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EmblemHealth, Among the Healthiest Companies To Work For

EmblemHealth was recently [ranked among the 44 healthiest companies to work for nationally](#) — placing an impressive 13th in a list that includes Google, Nike, Wegmans, Jamba Juice, Lululemon and Twitter, among others.



The ranking — by Greatist.com, a health and fitness Web site — cites the American Heart Association's naming of EmblemHealth as a [Platinum-Level Fit-Friendly Company](#), as well as EmblemHealth's distinctive *myHealth*

PATH program, which encourages employees to take "positive actions toward health" by rewarding them for healthy behaviors. Discount gym memberships, leader-led walks and the availability of a registered dietitian are also touted as reasons why EmblemHealth is among the healthiest companies to work for.

[Greatist.com](#) aims to make good health and fitness choices easier by presenting short, fun and expert-approved content — from its "GWOD," or Greatist Workout of the Day, to podcasts and recipes — to create an army of "greatists" — people who choose better to improve their fitness, health and happiness.