs**

Code	Description
55513-0880-xx Romosozumab-aqqg 105 mg per 1.17 mL Subcutaneous Solution Prefilled Syringe	

# **ICD-10 Diagnoses**

Code	Description	
M80.00XA - M80.08XS	Age-related osteoporosis with current pathological fracture	
M81.0 Age-related osteoporosis without current pathological fracture		

# **Revision History**

Company(ies)	DATE	REVISION
EmblemHealth & ConnectiCare	7/3/2023	Annual Review: No criteria changes
EmblemHealth & ConnectiCare	6/14/2022	Transferred policy to new template.
EmblemHealth & ConnectiCare	8/15/2019	Removed J3590, Added New code J3111, effective 10/1/19.

## References

- Evenity<sup>™</sup> injection for subcutaneous use [prescribing information]. Thousand Oaks, CA: Amgen; April 2019.
- 2. Cosman F, Crittenden DB, Adachi JD, et al. Romosozumab treatment in postmenopausal women with osteoporosis. *N Engl J Med.* 2016;375(16):1532-1543. [Supplementary Appendix].
- 3. Saag KG, Petersen J, Brandi ML, et al. Romosozumab or alendronate for fracture prevention in women with osteoporosis. *N Engl J Med*. 2017;377(15):1417-1427. [Supplementary Appendix].
- 4. Lewiecki EM, Danavahi RV, Lazaretti-Castro M, et al. One year of romosozumab followed by two years of denosumab maintains fracture risk reductions: result of the FRAME extension study. *J Bone Miner Res.* 2019;34(3):419-428.
- 5. Langdahl BL, Crittenden DB, Bolognese MA, et al. Romosozumab (sclerostin monoclonal antibody) versus teriparatide in postmenopausal women with osteoporosis transitioning from oral bisphosphonate therapy: a randomized, open-label, phase 3 trial. *Lancet*. 2017;390:1585-1594.
- 6. Lewiecki EM, Blicharski T, Goemaere S, et al. A Phase III randomized placebo-controlled trial to evaluate efficacy and safety of romosozumab in men with osteoporosis. *J Clin Endocrinol Metab*. 2018;103(9):3183-3193.
- 7. McClung MR, Grauer A, Boonen S, et al. Romosozumab in postmenopausal women with low bone mineral density. *N Engl J Med*. 2014;370(5):412-240.

- 8. Genant HK, Engelke K, Bolognese MA, et al. Effects of romosozumab compared with teriparatide on bone density and mass at the spine and hip in postmenopausal women with low bone mass. *J Bone Miner Res*. 2017;32(1):181-187.
- 9. Keaveny TM, Crittenden DB, Bolognese MA, et al. Greater gains in spine and hip strength for romosozumab compared with teriparatide in postmenopausal women with low bone mass. *J Bone Miner Res*. 2017;32(9):1956-1962.
- 10. Graeff C, Campbell GM, Pena J, et al. Administration of romosozumab improves vertebral trabecular and cortical bone as assessed with quantitative computed tomography and finite element analysis. *Bone*. 2015;81:364-369.
- 11. McClung MR, Brown JP, Diez-Perez A, et al. Effects of 24 months of treatment with romosozumab followed by 12 months of denosumab or placebo in postmenopausal women with low bone mineral density: a randomized, double-blind, phase 2, parallel group study. *J Bone Miner Res.* 2018;33(8):1397-1406.